WESBURY WINDOW

Spring/Summer 2012
Volume 17 · Issue 2

Giving Today, Caring for Tomorrow

Special Edition 2011 Contributors Report

Dear Friends,

Each year we pause to reflect on and celebrate those who have helped make a difference in the lives of Wesbury residents. That difference comes in many ways:

- Volunteers who give of their time to offer words of encouragement and physical help to residents, staff members and each other;
- Family members who visit their loved ones and offer smiles and words of encouragement to other residents and staff members;
- Organizations that offer entertainment and sponsor birthday parties and other events each month.

Donald E. Clawson
Wesbury President/CEO

We pause also to reflect on and thank those who have shared their financial resources to insure that residents who have exhausted their finances can continue to receive the care they need in an atmosphere that nourishes their minds, bodies and spirits with dignity and privacy in a loving, Christian environment.

For nearly 94 years, Wesbury has continuously provided for residents largely due to the willingness of those who we honor here and the many others who have come before them.

On behalf of the residents and their families, the Board of Directors and the staff members of Wesbury, we sincerely thank each of you for your continued loyalty and support. Without your help, Wesbury would not be the very special place that those in need have come to rely on.

Rhonda K. Thomas
Wesbury Foundation
Director of Development

Sincerely,

Donald E. Clawson, President/CEO

Rhonda K. Thomas, Director of Development

Please note:
In an effort to be more environmentally conscious and to be better stewards of the donations that are so graciously made to Wesbury each year, we have decided to condense the annual report listings and share the information more broadly through our Spring/Summer Wesbury Window Newsletter. We hope you will find this approach interesting and informative. There are so many stories of giving to share! For a more complete listing of donors, you may visit www.wesbury.com. Thank you once again for your continued support of Wesbury!

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -

 For a complete donor list, please visit www.wesbury.com and click on the Ways to Serve link.

Why Choose Wesbury, A Resident's Point of View

Tom and Phyllis Easley made their living in warm and sunny Los Angeles, California and could have retired anywhere. When that time came, they looked into the great northwest states like Oregon and Washington as well as the Carolina's, but they ultimately chose to be close to Phyllis' family in the seasonal climate of Northwest Pennsylvania for their retirement. They purchased land in Venango Township and proceeded to build their dream house.

From here forward, Wesbury became a part of their retirement plan. They began familiarizing themselves with the Wesbury community by volunteering their time to Wesbury residents. For the past 4 years, Tom has volunteered as a Stephen Minister, providing one on one emotional and spiritual care to residents in need. At the same time, Phyllis volunteered at the Sunset Auxiliary Gift Shoppe in Grace Health Center and is currently President of the Sunset Auxiliary Board, helping to raise funds and friends for residents at Wesbury.

After spending 20 years in Venango, Tom and Phyllis tired of shoveling snow, mowing their large lawn and the daily maintenance required that comes with owning a home. The prospect of a maintenance free lifestyle at Wesbury's Thoburn Village really appealed to them. The Easley's are active people and want to pursue their interest when the feeling strikes. They were well aware of the value in choosing a Continuing Care Retirement Community in an area where the cost of living is not so high. Additionally, Tom and Phyllis do not have any children and made the decision a long time ago that worrying about who would take care of them as they aged was not something they wanted to stress over. To the Easley's, the continuum of care offered at Wesbury gives them the security and peace of mind in knowing when that need arises; they will be taken care of right where they are. Living stress-free allows for opportunities to pursue the activities of their choosing. Tom has the time and space to work on his beloved 1930 Ford Model A Coupe and Phyllis enjoys making their villa's flower beds bloom with color. They have always loved to travel and life at Wesbury allows them to continue with their adventures.

"We love that no matter what, we do not need to worry" says, Phyllis. Tom then adds, "Wesbury allows us the freedom to do whatever we want, whenever we want. We visit friends at other types of communities and really don't see the value in service and amenities that we receive at Wesbury."

"Wesbury allows us the freedom to do whatever we want, whenever we want."

For more information on current availabilities at Wesbury or getting on our waitlist for the future, phone 814-332-9238 today.

Learn What is New for 2012

Renovations at Grace Health Center

The renovation and modernization of Grace Health Center is picking up steam. By mid-June, the Sunset Auxiliary Gift Shoppe will make the move from the lobby of Grace to their new centralized location. Gift Shoppe manager, Judy Stewart, has been working diligently with Wesbury Purchasing Director, Kathleen Palmer to ensure that adequate display racks and products are in place for the opening. After the Gift Shoppe is relocated work will begin at its old site on the new Grace Lobby Café and Dining Room for residents, visitors, volunteers and staff.

