WESBURY

Long-Term Care, Memory Support and Rehabilitation

Grace Rehabilitation and Health Center

31 Park Avenue • Meadville, PA 16335
814-332-9000 • Toll Free 1-877-937-2879
www.wesbury.com

Choose Wesbury - Choose MORE

- For over 100 years, Wesbury has built a strong reputation for exceeding the expectations of the Continuing Care Retirement Community experience.
- As a Christian based, not-for-profit organization, Wesbury is committed to providing excellent services and an enriched way of life.
- Wesbury has received EAGLE accreditation seven consecutive times from the Methodist Ministries Network, a national network of more than 400 health and welfare-related organizations.
- Grace Rehabilitation and Health Center is currently ranked as a top ten best Nursing Facility in the state by Newsweek magazine.
- Wesbury is consistently nominated in the Meadville Tribune's Reader's Choice categories of Nursing/Personal Care Homes and Home Health Care. Cribbs Residential Center and Grace Rehabilitation and Health Center have received top honors every year since 2010. Wesbury at Home has received top honors since 2019.
- We put your independence, security, and care above everything else.

More Safety Measures

To provide you a safe and healthy environment, we have implemented the following:

- All new staff must pass a criminal background check before hire.
- Infection control practices are followed in all buildings.
- Security staff monitor the campus daily.

Please note: Amenity availability may vary according to current healthcare guidelines.

Why Choose Grace Rehabilitation and Health Center?

- **Ranked top ten Best Nursing Facility in the state by Newsweek Magazine**
- **Staffed by dedicated nurses and therapists serving under the direction of Medical Director, Dr. David A. Williams, D.O. His office is located on the Wesbury campus.**
- **Grace Rehabilitation and Health Center professionals include an award winning Wound team, an Infection Preventionist RN, and a Director of Nursing with years of long-term and acute care experience.**
- **Multiple levels of care and programming are designed to meet individual needs so each resident may reach their fullest potential.**

Testimonials from residents and their families say they would select Wesbury again for continued programs and services and recommend Wesbury to their friends. Additionally, they praise Grace Rehabilitation and Health Center in the following areas:

- **Friendliness and courtesy of staff**
- **Confidence in care and emergency response**
- **Quality of daily life with a variety of engaging activities**
- **Availability of fulltime Chaplain and spiritual services**
- **Cleanliness of the facility**
- **Responsiveness to inquiries and problems**

Long-Term Care

What sets us apart?

At Grace Rehabilitation and Health Center, abundant living changes the perceptions of what it means to live in a long-term care setting. We empower residents to choose how they would like to spend their day, and how we can work to make that happen.

- Residents are encouraged to personalize their living space.
- Residents may participate in the Life Enrichment activities that appeal to them.
- You may choose to schedule therapy later in the day after Life Enrichment activities if you wish.

Choice, amenities and services:

- Private and semi-private rooms located in welcoming neighborhoods
- 24-hour nursing assistance and support
- Social Service Coordinator offer support beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Review of medications
- Life Enrichment Coordinators plan social activities and events
- Full time Chaplain, church services on Wesbury Channel 950 and spiritual care
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available, based on availability
- On site physician
- In-house podiatry, optometry, dental, audiology, and psychiatry services
- For more campus amenities see page 8

Long-Term Care Rates

Semi-Private Room..... $314.00/day

Private Room.....$410.00 - $434.00/day

Medicare, Medicaid, VA benefits and other insurances are accepted.

Therapy (Physical, Occupational and Speech)
Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

X-rays and Laboratory
Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy
Billed by pharmacy, based on what is prescribed by physician.

Additional charges apply for the following:
Beauty Salon/Barber Shop
Guest Meals
Oxygen
EKG
Eyeglass Adjustments
Incontinence Products
Transportation

Memory Support

The Memory Support Center offers a unique environment with specialized programming designed for those with Alzheimer's, Dementia or other related memory impairments. A team of trained professionals follows a Habilitation Therapy Model, ensuring residents experience a carefully supervised, fulfilling and active lifestyle aimed to stimulate memory and independence.

The Habilitation Therapy model is a comprehensive approach to caring for people with dementia by focusing on a person's remaining abilities. Our life enrichment and nursing staff engage the resident's capabilities, independence and morale to produce a consistent state of psychological well-being.

