

Symbria Rehab is an Illinois-based company.

In 2001, we formed a partnership with HVA Senior Living Alliance to provide therapy and fitness in Pennsylvania.

In 2003, we began a relationship with Wesbury. Since then, Symbria Rehab has been proud to provide inpatient rehabilitation services to Wesbury's short-term and long-term population.

Our Mission

Strive to develop and deliver innovative products, programs, and services designed to optimize the effectiveness of organizations serving seniors.

Our Vision

To be an integral part of the future success of the organizations we serve.

How to Schedule Your Evaluation

We look forward to meeting your therapy needs. If you are in need of our services, please:

- Consult with your physician and/or nursing staff.
- Obtain a prescription from your physician.
- Call to schedule your appointment at 814-332-9237.



An HVA Senior Living Alliance partner

**Provider of
Therapy
Services
at Wesbury**



Our Services

The rehabilitation services provided at Wesbury are designed to promote health by offering programs and services that facilitate independence and wellness. The therapists are trained in clinical best practices and advanced clinical programming to restore and maintain maximal functional independence levels.

We provide a comprehensive therapy program including physical therapy, occupational, and speech therapy.

Physical Therapy

Performs evaluations, develops and implements treatment plans and provides ongoing assessments to individuals with deficits in transfers, mobility, strength, coordination, balance, range of motion, ambulation, and endurance. Treatments also may include pain management, wound care, fall prevention, modalities, non-invasive urinary incontinence retraining, splinting, and neuromuscular reeducation.



Occupational Therapy

Performs evaluations, develops and implements treatment plans and provides ongoing assessments to individuals experiencing a decline in their functional abilities. Treatment may include activities of daily living (ADL) retraining. This could include self-feeding, bathing, dressing,



meal preparation, laundry, financial management, etc. Other approaches include transfer, balance, coordination, safety and cognitive retraining, as well as range of motion, strengthening, and endurance building. Treatments may also include splinting, positioning / pressure relief, urinary incontinence retraining, and pain management.

Speech Therapy

Performs evaluations, develops and implements treatment plans, and provides ongoing assessments to individuals experiencing speech, language, cognitive linguistic, and swallowing difficulties.

Advanced Clinical Programming

Symbria Rehab provides specialized programs to address common long-term care problems. These programs include:

Pain Management

Reduces frequent pain and pain that interferes with function.

Falls Prevention

Reduces the risk of falling. Investigates and addresses why a fall has occurred in the past three months or why a resident may be fearful of falling during ADLs.

Contracture Management

Improves range of motion with movement of the upper or lower extremities.

Neuromuscular Reeducation

Improves endurance or strength.

Wound Care

Improves chronic ulcers resulting from edema, necrosis, or circulation problems.

Urinary Incontinence

Reduces urinary leakage or frequency/urgency to urinate.

Vital Stimulation Dysphagia Therapy

Corrects difficulty or discomfort with swallowing.