Judy Stewart, Gift Shoppe Manager starts to move items into the new Gift Shoppe location at Grace Health Center.

Approximately one third of the 40-year old Grace Health Center kitchen has also been completely remodeled and updated. This phase began with the replacement of the dishwasher and pot washing stations. The kitchen staff is very excited to have this new energy and water saving equipment in operation after being without it for nearly 2 months. New office space and bathrooms are also complete. In order to renovate the rest of the kitchen, the cafeteria and Starbucks Café have moved to the Campus Community Center where staff, visitors and volunteers will dine while the new Café is constructed. Next, we will move forward with the new therapy area and medical services complex.

Grace Health Center Dietary staff with the new dish washing equipment.

New Development in Edinboro

Wesbury purchased property in Edinboro last December with the goal of developing a new senior living community. The project is moving forward as Wesbury works through the planning and infrastructure requirements for future development. Rezoning is being addressed with the Borough along with highway egress with Penn Dot. A storm water management and wetland delineation plan will be developed with the Department of Environmental Protection. The Army Corp of Engineers also needs to certify the property for being occupied. Although the site appears as though not much is happening, behind the scenes the wheels are turning to develop the area. If you are interested in more information on the Edinboro project, please contact Melissa Porter at 814-332-9238.

The photos above show examples of the single family homes at Wesbury's Thoburn Village in Meadville. Wesbury is planning a similar senior living community in Edinboro, PA.

A Focus on Healthy Living

For those who reside at Wesbury, healthy habits are easy to form with the help of a strong fitness program, nutritional education, cooking classes and the abundance of fresh produce available on campus in season.

Greg Brink, Thoburn Village Activities Coordinator and Thoburn Village resident Dwight Hulse in the Clubhouse fitness garage.

Balancing physical activity with a healthy diet is the recipe for a healthy life. Wesbury Thoburn Village Activities Coordinator and Personal Trainer, Greg Brink, believes in the philosophy, "If you don't move it, you lose it". Greg says, "It is not about looks, it is about the body's function, strength, flexibility and posture." Americans should engage in at least 30 minutes of physical activity in addition to regular activities of daily living. The 30 minutes can be broken up throughout the day, but it is important to start slowly. Begin with 5 minutes of cardio and add 5 minutes each week, working your way to 30 minutes. If you have not started an exercise program yet, be sure to consult with your physician first. A healthy diet mixed with cardio exercises and strength training will give you a strong, well-toned, energetic and flexible body. "That is our program at Wesbury," says Greg. "It is working for us and is so basic anyone can do it."

Corey Wright, Wesbury Chef and Thoburn Village resident Glenn Rodgers filming a "Cooking with Corey" segment.

Wesbury's Clinical Dietitian Terri Rinaldi educates residents on how nutrition and physical activity go hand in hand, especially for the older adult. She suggests that individuals should focus on consuming a variety of foods from all of the food groups. Try eating a variety of fruits and vegetables focusing on dark leafy green vegetables to protect cells from damage and help to maintain eye health. Orange fruits and vegetables help prevent macular degeneration and promote collagen formation and healthy joints. They also work with calcium and Vitamin D to help maintain strong and healthy bones. Older Americans should focus on proteins in the form of nuts, beans and fish because they are rich in healthy oils that promote heart health. Consuming at least three ounces of whole grains daily aids in heart health and helps to prevent constipation. Finally, try to fit in three servings of low-fat or fat-free dairy in the form of milk or yogurt fortified with Vitamin D. This will help build and maintain strong and healthy bones. Not only do older Americans need to consume adequate amounts of calcium, Vitamin D, and fiber, they should also focus on Vitamin B12 and potassium. Vitamin B12 is a rich source of iron and helps prevent anemia. Eat fortified cereals and lean meats to get the best forms of Vitamin B12. To lower blood pressure, try increasing potassium intake and decreasing sodium intake. Fruits, vegetables, low fat or fat free milk and/or yogurt are all good sources of potassium. If you are interested in finding out exactly how many calories and servings from each food group you require, visit www.choosemyplate.gov.