This differs from Rehabilitation Therapy which is designed to return a resident to their previous, higher levels of functioning. Habilitation focuses on optimizing and extending what is possible in the now, allowing for family and friends to enjoy their time together that can produce a more uplifting experience for all involved.

This state-of-the-art facility offers:

- Private accommodations in a secure environment with a small neighborhood design
- Natural awakening allows residents to start the day when they are ready
- Family style meals
- Welcoming living and dining room areas.
- Outdoor courtyards for gardening and outdoor relaxation
- Glass atriums and beautiful corridors for relaxing and walking with expansive outdoor views
- Specialized training and certification of key staff
- 24-hour nursing assistance and support
- A dedicated Life Enrichment Coordinator, plans social activities and events
- Social Service Coordinator offer support beyond care needs
- Full time Chaplain, church services on Wesbury's Channel 950 and spiritual care
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available, based on availability
- For more campus amenities see page 8

Memory Support Rates

Private Room ... $410.00/day

Medicare, Medicaid, VA benefits and other insurances are accepted.

Therapy (Physical, Occupational and Speech)
Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage.
If you do not have coverage you will be billed privately.

X-rays and Laboratory
Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy
Billed by pharmacy, based on what is prescribed by physician.

Additional charges apply for the following:
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Eyeglass Adjustments
Incontinence Products
Transportation

Short-Term Rehabilitation

If you are recovering from an injury or illness, let us help you achieve your goals to regain your strength, get well and return home. Choose Wesbury's award-winning, results-driven therapy team of licensed Speech, Occupational and Physical therapists offering an individually tailored approach.

The Short-Term Rehabilitation neighborhood offers private accommodations designed for residents in need of intense therapy in order to return to their home. **Annually, 64% of Grace Rehabilitation and Health Center residents are discharged upon healing.** Short-Term Rehab offers residents greater independence and close proximity to the Rae S. Larcom Therapy Center, Beauty Shop, and rear entrance lobby.

The short-term rehabilitation neighborhood offers:

- Pre-paid surgical reservations are available
- Private accommodations with private half bath
- Flexible therapy schedules
- Dedicated admission and discharge coordination
- Social Service Coordinator offer assistance beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Review of medications
- Life Enrichment coordinators plan social activities and events
- Full time Chaplain, church services on Wesbury's Channel 950 and spiritual care
- Housekeeping and laundry services
- Transportation assistance available
- In-house podiatry, optometry, dental, audiology, and psychiatry services
- For more campus amenities see page 8

Short-Term Rehabilitation Rates

Private Room $439.00/day

Medicare, Medicaid, VA benefits and other insurances are accepted.

Therapy (Physical, Occupational and Speech)
Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

X-rays and Laboratory
Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy
Billed by pharmacy, based on what is prescribed by physician.

Additional charges apply for the following:
Beauty Salon/Barber Shop
Guest Meals
Oxygen
EKG
Eyeglass Adjustments
Incontinence Products
Transportation

Respite Stays

Respite stays at Grace Rehabilitation and Health Center are offered year-round based on availability. The length of the stay can range from one day to up to one month. Upon special request, there is the possibility of a longer stay depending on availability and approval. Options include semi-private and private room accommodations. Generally, respite stays are paid for privately with some exceptions regarding Hospice, VA, Long term care insurance and Medicaid. The costs for the stay will be billed and no funds are due in advance.

We suggest bringing what feels most comfortable when you or your loved one comes for a stay; this includes clothes, pictures, a favorite blanket, or chair. Wesbury provides deodorant, shampoo, a comb, toothpaste and a toothbrush, denture adhesive and cleaner.

When a respite stay is completed and the resident is ready to go home, we will work with you to arrange for any at-home services (if needed) through VNA Alliance or Wesbury at Home.

Hospice care stays are also available, please contact Admissions at 814-332-9233 for additional information and availability.

Respite Stay Rates

Semi-Private Room..... $314.00/day

Private Room.....$410.00 - $434.00/day

Medicare, Medicaid, VA benefits and other insurances are accepted.

Therapy (Physical, Occupational and Speech)
Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage.
If you do not have coverage you will be billed privately.

X-rays and Laboratory
Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy
Billed by pharmacy, based on what is prescribed by physician.

