WESBURY WINDOW

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What Does it Mean to be Independent?

Does it simply mean you are still living alone or living in your own home by yourself?

Unfortunately, there is a great misperception about what independence is, and it sets many seniors and adult children up for challenges and even failures.

Throughout life, we ask for help from friends and family…Can you watch the kids today?...Can I borrow a cup of sugar?…Does anyone know a good plumber?...and the list goes on. We ask these things to find a quick solution for a short period of time, or for our convenience, and we are capable of taking care of these things alone. But there comes a time when we need to evaluate the favors we are seeking, why are we asking for help, and how frequently? Are we beginning to rely on friends, family, and neighbors in order to continue living alone safely and successfully?

As we age, it's important to recognize these things… because often, as our ability to handle various things declines, we naturally ask others for help, but there is a point where it means we are only able to live alone because *others are enabling us to do so*.

Independence, as it relates to how we live, means either that we can take care of everything ourselves, or that we can seek out, pay for and manage hired help on our own to resolve our problems or meet our needs. *Dictionary.com* defines it as: "not influenced or controlled by others; thinking or acting for oneself: not depending on or contingent upon something or someone else for existence, operation, etc."* Renowned speaker and author Stephen Covey states "Interdependency follows independence".

Are you Independent or interdependent?
For most people, staying in their homes and/or living alone gives them a sense of feeling independent. But are they? It may be time to evaluate if we really are, and if not, what to do.

Here are some things to consider when reflecting on your level of independence. In the past year have you asked for help with:

- Home repairs, mowing the grass, or shoveling snow?
- Taking out the garbage or getting to the mailbox?
- Driving to appointments, social outings, or other errands?
- Grocery shopping, cooking, or cleaning?
- Managing medications, getting up from a fall, or struggling with daily tasks?

Or are you simply tired of dining by yourself and being alone each day? Do you long for the days when you could easily go do something fun?

If you answered yes to any of these questions, then it's time to evaluate your situation and consider a different solution. After all, no matter how nice and willing your neighbors seem, or how loving your

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Bridges Memory Support Group Continues in 2023

Since 2016, Wesbury has provided resources and support to those caring for a loved one with memory loss. As we go into our 7th year of offering the Bridges Memory Support Group, the number of people seeking help has only multiplied while area resources have depleted. Through these years the group has brought people in need of an outlet together to share their challenges and ideas, victories, and heartbreaks, and ultimately has provided a haven of understanding and support. Sometimes we are so alone in our situations and yearn for an ear that really understands what it's like to face memory loss with someone you love. Please share this information with anyone you know that may benefit from participating.

The Bridges Memory Support Group meets every 3rd Wednesday of the month at Wesbury's Cribbs Residential Center in the Lingo Dining room from 2:30-4:00 p.m. The group is a collaboration between Wesbury and Meadville Medical Center. Each month there is a topic presented by the facilitator, Danielle Schmidt of Meadville Medical Center's Community Health Center Behavioral Health.

The group offers a wealth of knowledge from others who have experienced or are currently experiencing some of the same struggles. Group discussions can offer insights and help in finding a path that leads to solutions.

We have been encouraging caregivers to bring their loved ones these past few months and this is working well, however, there are topics to discuss that are a challenge to present with both audiences present. Starting in February, we plan to rotate monthly, offering a caregiver-only topic every other month followed by a topic appropriate for both loved ones and caregivers. However, if you are unable to leave your loved one for a few hours, contact us about the possibility of bringing them. For those who we can safely care for in your absence, we will provide an activity for your loved one while you attend the group discussion.

In February both caregivers and loved ones were invited to participate in the discussion on the stages and types of memory loss. Past presentations can be found on Wesbury's Blog at *https://wesbury.com/learning-center/blog/*.

We hope that you will join us! RSVP is preferred for planning purposes but not required. We know life can be hard to predict! To RSVP email info@wesbury.com or call Melissa Porter at 814-332-9238.