Residents enjoy fresh produce thru a variety of offerings on campus. They may plant their own gardens or select fresh in season items from the weekly Wesbury Farmer's Market. This year the Wesbury Farmer's Market will return on Wednesday, June 13th and run every Wednesday through the first week in October. The hours are from 2:00 p.m. - 4:00 p.m. The Market is a convenient stop for fresh fruits, vegetables, flowers, perennials, baked goods and more. If you or someone you know is interested in being a vendor, please phone Barb Loiacona, GHC Food and Nutrition Director at 814-332-9258 for more information.

Wesbury Seeks Senior Tribute Nominations

Wesbury is searching for nominations of extraordinary adults age 65 and over for the 4th Annual Senior Tribute Awards. They may be groups or individuals who enhance the lives of seniors or are seniors doing something for others. We know there are people doing phenomenal things in the community; we need your help to recognize them. Think about those who have made a significant difference in your own life, perhaps a relative, your neighbor, or someone from your church or place of work. A short nomination form is available at www.wesbury.com, on the News and Events page, or can be obtained at the Foundation office. The deadline is July 31, 2012. Nominations can be made in any of the following categories:

- Community clubs, organizations, or individuals that are doing a great job of promoting or supporting seniors or senior projects.
- Senior organizations and groups who have made a significant contribution to their community.
- Individual seniors (age 65+) who are doing phenomenal things.

The Wesbury Foundation will hold a special "Academy Awards" style gala to honor the top candidates of each category in the fall. It is a beautiful way to recognize exceptional people right here in our region! For more information, contact The Wesbury Foundation at 814-332-9264.

Active Aging of Crawford County, Amazing Grays of Erie and Nancy Sheridan of Meadville were the 2011 Senior Tribute award winners.

New Wesbury Foundation Campaign Chairman

Richard B. Burhardt
The Wesbury Foundation's
2012 Annual Fund
Campaign Chairman

Richard B. Burkhardt, long time staple of the Meadville community, has graciously accepted the role of the Wesbury Foundation's 2012 Annual Fund Campaign Chairman. In 1994, after 40 years, Dick retired from Mellon Bank where he was a Vice President. He is a recipient of the prestigious Winslow Award for his contribution to the economic growth of the greater Meadville area and the Shafer Award, which is presented to a person who has made a singular contribution to the quality of life in Western Pennsylvania.

As a Meadville native, Dick was always aware of Wesbury, but it wasn't until 1998, when he joined the Wesbury Board of Directors that he got his first exposure to the programs and services offered by Wesbury. This membership led to service on the Wesbury, Wesbury Hillside Home and the Annesley Board of Directors.

Dick's perspective changed in 2000 when he was admitted to Wesbury's Grace Health Center where he spent months healing from a condition that he was not expected to survive. As a high profile resident, he received a ton of visitors and he was not shy about sharing his thoughts on his stay. His room was very clean, he enjoyed the food and the staff were nothing short of professional and kind. It was eye opening. Dick says, "You really can't appreciate what a great place Wesbury is until you spend time as a resident." Twelve years later he credits his stay to being here today and Wesbury remains very close to his heart.

After such a successful chairmanship with Bob and Janet Waid in 2011, we hope to build on that momentum for the 2012 Annual Fund Campaign goal, which is set for $175,000. Wesbury is delighted to welcome Dick who has already hit the ground running in his quest to meet this goal.

Dick is married to his wife Virginia, has a son, Jim, and a daughter, Sheila Morrow, along with his son-in-law, Shane and grandson, Aiden; each of whom reside in Erie, PA.

To make a donation to the annual campaign, please return the enclosed envelope.

Supporting the Needs of the Community

In its 94 year history, Wesbury has never asked a resident to leave for a lack of funds. As a not for profit organization, Benevolent Care is part of Wesbury's mission and as long as we are able to do so, this will be our practice. Support of the greater community is so important to make this possible. It is through annual events like the Chicken BBQ, the Senior and Friends Golf Outing and the Senior Tribute Awards Banquet that we spotlight that need. By responding to various appeals for donations or being an event sponsor, you help us make this much needed care possible. Another big way in which you can help is by attending or volunteering time, services or resources to events. Surprisingly, many are unaware that their attendance is helping someone in need. The funds raised at these events are used in a number of ways, including the Benevolent Care Fund, Haven Care, and to make improvements and renovations that enhance the life at Wesbury. All year long, people work hard behind the scenes to make the events a great experience for everyone. Whether you come for the food, the friends or the fun entertainment, your involvement at Wesbury events means so much to us. We look forward to another year of great events as the Chicken BBQ is coming up quick on Sunday, July 15th, then in August we will name the nominees for Senior Tribute Awards. We thank you for all you do in helping us continue our mission, and we hope to see you at all of the upcoming events. For more information about these events or how you can help support our mission, please call the Foundation office at 814-332-9264.