Additional charges apply for the following:
Beauty Salon/Barber Shop
Guest Meals
Oxygen
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Transportation

Amenities

Life Enrichment

Comprised of several neighborhoods, Grace Rehabilitation and Health Center provides specialized life enrichment programming. Within 72 hours of admittance, the Life Enrichment staff, performs an initial activity assessment recognizing each resident's unique individual interests and abilities. Therapeutic and recreational activities are offered daily and focus on spiritual, physical, emotional, intellectual and social needs and interests. A broad range of innovative programs designed to enhance residents' quality of life through our person-centered approach includes:

- Holiday and Birthday parties
- Guest lecturers/educators
- Music programs
- Sensory art
- Arts and crafts
- Arm chair travels
- Devotions
- Specialized Men's & Women's groups
- Card clubs, cooking, and much more!

Beauty Salon/Barber Shop

Our on-campus beauty salon/barber shop offers a full range of services including shampoos, cuts, perms, and colors by appointment.

Other Amenities Include:

- Computer/WiFi access
- Transportation services
- Campus Community Center
- ATM and banking services
- Notary Public services

Christian Fellowship & Pastoral Care

Wesbury maintains a strong relationship with the United Methodist Church, yet residents of all faiths are welcome to enjoy the Christian atmosphere of genuine care and compassion that is a part of everyday life. Residents are served by an on-campus chaplain who hosts frequent religious activities and provides numerous hours of counseling and spiritual support. Multi-denominational services are offered in our Barco Chapel and on our own TV Channel 950.

The Barco Chapel is home to various life enrichment activities and our multi-denominational spiritual services.

Nature Trail & Outdoor Courtyards

Just a short walk from Grace Rehabilitation and Health Center, Wesbury's Nature Trail offers residents and visitors a chance to stroll through the wooded beauty of the Wesbury campus. There are two access areas to the trail: outside of Memory Support and behind the College Way neighborhood at Grace. The Nature Trail is paved and wheelchair accessible. Each neighborhood also has it's own outdoor courtard for resident/visitor enjoyment.

The Neighborhood Grill is located in the lobby of Grace Rehabilitation and Health Center. The Grill is open to staff, residents, and visitors.

Dining Services

Dietary Services meets with each resident to explain dining choices and obtain food preferences. Each neighborhood has its own dining room. Residents choose from a menu or select made-to-order items from the Neighborhood Grill. The Registered Dietitian reviews each menu for nutritional standards including liberalized diets that follow the Pioneer Networks recommendations for seniors. Each neighborhood also includes:

- Beverage carts between meals
- Nourishment Centers provide a refrigerator for resident use

Gift Shop

The Gift Shop is located in Grace Rehabilitation and Health Center at the junction of Village Center and Town Square and is available to residents, staff, and visitors offering cards, gifts, snacks, and many other items for sale. The Gift Shop is sponsored and operated by Wesbury's Sunset Auxiliary and is staffed by volunteers.

Health Care Services

Dr. David A. Williams, DO
Wesbury Medical Director

Dr. Williams grew up in Chardon, OH, about 30 minutes east of Cleveland. He attended Grove City College, where he got his bachelor's in Molecular Biology. After graduation, David was accepted at LECOM (Lake Erie College of Osteopathic Medicine), and then trained at St. Vincent's in Erie for his Family Medicine residency. In April 2020, Dr. Williams transitioned his practice's location from Grove Street in Meadville to Wesbury's Medical Arts Center, located on Wesbury's campus, adjacent to Grace Rehabilitation and Health Center.

Grace Rehabilitation and Health Center professionals work together as an interdisciplinary team offering ongoing assessments of each resident's individual needs, members of the team may include:

- On-site Medical Director
- Registered Nurses
- Licensed Practical Nurses
- Certified Nursing Assistants
- Licensed Rehabilitative Therapists: Occupational, Speech, Physical
- Registered Dietitian and Nutritionist
- Accredited Social Worker/Discharge Planner
- Certified Life Enrichment Director and Staff
- Full-time Chaplain

Social Services

Upon admission, each resident is assigned the Social Services staff member who works to assure the resident's needs are being met. They can act as a liaison between the resident and Wesbury administration, and assist in making the appropriate plans when they are being discharged by providing information on home and community based services and personal care options.

Wound Care

A member of the Wound Care Team meets with each resident within twenty-four hours of their admittance to Grace Rehabilitation and Health Center. Our nationally recognized Team works with hospitals and wound centers from throughout the region providing a true multidisciplinary approach to wound healing.