We are working to meet as many needs as we can. If you prefer to attend some or all these events on your own but are unable to leave your loved one, please call Melissa to discuss a potential solution to join in person, or consider joining via Zoom. To attend via Zoom:

Zoom Meeting Link:
https://mmchs-org.zoom.us/j/97495096069?pwd=YTc3RzUyaVVWM1U1SGVqSFM5NEFNZz09

Meeting ID: 974 9509 6069
Passcode: 459341

JOIN US
for these upcoming events

MARCH 15th
Caregiver-only opportunity to share in a discussion about the challenges often faced during each stage and methods of coping, problem-solving, and finding stress relief.

APRIL 19th
"Five Wishes", an easy-to-use advance directive document written in everyday language to help document how you want to be cared for at the end of life. Bring your loved one to this topic, it can be a good process to go through together.

MAY 17th
An open forum caregiver-only session. Now that we have covered the basics – what are the specific questions and concerns that we can address for you? It's amazing how many great ideas and strategies we can learn from sharing and talking with each other!

JUNE 21st
Discussing medication usage for memory loss and associated conditions.

Looking for Hearts to Serve

Do you want to make a positive difference? Volunteers are urgently needed and here are a few opportunities where you can help support residents at Wesbury:

- As a **Dining Room Assistant**, help serve meals with nursing supervision, set tables, pass hydration, assist in putting clothing protectors on, clean up after meals, and escort residents to and from the dining room.
- As a Life Enrichment Aide or better known as an **Activities Aide**, assist the Life Enrichment staff with daily activities for residents, one on one visits, reading or visiting, and escorting to programs within Wesbury.
- As a **Grace Beauty Shop Volunteer**, escort residents to and from the beauty shop to get their hair done, rinse hair, remove rollers, and help fold towels.
- As a **Mail Deliverer**, deliver mail to residents.
- By helping with **mending and sewing** you might hem pants, mend tears, and do other general sewing requests for the residents. You can do that at Wesbury in our sewing room or you can take items home to mend and bring back.

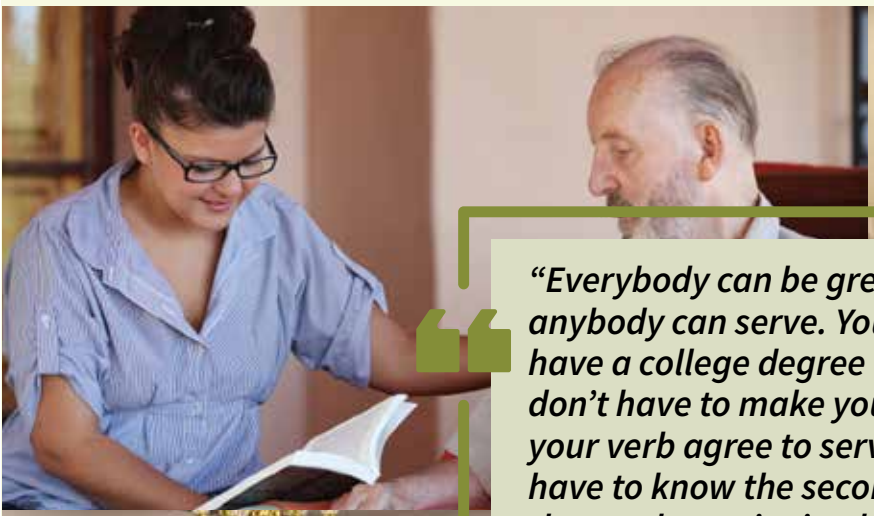
By enriching the life of a resident, you'll make new memories and gain new friends!

According to Stacey Hoey, Volunteer Services Coordinator, "Volunteers add so much to Wesbury. They connect and build relationships with both residents and staff which enriches the lives of everyone in our community. They come in looking to bless and leave blessed themselves."

Wesbury requires that all volunteers:

- Be at least 14 years of age. (Minors must have parental consent)
- Fill out a volunteer application.
- Attend orientation/job training.