These sponsors have partnered with Wesbury for all 2011 events.

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For a complete donor list, please visit www.wesbury.com and click on the Ways to Serve link.

2011 White Dove Awardee - Doris Harvey

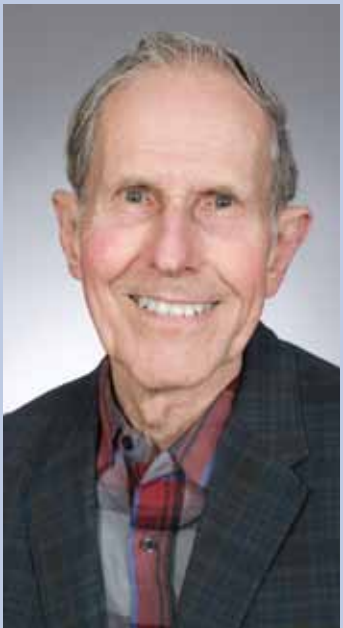
The White Dove Award is Wesbury's highest honor. Recipients of this award are selected based on their extraordinary ability to lead others with their unique vision and exceptional generosity. They make regular commitments to care for the well being of those that reside at Wesbury and beyond. This year's recipient, Doris Harvey, embodies that spirit by her ongoing commitment to Wesbury.

Doris began serving Wesbury when she was asked to fill a vacancy on the Board of Directors while working at Mellon Bank. She has been an active member of Wesbury's Board for over 20 years. In that time she has served on the finance committee as well as the Wesbury Hillside Home Board of Directors. Doris has also been a sustaining donor for over 20 years, regularly giving to the Benevolent Care Fund and supporting the Fulfilling the Mission campaign to renovate Grace Health Center. While Doris' mother was a resident of Grace Health Center, she visited every day and she became an advocate for other residents in that neighborhood. She also acted as Power of Attorney for family members while they were residents at Grace. Wesbury has truly been blessed by the gifts of time and treasure given by Doris and that is why she joins our exclusive list of White Dove Awards recipients.

2011 Volunteer Fundraiser of Distinction - Adrienne Geddes

Adrienne Geddes is a resident of Wesbury's Thoburn Village and is being honored as the 2011 Volunteer Fundraiser of Distinction. Not only has Adrienne been donating monetarily to Wesbury since 2002, but she also gives of her time. When Adrienne moved to Wesbury and saw that the library at Cribbs Residential Center needed some organization she volunteered to take on the role of librarian. That was 8 years ago. When Wesbury's Green Team put out a call for resident support, Adrienne was one of the first to volunteer. As a member of the Green Team she is helping to find smart ways to reduce excess waste and save energy, which ultimately can lead to cost savings for Wesbury. Adrienne also helps the Sunset Auxiliary volunteering as the membership chairperson and helping out with the Granny's Attic Sale at the Chicken BBQ. She likes helping the Sunset Auxiliary because of the work they do for residents at Wesbury. We are grateful to have residents like Adrienne who feel compelled to help the other residents of the Wesbury community.

2011 Special Recognition - Joe Consla



2011's Special Recognition is presented to someone who truly deserves the acknowledgment. This year's recipient, Joe Consla, depicts the true meaning of the word volunteer. His face is so familiar to the staff and residents at Grace Health Center that to find him you can ask practically anyone if they have seen him recently. Joe was familiar with Wesbury because both his parents were residents at Grace Health Center; his mother for almost 10 years. He retired from the City of Meadville in 1996 and began giving his time to Wesbury 15 years ago, on January 1st, 1997. Joe is a repeat member of the 500 club, meaning he puts in 500 or more hours of volunteer time each year. In 2011, Joe logged in 994 hours. Each morning, Monday through Friday, Joe works four and a half hours transporting residents from the various neighborhoods at Grace Health Center to their physical therapy appointments. He also helps out regularly with activities. The time that Joe gives to the residents is invaluable and that is why he is being honored this year.

