A Community that Cares:

Aging & Wellness Symposium

Highlighting Resources and Support across Northwest, Pennsylvania related to Physical, Mental, Social, Emotional, Spiritual, Legal, and Financial Wellness

Date: **Friday, October 11, 2024**

Time: 10:00am - 4:00pm

Location: New Beginnings Church
13226 Leslie Rd.
Meadville, PA 16335

Resources

Speakers

Free to the Public

45+ Vendors

Questions? Contact:
agingandwellnesssymposium@gmail.com

SPEAKER AND TOPICS SCHEDULE:

Topic 1: Physical/Mental Health

10:00am **Speaker: Dr. Martin J Decker-**
Meadville Medical Center

10:40am

Breakout 1: Dementia/Brain Health
Breakout 2: Physical Therapy/ Occupational Therapy
Breakout 3: Nutrition
Breakout 4: Navigating the Hospital System

Topic 2: Social Needs/Community Programs/ Housing

11:15am **Speaker: Krista Geer-**
Active Aging, Inc. Crawford County's Area Agency on Aging

11:50am

Breakout 1: Family Caregiving
Breakout 2: Community Support/ Programs
Breakout 3: Adult Protective Services

Topic 3: Spiritual/End of Life Planning

12:30pm **Speaker: Kristen Petruso-**
Hatheway-Tedesco Funeral Home and Crematory

1:10pm

Breakout 1: Funeral Planning
Breakout 2: Hospice
Breakout 3: Bereavement

Topic 4: Financial/Legal/Insurance

1:45pm **Speaker: Lisa Lopez-**
Marquette Savings Bank

2:25pm

Breakout 1: Fraud/ Financial Exploitation
Breakout 2: Elder Law/ Legal Planning
Breakout 3: Medicare, Medicaid, Long Term Care Insurance

Topic 5: Continuum of Long Term Care

3:00pm **Speaker: Melissa Porter-**
Wesbury Retirement Community

3:30pm

Panel: Home Care, Home Health, Independent & Assisted Living, Skilled Nursing Home, and Care Homes