If you would like to volunteer but don't know how to get started Stacey would love to meet with you and discuss how you can share your time and talents with the Wesbury community. Stacey can be reached by phone at 814-332-9280 or by email at shoey@wesbury.com.



"Everybody can be great. Because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love."

– Martin Luther King, Jr.

Attention All Veterans

Are you a Veteran looking to connect with others? Area Veterans are welcome to join Wesbury Vets at our "Veterans Donuts & Coffee Time" held the first Friday of each month. We meet in the Lingo Dining Room of Cribbs Residential Center at 9:30 a.m. to share stories and fellowship. Each month we seek to have a special guest attend who can provide updates or news on current Veteran issues, but we don't limit presentations and discussions to just updates. Special guests may be someone with a military background or just have a topic to share that may be of interest to Veterans.

"We want to give our Veterans a place to come in, talk, and engage with one another and develop friendships," says Stacey Hoey of Cribbs Life Enrichment. "When Vets get together there is one common connection that everyone feels, 'We all served,' it doesn't matter what branch or what years or for how long you served, it's the connection of sitting next to someone that also served."

We would love to see area Veterans attend to enjoy time together, support each other, and make a connection. There is no application process to join our "Veterans Donut & Coffee Time," if you are a Veteran and want to join us, all we request is that you RSVP with Stacey at 814-332-9280 to let her know you will be attending.

Calling all Groups and Churches… Lunch, Tours, and More!

With spring in the air, your church group or organization is likely ready to start planning activities. Are you looking for speakers to share with your group or places to visit or tour? If so, contact Wesbury! We love connecting with area groups and sharing our resources. We are happy to come to you and speak on several topics. We can share our history and Christian mission, review the independent living options, explain the different care levels when they apply, or cover a health-related topic. We would be glad to give a presentation about our fundraising trips or provide tips on downsizing and decluttering.

If your group is seeking an outing – join us for a free lunch and a full campus tour where you can see all areas of the Wesbury community and enjoy lunch at Cribbs Residential Center.

To schedule a representative to speak with your group, or to schedule a lunch and tour at Wesbury, phone Melissa at 814-332-9238.

Planning Today, Caring for Tomorrow

The beginning of the year often prompts us to rededicate ourselves to things that are meaningful to us. For many, this involves asking ourselves,

"How do I plan to give back?"

If you

- Believe seniors should receive the care, dignity, and respect they need and deserve.
- Are familiar with Wesbury's excellence and are interested in supporting its mission.
- Would like to maximize your philanthropic impact, without depleting your income, and receive possible tax benefits.

Then, we invite you to learn more about Planned Giving to Wesbury:

Planned Giving

- Is accessible to anyone, regardless of their income.
- Has no minimum contribution amount.
- Allows donors to make larger gifts than they would typically make from their discretionary income.
- Provides a way to leave a legacy.
- Has language that may sound slightly intimidating!
- Is easy once you understand the basics.
- Offers exciting opportunities to help Wesbury's residents, particularly those in long-term care who have exhausted their financial resources through no fault of their own.

One of the most common planned giving vehicles is a bequest:

Bequests

- Are simple to prepare.
- Do not affect your everyday cash flow.
- Provide flexible donation options:
  - Donate a fixed amount, a percentage, or the remainder of your estate.
  - Leave cash, bank accounts, stocks/bonds, retirement plans, personal property*, or real estate*.
  - Add a beneficiary without changing your entire will – ask your attorney about a codicil amendment to easily add Wesbury to your estate plans.

Other planned giving opportunities include:

- **Living/Revocable Trust**: open the trust vehicle while still living.
- **IRA Charitable Rollovers** (Qualified Charitable Distribution):
  - Must be 70 ½ or older at the time of distribution.
  - Distribution amount can range from a minimum required distribution to a maximum amount of $100,000 per year, per individual.
- **Stock Gifts**: Easy to transfer ownership; must own stocks for at least one year before donating.
- **Life Insurance:**
  - Deferred gift: Designate Wesbury as the beneficiary of a permanent policy.
  - Immediate gift: Cash in or change ownership of an existing life insurance policy, or open a new policy in Wesbury's name, with Wesbury as the beneficiary.