Therapy Services

The Rae S. Larcom Therapy Center offers a complete menu of comprehensive rehabilitation services. Our therapists are trained in clinical best practices and advanced clinical programming to restore and maintain an individual's maximum independence level. These services include physical, occupational and speech therapy. Outpatient rehabilitation services are also available.

Frequently Asked Questions

Where do I begin with the admission process?
All potential residents begin by completing an Admissions application that we can mail, email or fax to you. You may also stop in to pick one up.

What paperwork or information do I need to bring for admission?
Please bring the following for your admission paperwork to be complete.

- Power of attorney, living will or any advance directives.
- Medical insurance and prescription cards
- Income and asset information
- Veterans information, benefits and cards
- Photo Identification or driver's license

How do I set up a tour?
Call the Admissions Department at 814-332-9233 to schedule a tour. A maximum of two people are permitted to tour at one time. Scheduled tours are required to allow for comprehensive information to be shared by the Admissions Coordinator and time to meet with the Finance Department.

Is there a waiting list?
Availability varies and is often limited. If an appropriate accommodation is not available at your time of application, we will place you on the waiting list and contact you when there is an opening. If you are not ready when contacted, you may remain on the waiting list for future openings. In order to serve all of our community members, we cannot hold accommodations for extended periods of time.

How do I pay for my stay?
We accept most 3rd party payers, including V.A., Medicare, and Medicaid. Coverage will vary depending on your plan. Medical Assistance is available for those who qualify. Our Financial Department will be happy to assist you in planning how to cover the cost of your stay. You may contact them by calling 814-332-9250.

Can I transfer to/from another facility?
If at any time a resident should seek care at another facility, our staff will help accommodate the move, and assist in the transfer process. Residents from other facilities, who wish to transfer to Grace Rehabilitation and Health Center, are also welcome. Regular admission requirements apply.

My primary care physician doesn't come to your facility, who will be my doctor?
Grace Rehabilitation and Health Center has a licensed, certified Medical Director on staff who will attend to any residents that need a physician. Other physicians are welcome at Grace Rehabilitation and Health Center; contact Admissions at 814-332-9233 for additional information.

Can I visit my loved one at any time?
Yes, we encourage family members and friends to support their loved ones. Visitors must check in at the Grace lobby and follow the infection control practices that may be in place during their visit.

Can I bring in snacks for my loved one?
Yes you may but we ask that you please limit it to small quantities. All items must be labeled with the residents name. Please check with the nursing staff for guidance and/or questions.

Are pets permitted?
Pets are not permitted to stay with residents. We do allow pet visitations. Please check with the Grace reception desk for our pet visitation policy.

Is Hospice Care available?
Hospice Care is available through a number of providers.

What do I need to bring with me?
(or for my loved one)

Most importantly, bring what feels most comfortable; this includes clothes, pictures, a favorite blanket or chair.

Clothing Suggestions

- Soft-soled shoes or athletic shoes with nonskid soles. Backless shoes are not recommended.
- Seven sets of comfortable clothing that you would wear at home. Athletic clothing is ideal for rehabilitation stays such as T-shirts, sweatpants or stretch pants and shorts, if you have had leg surgery.
- Underwear and socks
- Pajamas, a robe, and slippers with tread or traction
- All items of clothing should be labeled with the resident's complete name. If not, we will label them for you.

Toiletries

Wesbury provides deodorant, shampoo, a comb, toothpaste and a toothbrush, denture adhesive and cleaner. We suggest you also bring your preferred personal hygiene products, a hair hairbrush and makeup if applicable.

Other Items to Bring

- Dentures, hearing aids, and/or glasses
- Splints, braces, or orthotics, and customized equipment
- Any assistive devices you own, such as a cane or walker
- The name and phone number of your primary care physician
- A list of any medicines you currently take
- Any prescription plan identification cards
- A living will or advance directives, if applicable
- Power of Attorney documentation, if applicable

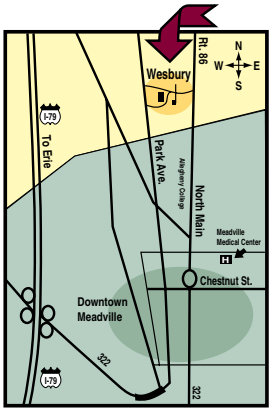
Items to Consider Bringing

- Activities for your "off time," such as books, magazines, cards, etc.
- The phone numbers of relatives and friends, including the numbers for your emergency contacts
- A small pad of paper and a pen
- A laptop computer or tablet so you can use the free wireless Internet service