2011 Donor of Distinction - Susan Holt

The Donor of Distinction award is presented to individuals or businesses that have financially supported Wesbury during the past year. This year's recipient, Susan Holt, provided the funds for audio and video equipment that will benefit residents during Sunday services as well as staff for educational purposes in Grace Health Center's Barco Chapel.

Sue's husband, John regularly visited his mother, Dorothy, who was a resident at Grace Health Center. On Sundays, John would bring his mother and other residents down for Sunday service. When John got sick and the need for more care became necessary, he chose to come to Grace based on his experiences with his mother. Sadly, John was only at Grace for 5 days before he passed away in December 2010.

One Sunday last year, Sue was walking through the Wesbury campus and felt a need to go into Grace Health Center. She was immediately drawn to the Barco Chapel where she sat down in the back during Sunday service. Sue felt the need to help, but wasn't sure how. She returned to Grace to speak to Wesbury Chaplain, Rev. Ellen Rezek, about the feeling she was experiencing. As they spoke, Sue was reminded of going to her parent's church and the projector screen that showed parishioners the Sunday program. It turned out Rev. Ellen had been trying to find a way for Wesbury to have that same equipment to help residents follow along with Sunday service. After that discussion, Sue says she knew what that feeling was; she was supposed to help the residents by providing the video equipment which is now being used each week at Grace Health Center.

2011 Employee Fundraiser of Distinction - Sharon Severo

Sharon Severo is the Director of Nursing at Wesbury's Grace Health Center and is this year's Employee Fundraiser of Distinction. Sharon has been regularly donating to the Benevolent Care Fund for the past several years. She also donates much of her outside time to Wesbury's support of the Meadville community. Each fall Sharon takes the lead on the Wesbury float entry in the Meadville Area Youth Chamber of Commerce (MAYCC) Halloween parade. Under Sharon's guidance the Wesbury entry has been notoriously successful winning the grand prize 5 of the past 6 years. This takes a lot of coordination between volunteer staff and residents who support the success of the floats. Sharon also volunteers as the Wesbury liaison to the classic car club members who bring their autos to the Chicken BBQ. Simply put, Sharon is a generous employee always willing to do a little more to help.

2011 Campaign Chair Robert and Janet Waid

Wesbury thanks Robert and Janet Waid, chairs of the Wesbury Foundation's Annual Fund Campaign for 2011. With their guidance we are pleased to announce the campaign goal of $150,000 was met and exceeded. The majority of the campaign benefited the Benevolent Care Fund which helps support residents who have outlived their financial resources and require benevolent care. Wesbury is extremely grateful to have the support of such exceptional and caring friends.

Hyatt M. Cribbs Society

The organization that would become Wesbury began in Conneautville, PA. in 1918 when Hyatt M. Cribbs offered his farm home to the Erie Conference of the United Methodist Church as a place for those in need. The Ida M. Cribbs Methodist Home was officially born out of that gift which included 22.75 acres of farmland. Today, the Hyatt M. Cribbs Society is a family of distinguished individuals, groups, and organizations who are committed to continuing in Wesbury's benevolent tradition.

Ida M. Cribbs Circle ($2,500 +)
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Mrs. Mae L. Sutley
Mrs. Rosemary A. Thomas & The Honorable P. Richard Thomas*
Mr. & Mrs. Raymond M. Verbanac

**Honored Posthumously*

 For a complete donor list, please visit www.wesbury.com and click on the Ways to Serve link.

Church Donors

The strong relationships Wesbury has with churches throughout Western Pennsylvania continued in 2011. Church members support residents in a variety of ways that include monetary gifts, volunteer help and in-kind donations such as the hundreds of pies and baked goods for the Annual Chicken BBQ and Craft Fair. They also create much needed memory boxes and lap robes that are greatly appreciated by residents of Grace Health Center and their families. Church members also provide birthday parties for residents at Grace Health Center and Cribbs Residential Center, bringing entertainment, gifts, and cake as a part of each monthly celebration. Most importantly, they lift up the spirits of residents at Wesbury with love and prayer. We are truly blessed to have their ongoing support.