For more information:

Please consult with your financial advisor, legal representative, and/or insurance professional to ensure that your planned giving vehicles serve your best interests and are in accordance with sound financial/legal practices.

If you would like to discuss giving to Wesbury, please contact Rhonda Thomas at 814-332-9264 or rthomas@wesbury.com.

**Wesbury reserves the right to decline gifts of real estate or personal property. Please consult with the Foundation Office before making Wesbury the beneficiary of these assets.*

Team Wesbury Stepping Up to Be M.O.R.E.

Being MORE at Wesbury is not just a tagline. In fact, this "tagline" was developed because when asked why they choose to work at Wesbury, staff consistently say it's because they feel their job is meaningful - that they are MORE than just the title they carry. They feel this way because of the difference they make in the work they do and because of the relationships they develop with both residents and each other.

This desire to make a difference is evident in the recent efforts made by the administrative staff to support the direct care staff so they can be relieved of daily tasks and focus their efforts on providing care. After observing the need to assist staff and improve the resident experience, Administrator, Sheila Bundy, approached Wesbury's administrative staff to create a plan. Thirty staff from various roles in the administrative offices volunteered to step up to help. Three-person teams were developed to work together passing trays two days a week. They rotate their shifts and take a turn serving breakfast on one day and lunch on the other in the neighborhoods at Grace Rehabilitation and Health Center. In addition to improving the resident experience, a big benefit to this program is the relationships built as the administrative team and direct care staff work together creating a more cohesive familiarity within the facility. Residents are enjoying the interaction with more staff while family and visitors feel reassured as they see everyone making the extra effort to provide the best personalized care and services possible.

"Wesbury always had a feeling of being one big family, but throughout the pandemic, we were careful with crossing over departmental and building lines for infection control, and we needed to do so, but the downside was that our inter-departmental camaraderie suffered." says Sheila Bundy, Director of Healthcare & Community Based Services. "This effort is rebuilding our relationships as a team and increasing the quality of the resident's experience."

Grace Dietary Manager Corey Wright adds, "Nursing staff is always very thankful when I am assisting with serving meals. It is always rewarding for me to see the residents smile when I am able to help assist at mealtime."

Care Cottages are Open and Accepting Residents!

What is a Care Cottage? In 2015, Wesbury opened its first Care Cottage. These private residential homes offer area seniors an alternative to living in a personal care facility. This concept was specially designed with lower-income seniors in mind who may not be able to afford a personal care home but can no longer live safely alone. However, it is also available for those who prefer this approach to care and can pay privately.

Care Cottages are private residential three-bedroom homes that offer a maximum of three residents housing, meals, assistance with daily tasks, and personal care services. Staffed twenty-four hours per day, seven days per week, the cottages are fully furnished and offer a private room for each resident and a comfortable shared living space for enjoyment and daily activity. This wonderful option grew to include seven Care Cottages which are located in Crawford County with locations in Meadville, Titusville, and Cochranton.

How does it work? Care Cottages are designed to provide safety and support to 3 residents who either qualify for 8 hours a day of funds for care through the Community HealthChoices or "CHC" Waiver Program or can pay privately. Together, the residents share the cost of the 24-hour caregivers. In addition, each resident pays an income-based monthly fee to cover room and board which never exceed the resident's income and affordability.

Is it right for me? Are you struggling to manage on your own? Do you need assistance with managing medications, daily tasks, and or personal care? Is the cost of a personal care apartment unaffordable for you? Do you prefer a residential home setting over a personal care apartment? These are all reasons to consider a Care Cottage. Cottage residents enjoy the comforts of prepared meals, housekeeping and laundry services, transportation to appointments, and social outings. Each resident has an individualized care plan that may include assistance with bathing, dressing, ambulation, and medication reminders. Residents are encouraged to participate in exercise, activities, and tasks around the cottage including meal preparation if they wish. Daily activities may include games, movies, bird watching, gardening, or simply relaxing in a peaceful setting. The cottages are smoke-free and have easy access from the garage into the house and outdoor communal space as well as spacious bathrooms and walk-in showers.