What NOT to bring

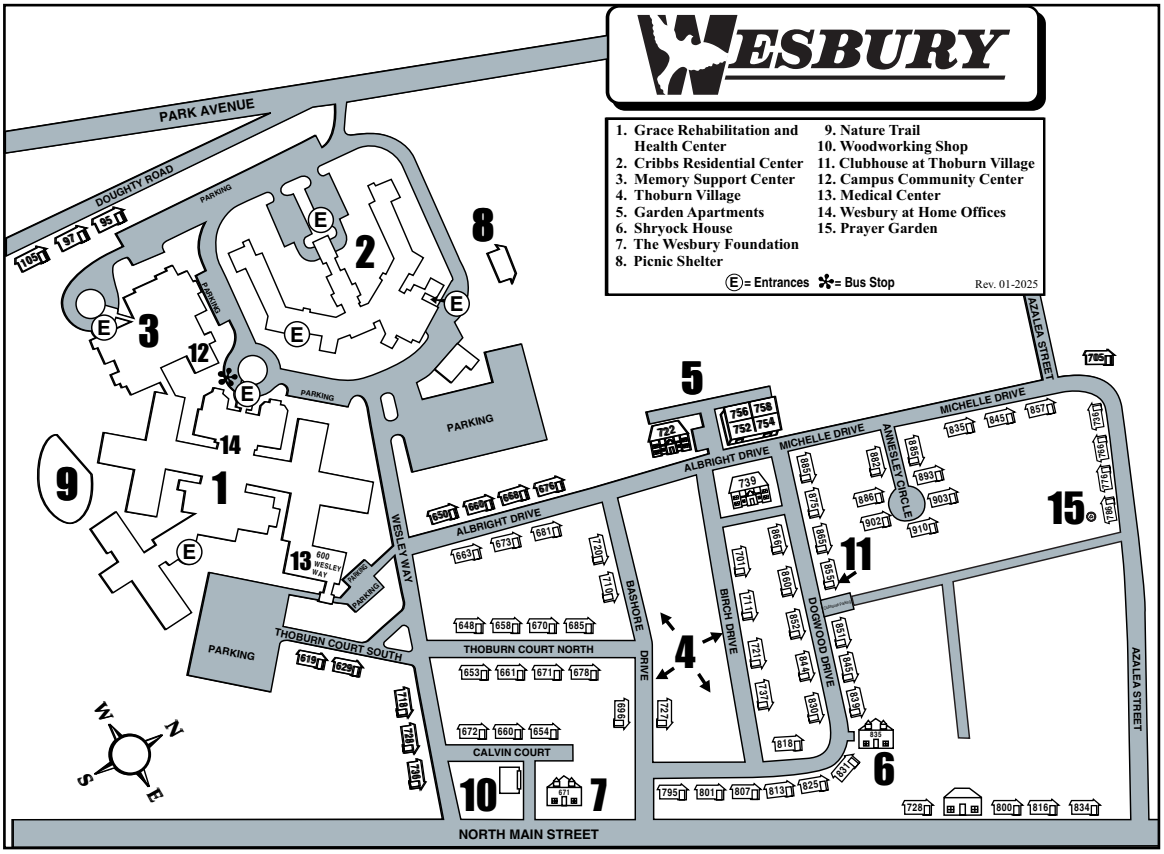
- Incontinence Products
- Valuables
- Large amounts of cash
- Medications
- Please note that Wesbury is a smoke-free environment and smoking is not permitted

Directions to Wesbury



Traveling north or south on Interstate 79, visitors should take the Meadville exit 147A. This exit places you on a four lane highway which you will follow for approximately 1-1/2 miles before taking the Park Avenue exit into downtown Meadville. Visitors should travel straight through Meadville to the Wesbury campus. Wesbury is approximately 2-1/2 miles from the Park Avenue exit and is located on the right-hand side of the road.

Once on campus, refer to map below to direct you to Grace Rehabilitation and Health Center.



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HVA

Enriching the lives of our residents and clients within a positive and compassionate faith-based community.
- Mission Statement -

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