Sunset Auxiliary

The bond between Wesbury and United Methodist Churches is one that is nurtured and strengthened thanks to the work of Wesbury's Sunset Auxiliary. The Sunset Auxiliary is a network of individuals within the Western Pennsylvania Conference of the United Methodist Church who make friends and raise funds for the residents of Wesbury. Formed in 1954 by Mrs. Florence Braun, the auxiliary is a separate organization with its own officers and funds for special projects. Each year, the Sunset Auxiliary gives 100% of the funds they raise to purchase items that help residents. They raise funds by operating the Sunset Auxiliary Gift Shoppe in Grace Health Center, in addition to the rummage, book and bake sales during Wesbury's Annual Chicken BBQ and Craft Fair and the Christmas Bazaar held in November. The Sunset Auxiliary also provides birthday parties and Christmas presents to residents at Grace Health Center. In 2011, the Sunset Auxiliary gifts included blanket warmers for the Grace Health Center Wound Care Team, 100 wheel chair footrests and funds for the repaving of the Wesbury Nature Trail.

Pictured above is the 2012 Sunset Auxiliary Board. Front row, from left: Nancy Larko, Glendora Adsit, Lois Rockwell, Anna Mary Fox, Jean VanGiesen and Bessie Kohler. Back row, from left: Sheryl Martucci, Jolene Tubbs, Nancy Yates, Joyce Jacobs, Carol Wright, Audrey Lasher, Elaine Shreve, Phyllis Easley and Margot Stoll. Missing from the picture: Sally Bickerstaff, Joann Clute, Doris Deater, Nancy Dickey, Ruth Kellogg, Trudie King, Luann Patterson, Nancy Snyder, Judy Stewart and Nancy Taylor.

Circuit Rider Society

In the early years of the United States, clergy in the Methodist Episcopal Church and related denominations that were assigned to travel to specific geographic territories and minister to congregations were called "Circuit Riders". Wesbury maintains a strong relationship with churches throughout Western Pennsylvania as these connections are a cornerstone of Wesbury's foundation. Methodist churches and church groups listed in the "Circuit Rider Society" have contributed to Wesbury directly and through the Sunset Auxiliary.

Frances Asbury Circle
($2,500 +)
First U. M. Church, Titusville
First U. M. Church, Warren
Grace U. M. Church, Oil City
Wesbury Sunset Auxiliary

Thomas Coke Circle
($1,500 - $2,499)

Peter Cartwright Circle
($500 - $1,499)
First U. M. Church, Brookville

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Calvary U. M. Church, Greenville
Cranberry U. M. Church
Deckards U. M. Church
Emlenton U. M. Church
Erie-Meadville District Clergy
Fallowfield U. M. Church
First U. M. Church, Union City
Mercer U. M. Church
Oakland, Dempseytown
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Sugar Lake U. M. Church
Zion U. M. Church, Sarver

For a complete donor list, please visit www.wesbury.com and click on the Ways to Serve link.

Hillside Hiram Fuller Whiting Society

In 1906, Mr. Hiram Fuller Whiting made a generous bequest of $2,000 to purchase a house and property in Meadville, Pennsylvania to shelter elderly men and women who could no longer care for themselves. Wesbury Hillside Home is the proud legacy of this generous gift.

The Hiram Fuller Whiting Society is a family of distinguished individuals who are committed to continuing the benevolent tradition of Wesbury Hillside Home.

Many people contribute in honor or memory of their loved ones. These thoughtful gifts help Wesbury Hillside Home continue its mission of providing the best possible care while remembering special people in their lives.

Founder ($1,000 +)
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Ms. Nellie M. Harvell

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Hillside Home Creates Spa Environment

Early in the year, the daughter of a Hillside Home resident, who loved to relax in the tub, approached Hillside Home Administrator, Cathi Hanson, about the purchase of a whirlpool tub for Hillside. She had always enjoyed a nice, hot bath but could no longer do so. Her daughter wanted to make this possible for her and agreed to pay half of the cost if Hillside Home could raise the rest. Cathi immediately went to work to raise the necessary funds. Generous donors quickly stepped forward, and the goal was met in less than thirty days! With the help of the maintenance staff, a suitable location was remodeled, and the tub installed creating a spa like atmosphere for residents to enjoy. Hillside staff introduces the tub to ensure residents use it safely. Cathi is delighted with the outpouring of support that made this possible. "Many residents here think the new tub is the best thing in the world." says Cathi, "It not only keeps them comfortable; it also stimulates the skin and promotes improved circulation in the lower extremities." The resident who brought this all about passed away, but because of her wish and the generosity of many others, residents may enjoy a luxurious bath for years to come.

Cathi Hanson, Hillside Home Adminstrator and Doris Harvey, Wesbury Hillside Home Board member check out the new tub.

For a complete donor list, please visit www.wesbury.com and click on the Ways to Serve link.

Volunteers - Each Person Makes a Difference

Giving your time and talents for the benefit of others is a very rewarding experience. Last year, 163 volunteers shared 12,927 hours of service to residents at Wesbury. Whether working directly with residents or indirectly within the different departments, volunteers are invaluable to Wesbury's daily operations. Their assistance not only provides an extra pair of hands, but often can make a resident's stay at Wesbury more pleasant. There are always volunteer opportunities available at Wesbury; from escorting residents to different programs or therapies, to assisting with activities or delivering mail. Every attempt is made to match skills, interests and abilities to a volunteer's area of service. Wesbury's gratitude to volunteers is immeasurable; it would not be possible to offer the amount of programs and services to residents and their families without the support of so many wonderful people. If you would like to learn more about volunteering, please call 814-332-9235.

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Wesbury Welcomes Melissa Swartwood and Sheila Bundy

Melissa Swartwood

Sheila Bundy

Melissa Swartwood is Wesbury's new Activities Director and Volunteer Coordinator. Melissa comes to Wesbury from Orchard Manor in Grove City where she was the Assistant Activities Director. She is a Certified Dementia Practitioner by the National Council of Certified Dementia Practitioners and a Certified Activity Director by the National Certification Council for Activity Professionals. Melissa also has a Bachelor of Science in Psychology from Slippery Rock University and a Master of Science in Law and Public Policy from California University of Pennsylvania.

Coincidentally, she began her career in working with seniors at Wesbury over 20 years ago when she was a volunteer. Besides Wesbury, Melissa has also volunteered for St. Jude Children's Hospital, American Cancer Society, American Heart Association, and Alzheimer's Association. Melissa lives in Grove City with her husband Phillip and daughter Alyssa.

Sheila Bundy joins the Wesbury team as the new Administrator at Grace Health Center. Sheila comes to Wesbury from Presbyterian Homes in Erie where she worked as Project Coordinator. Her duties included facilitating the creation of new programs, materials and staff education such as Corporate Compliance, HIPAA and Wellness programs. Sheila also temporarily assumed interim Nursing Home Administrator or Director of Nursing roles in the absence of a licensed Administrator or Director of Nursing as well as guiding and supporting all levels of staff through leadership transitions when needed.

Sheila received her Registered Nurse License from St. Vincent School of Nursing in Erie and her Nursing Home Administrator License from Slippery Rock University in Warrendale. Prior to working for Presbyterian Homes in Erie, Sheila was the Administrator at the Presbyterian Home in Cambridge Springs for four years. Sheila and her husband, Brian, reside in Cambridge Springs; they have two daughters.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Thoburn Village - Independent Living
- ❑ Cribbs Residential Center - Enhanced Living and Personal Care
- ❑ Wesbury Hillside Home - Enhanced Living and Personal Care
- ❑ Grace Health Center - Skilled Nursing
- ❑ Outreach - In Home Services
- ❑ The Wesbury Institute
- ❑ The Wesbury Foundation

❑ Please send all information via e-mail ❑ Please call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

E-Mail _____

Phone _____

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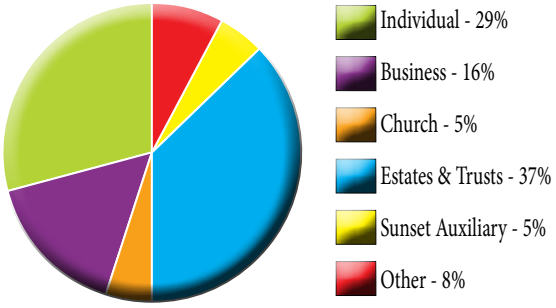
Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

2011 Wesbury Accomplishments

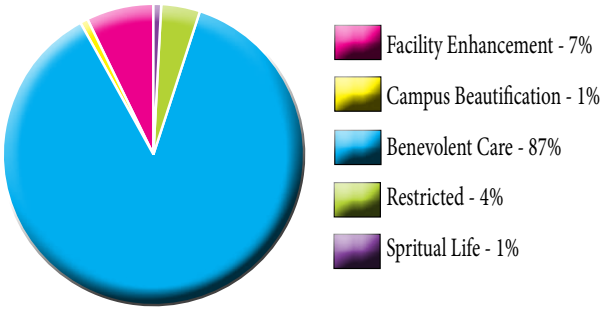
- The Wesbury/Allegheny College CNA Program has allowed Allegheny College students that plan to work in the medical field as their careers the opportunity to become Certified Nurse Aides and obtain direct care experience. Allegheny students provided over 10,000 hours in 2011. The joint venture program was chosen to be presented in Harrisburg at the 2011 Leading Age Pennsylvania Conference in 2012.
- Great Lakes Institute of Technology established a training site at Cribbs Residential Center. While studying for their certification as a Patient Care Technician, Great Lake Students gain experience working with Cribbs nursing staff.
- In 2011, a new Short Stay Unit was implemented which is designed for residents who are expected to stay three months or less. More than 100 residents at Grace Health Center were able to heal and return to their homes. Grace also received a 4 out of a 5-star rating from the Centers for Medicare and Medicaid for overall nursing home quality.
- The Grace Health Center Sodexo Nutritional Management Team won a regional award for the Client for Life Program based on exceptional performance and improvement in meeting goals and objectives in 2011.
- There were 100 "new to Wesbury" volunteers added in 2011 to help with the needs of the residents and staff at Wesbury.
- The Shryock House, located in Thoburn Village, was renovated slightly to accommodate the superintendent's office of the Erie-Meadville District in the Western Pennsylvania Conference of the United Methodist Church. Having the superintendent and secretary located on Wesbury's campus brings a positive exposure to conference office visitors from throughout the region.
- The Education Room at Cribbs Residential Center was renovated to accommodate a new Art Studio. The previous Art Studio was outgrown and this move makes way for a room that can support more resident work stations as well as improved lighting, ventilation and storage.
- A new program was developed offering an annual general health and wellness assessment of residents at Thoburn Village. The intent is that with proper oversight and information, residents will be able to live longer and safer in the independent living setting.
- The Thoburn Village Clubhouse, opened in early 2011, is designed for use by Villa residents. "The Clubhouse" not only offers a social space for fun and activities, but also includes a fitness area with personal training and massage therapy, a cyber café and offers social and educational programs.

Financials

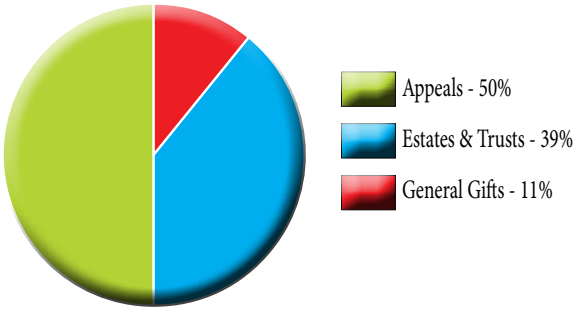
The Wesbury Foundation Sources of Funds



The Wesbury Foundation Allocation of Funds



Wesbury Hillside Home Sources of Funds



All Wesbury Hillside Home donations received support benevolent care.

The Wesbury Foundation Promise

The Wesbury Foundation promises to use your gift carefully and wisely, never to ask for money that is not needed, and to abide by all generally accepted accounting practices.

The Wesbury Foundation Mission

The Wesbury Foundation is dedicated to advancing the Christian mission of Wesbury United Methodist Community through promoting the needs of seniors, encouraging charitable contributions, and prudently managing philanthropic donations to and assets of the corporation.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

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Wesbury Upcoming Events

Parkinson's Support Group
Second Wednesday of each month
Campus Community Center.
Phone David Venanzi
at 814-332-9705.

Seniors for Safe Driving Program for Drivers 55 and older
June 12th - 9:00 a.m. - 1:00 p.m.
September 19th - 5:30 p.m. - 9:30 p.m.
at Cribbs Residential Center Community Room. Phone 800-559-4880 or register on-line at sfsd-pa.com

Wesbury's 23rd Annual Chicken BBQ & Craft Fair
Sunday, July 15, 2012
11 a.m. to 5 p.m. on Wesbury's campus.
Phone Rhonda Thomas at 814-332-9264.

Wesbury's Senior Tribute and Auction
Thursday, October 11th at 5:30 p.m.
Iroquois Club, Conneaut Lake
Deadline for nomination is July 31st.
Phone Rhonda Thomas at 814-332-9264.

Farmer's Market
Every Wednesday beginning June 13th through early October.
2:00 p.m. - 4:00 p.m.
Located on the Wesbury campus
Phone Barb Loiacona at 814-332-9258

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