Is there a waitlist? Not at this time! We have current openings and welcome you to tour and apply!

How do I explore this further? The program is offered through Wesbury at Home – Wesbury's in-home care service provider. The friendly staff can provide a tour, explain the financial parameters, review the application process, and assist you in how to apply for Community HealthChoices Waiver Funds when applicable. Contact them by calling 814-332-9186 or emailing wesburyathome@wesbury.com.

Attend Our Re-opening Event!

The Titusville Care Cottage, locate at 326 West Main St., Titusville, is holding an open house for those interested in **considering a move to a Care Cottage or who might like to learn more about working as a Cottage Caregiver.** The event will be held on March 30th from 2:00 p.m. until 6:00 p.m. and will include refreshments, tours, and information on both living and working at a Care Cottage. For planning purposes, RSVP to 814-332-9014 if possible but walk-in's are welcome!

Please Welcome Dr. David A. Williams as Wesbury's New Medical Director

At the start of 2023, there was a change of Wesbury's Medical Director from John (Jack) Bailey III D.O. to David A. Williams, D.O.

For nearly three decades, Dr. Bailey has served Wesbury as Medical Director, providing Wesbury residents the care and security of a dedicated onsite physician. Although Dr. Bailey is transitioning away from the Medical Director role, this is not a retirement for him. This transition allows him more time to focus on his national medical consultant services as a leader in Geriatric Medicine.

Since 2020, Dr. Williams has served Wesbury by seeing residents on the Village Center neighborhood at Grace Rehabilitation and Health Center while maintaining his private practice located at Wesbury's on-campus Medical Arts Building. After working with Dr. Bailey and Wesbury residents and families for the past two years, the transition to the role of Medical Director has been seamless, and Dr. Williams will continue seeing his patients in his private practice as well.

Dr. Williams has practiced in Meadville since 2006. He grew up in Chardon, OH, then attended Grove City College where he achieved his bachelor's in Molecular Biology. After graduation, David was accepted at LECOM (Lake Erie College of Osteopathic Medicine) and then trained at St. Vincent's in Erie for his Family Medicine residency. Dr. Williams has been married to his wife, Lisa, who is also the Office Manager of his practice, since 2001. They have three daughters: Rachel, Briana, and Lauren.

Dr. Williams (left) with Wesbury resident, Jean Lundahl and Nicole Parker, Assistant Nurse Manager on College Way.

"I am excited for this new opportunity to be the Medical Director of Wesbury. I look forward to continuing to work with the staff and residents to maintain the high quality of care that they are accustomed to and deserve, in accordance with the furthering of the long-standing mission of Wesbury. I would like to thank Dr. Bailey for his years of service and assistance in this transition and I hope he enjoys the next phase of his career!"

We would like to thank Dr. Bailey for his years of dedication and leadership which has allowed Wesbury to become one of the premier facilities in senior care in Pennsylvania. We look forward to a continued relationship with him as he continues his service in Geriatric Medicine.

What Does it Mean to be Independent?

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friends and family may be, do you really want to have to rely on them? It is possible to regain your independence. You can receive the help you need without relying on those around you. Consider these options:

- If your main challenge is needing help in your home and you wish to stay there as long as you can, then **Wesbury at Home** services can be added. Wesbury at Home can provide meal delivery; housekeepers; companions for light chores, running errands, taking you out to do something fun; and wearable GPS emergency Life aid devices with fall detection.
- Is managing your home or health making you anxious? Are you lonely and need more socialization? Are you tired of cooking for one and eating by yourself? **Cribbs Residential Center** offers maintenance-free accommodations with transportation, shopping trips, and onsite church services. You don't have to cook and clean or worry about doing laundry. You no longer need to struggle with caring for your home or feel anxious about managing medications or medical appointments. You can be as social as you like, and you can feel independent again.

Let us help you regain and/or maintain your independence! To learn more call Melissa at 814-332-9009 or email us at info@wesbury.com.

* Dictionary.com. (n.d.). Independent. In Collins English Dictionary – Complete & Unabridged 2012 Digital Edition. Retrieved February 23, 2023, from *https://www.dictionary.com/browse/independent*

Wesbury Provides Solutions to Post-Pandemic Healthcare Challenges

Look around, it is 2023 and there are still so many "now hiring" signs visible up and down Main Street. No matter the business type, there is a struggle to find staff. For healthcare organizations like Wesbury, being short on staff has a ripple effect on the surrounding communities making it difficult to place people in need of care causing a bottleneck of service availability.

We want our work environment to result in positive experiences for the Wesbury residents and their families we support. As a business, we asked ourselves how can we stand out. What makes a person seeking a job choose us over another? What makes them want to stay? We talked to staff from all our departments because we wanted to hear their ideas and concerns. What we heard is, at Wesbury, the work is "meaningful and rewarding," and no matter the position, you are more than your job title. That's why last year, we started our "Be More at Wesbury" campaign. M.O.R.E. stands for Meaningful Opportunities and Rewarding Experiences. Whether you live, work, or volunteer at Wesbury, you can get MORE out of it.

Post-pandemic, nursing shortages have affected nursing homes, hospitals, and other medical facilities alike. At Wesbury, we have been working to find a solution to this problem. While in-person classroom and on-the-floor training came to a halt during the pandemic, we were excited to resume Certified Nurse Aide (CNA) classes during the summer of 2022 which resulted in four graduating classes before the year's end. More seniors than ever before need care. The work of a CNA is meaningful and gratifying work that helps people meet their daily needs and healing goals. Our training can open the door to a fantastic career.

As a community, Wesbury wants our CNA class graduates to know that their work here is valued and that they play a pivotal role in making a positive impact in the lives of others. CNAs are one of the reasons residents feel loved and respected. Starting your career in healthcare as a CNA can also put you on the road to enhancing your nursing career through further education.

That is why Wesbury has partnered with Crawford County Career & Technical Center (Crawford Tech) to give that opportunity for growth to Wesbury staff who join their Licensed Practical Nurse (LPN) program. The LPN program starts in August and runs for 13 months. Any Wesbury staff who completes and passes the LPN course will only pay 50% of the total cost of the classes including tuition and books. Additionally, after the first trimester, staff can take the CNA test and be promoted to CNA with a wage increase working at Wesbury. This opportunity is not just for employees currently working for Wesbury, if this interests you, come work for us, get registered with Crawford Tech, and the agreement still applies. For more information about Crawford Tech's LPN program visit ***https://crawfordctc.org/programs/practical-nursing/***.

The care and compassion of the nursing staff are just as vital as the medicines prescribed by the doctors; therefore, we are actively working to combat our national nursing shortage right here in our region.

A strong healthcare workforce at Wesbury will ensure area seniors and their families receive the help and support they need well into the future. If you or someone you know has the heart to serve others and would like more information on working for Wesbury contact Michelle Potts-Sciallo, Human Resources Specialist/ Recruiter, call or text at 814-795-2808, email at msciallo@wesbury.com.

Travelin' For a Cause with Wesbury

Our Travelers In Their Own Words:

"Staff was amazing and supportive, meals were great. Trip was very informative."

"It was so nice to do so many things and not worry about the details."

"My favorite thing about this trip is having all of the planning done for me, and just enjoying the trip."

After a two-year detour, Wesbury travelers returned to the road in 2022 with adventures along the Mississippi River; over the mountaineer state of West Virginia; and through The Biltmore Estate in Asheville, North Carolina.

Our first trip of 2023 kicks off May 6th - 11th when we head west via deluxe motorcoach to the entertaining city of Branson, in the heart of the Ozark Mountains of Southwest Missouri. As we hit the dog days of summer, our travelers will have the experience of a lifetime exploring the Columbia and Snake Rivers from Spokane, Washington to Portland, Oregon from July 30th through August 7th. We are exploring a third excursion for late 2023 and what exciting places we might experience in 2024.

Are you ready to get away? We invite you to join us. Our travelers do not need to be affiliated with Wesbury, and all age groups are welcome. If Branson interests you, call today to reserve your seat. Do you have a trip on your list that you would like us to consider? Share your travel dreams with us and we will add your feedback to our travel survey which helps us decide where to go next! Our trips are typically announced to individuals who have joined our "travelers list" first, then publicized in a number of ways including our website, Facebook and Instagram. If you and would like to be added to the travelers list, please call Stacey Teuta in the Wesbury Foundation Office at 814-332-9712 or email her at steuta@wesbury.com. She'll need your name, phone number, email, and mailing address. Our list is free to join.

Remember, Wesbury Fundraising trips are all about the cause! Wesbury serves persons of all economic levels and needs. If a resident runs out of resources, we pay for the uncovered care through our Benevolent Care Fund. In turn, we depend on fundraising trips, other fundraising events, and direct donations to sustain this fund. Our fundraising efforts help us to keep our commitment to our residents, including our personal care, long-term care, and memory support community members: They will always have a home at Wesbury.

Seats are still available for Branson - May 6th-11th! Book your trip with us today! Call Stacey at 814-332-9712.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Vernon Square Apartments
- ❑ Wesbury at Home
- ❑ Care Cottages
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Other Areas of Interest

_____

❑ Send information via ❑ e-mail ❑ mail

❑ Contact me to schedule an appointment

Name _____

Address _____

City _____ State _____ Zip _____

2023 WW

E-Mail _____

Phone _____

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Save the Date

Wesbury's annual summer BBQ picnic **for residents and their families** is Sunday, July 16th. Attendees will enjoy a delicious BBQ lunch together with entertainment provided by local performers. Resident family members will be mailed an invitation letter with detailed information on how to make their reservations for the event. We look forward to having our residents and families come together for a good old time.

We Want Your Trash!

Made you look. Actually, we are really looking for your rummage. You know, the stuff you want to part with, but it's not really trash. We all know that having a Garage Sale is exhausting. But not for us, because many hands make light work.

Wesbury's Sunset Auxiliary will host its annual Auxiliary Days Sale this summer, and **we are accepting your in-kind donations!** If you have rummage or used books (no electronics, clothing, or exercise equipment) that you would like to donate in support of Wesbury residents, you may drop them off at the Wesbury Foundation Office **by appointment only**. Please do not drop donations at Grace Rehabilitation and Health Center. To schedule a drop-off or for information, please call The Wesbury Foundation at 814-332-9264.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Bridges Memory Loss Support Group
3rd Wednesday of every month at 2:30 p.m. in Wesbury's Cribbs Residential Center Lingo Dining Room. For more information, call 814-332-9238.

Veterans Coffee Hour
1st Friday of every month at 9:30 a.m. in Wesbury's Cribbs Residential Center Lingo Dining Room. For more information and to RSVP, call 814-332-9280.

Seniors for Safe Driving
Basic Course (for new students) scheduled for April 11 & 12 from 5:30 p.m. - 9:00 p.m. and August 15 & 16 from 5:50 p.m. - 9:00 p.m.

Refresher Courses scheduled for April 11, June 20, August 15 and Oct 17. Times for these classes are all 9:00 a.m. - 1:00 p.m. All classes are at Wesbury's Campus Community Center. For more information call 800-559-4880.

Resident Family Chicken BBQ
Sunday, July 16th

Sunset Auxiliary Holiday Sale
Summer 2023

Summer Job Opportunities for Teens

At Wesbury, we hire anyone aged fifteen and over if they have working papers from their school district. Currently, we have entry-level positions available in our dietary departments and to start as a Personal Care Aide. To find out more or to apply for these positions visit *www.wesbury.com* and click "Join our Team" and "After School, Summer, and Co-op jobs."

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -