WESBURY WINDOW

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Volume 24 · Issue 1

# Join Us for an Alaskan Adventure in 2019!

Let the Fourth of July holiday roll into the trip of a lifetime on an 11-day Alaskan vacation with Wesbury. We will depart from Wesbury to Pittsburgh Airport via motor coach on Friday, July 5th. After arriving in Fairbanks, Alaska, get ready for an unforgettable journey fully escorted by a local Alaskan guide. For the next three days, we will tour by motor coach, boat, and rail experiencing many of the breathtaking sites from Fairbanks to Denali National Park. After Denali, we will head south to Seward where we will board the Norwegian Jewel for a 7-day Sawyer Glacier cruise to Vancouver, where we will begin our journey back home, arriving at Cleveland's Hopkins Airport on Tuesday, July 16th.

The cost for this trip ranges from $3,744 for an inside cabin to $4,964 for a balcony cabin, based on double occupancy. Proceeds from the trip go toward the Wesbury Foundation's Benevolent Care Fund which helps support residents who have outlived their financial resources and require charitable care. The price includes free parking and roundtrip bus transportation from Wesbury to the airport; air departing from Pittsburgh and returning to Cleveland; land tour from Fairbanks to Seward; cruise from Seward to Vancouver; all shipboard meals, coffee, and tea; all transfers, port charges, and taxes. PLUS choose TWO of the following:

- Ultimate Beverage Package (taxes & tip not included)
- Internet Package - 250 minute
- $50 Per Port Shore Excursion Credit
- Specialty Dining Package (taxes & tip not included)

A deposit of $350 per person is due upon making reservations. The balance is due March 1st. For information and reservations phone Melissa Grinnell at 814-332-9712. Please join us!

**This trip includes:**

- **A stop at the Trans-Alaska Oil Pipeline**
- **Overview of the Fairbanks community**
- **A three-hour riverboat journey that will take you into the heart of Alaska**
- **Alaska Railroad journey to Denali National Park, enjoying the incredible scenery including the high tundra plateau into the Healy Gorge and Canyon, as well as learning about the flora, fauna, and history while looking out for the wild animals that roam freely and call this park home**
- **Cruise the Inside Passage on the Norwegian Jewel exploring Icy Strait Point, Juneau, Skagway, and Ketchikan**

# Why I Chose to Leave My Home for the Cribbs Lifestyle

Making a move often feels overwhelming causing many to delay their decision. Residents at Wesbury's Cribbs Residential Center made the choice for a variety of reasons. In their own words, let them put you at ease as they share their points of view.

**"I enjoy living at Wesbury very much and moving to Cribbs really brought me out of my funk."**
***- Pat Hughes***

*Pat (far right) going on a hay ride with her Cribbs neighbors and Life Enrichment staff.*

"I was one of the first seniors to buy into the new downtown Meadville townhouses in 2004. I had lived in Saegertown for twenty years prior to that move. I was retired, living alone after losing my second husband, and thought the move to downtown Meadville would make things easier for me. The grocery store and banking were located up the street, and my son also lived nearby in town. I lived there for ten years. During the good weather, it was great. I could go out and do the things I needed to do. In bad weather, I had to rely on my son to help me out. Add in some health issues, the loss of an extremely close friend, the difficulty of maneuvering around my two-story townhouse, and I found myself doing less and less to the point of literally doing nothing at all. I had been thinking about a move, but it was my son who recommended Cribbs. I really came into the move cold. I didn't know anyone but had an open mind, and it turned out great! For one, I am not alone. I have made a lot of friends here. We do things every day that keep us busy. I just enjoy being here with everybody and wouldn't have it any other way. I volunteer to help with different activities and I am a good neighbor to newcomers. I just don't want to sit and be alone. If you were to come and live at Wesbury and feel like you have a lack of opportunities to stay busy and the choices to do what you want, you're just not trying hard enough."

**- Pat Hughes**

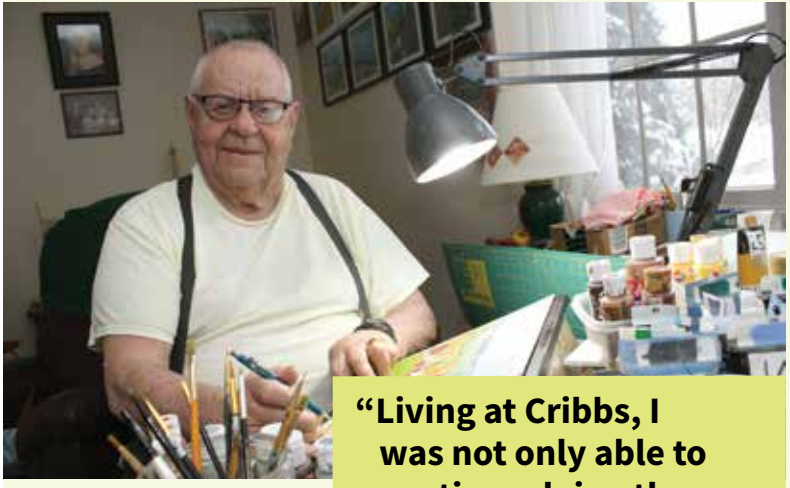
**"I wasn't able to live alone, and I knew Wesbury was where I wanted to go."**
***- Shirley Hammerlee***

*Shirley (left) spending time at her computer as a member of housekeeping cleans her apartment.*

"I was living in Erie, when I visited Wesbury with my church group. I really connected with the spiritual care and loved the chapel at Cribbs. Today, I attend bible study once a week in that chapel and Wesbury's pastor is just the best. I love that I was able to bring all of the furniture I wanted to my apartment and it's like I am in my previous home. My children love that I am here as they are swamped in their own work, but they stop in or call all the time. Really, I have everything I could possibly need at Wesbury. The pharmacy brings my medications right to my door, the laundry comes and gets my clothes, presses them, puts them on hangers, and comes up to hang them back in my closet; and the food is delicious. I don't need for anything; it's a wonderful place. I worked for the Erie County Housing Authority, so I know what it is like to help seniors, and Wesbury is one of the best at it! The staff is also wonderful, from the top down everyone is so nice and accommodating. For me, living at Cribbs couldn't be nicer or better. There are no worries here, this is my home now, and I love it."

**- Shirley Hammerlee**

"We are originally from Meadville, but had moved to Fredericksburg, Virginia to live near our daughter, son-in-law, and our six grandchildren. We intended to stay for the rest of our lives. But after our daughter fell ill and passed away we just could not bring ourselves to stay. With the medical conditions my wife was facing, and with four recent moves, I decided Wesbury might be the place where we would like to live out the rest of



*Clair working in his apartment on his next art project.*

**"Living at Cribbs, I was not only able to continue doing the art projects I enjoy but was actually able to expand them both with the help of staff and on my own."**
***- Clair Schweitzer***

our lives. I thought Thoburn Village was ideal, but after talking with Melissa, I came to realize that an apartment at Cribbs would work best for us. So, we made what I call a final move. I am glad we made this decision when we did instead of putting it on hold. After four years, I really see how Wesbury mimics the greater outside community. Some people who live here are very outgoing, others are more introverted. There are opportunities and activities one can get involved with every day, but you can also do the things you want to do on your own. I want to be here to help my wife, and originally, the idea of the woodshop appealed to me, but it would also take me away from the things she needs. Now, I am able to work on projects in my apartment, yet go down to the art room if I have questions or are in need of feedback. The crazy thing is I am getting accolades and recognition for those projects that may not have happened if we hadn't moved to Wesbury. It's the same with getting out, while my wife has limitations to some activities, she is out taking walks with me, or we spend time relaxing in the beauty of the campus from the gazebo or our patio. While we may not participate in every group activity, we are definitely keeping busy with the things we like to do, and our friends and fellow residents don't judge those decisions. It's a community, and we all have our place in it. In reality, I am not sure we would be doing as well as we are today living in a private home away from Wesbury."

**- Clair "Bud" Schweitzer**

"I am originally from Emlenton, PA, but have spent almost 37 years living in Texas. My wife and I were actually living in an assisted living facility there when our daughters began the conversation of moving north to be closer. One of our daughters lives in Pittsburgh. I was familiar with Wesbury because my Mother, my Aunt, and my Cousin were all residents, so we began the plans to move. My wife passed away during our planning, but with no family in Texas, I decided to proceed with the move to Meadville. I have only been at Cribbs for a few months, but it was the right decision. I am getting good care. The food is good as well as the atmosphere. I involve myself in the activities where I can. The staff at Wesbury is great. The place where I lived in Texas couldn't hold a candle to Wesbury. There is no comparison, I think the longest time any of their staff worked there was a year and a half. At Wesbury, I have met staff that has worked here twenty, thirty, and forty years. Some of the nurses and aides have mentioned they remember my relatives

*Duane (left) having lunch out at a local pizza shop with other Cribbs residents and Life Enrichment staff.*

**"You get good quality care, and the people have really made an effort to get to know me as an individual and know what my needs and wants are, and it's not just lip service, it is genuine, they genuinely care."**
***- Duane Beals***

living here, my Mother in particular because of the name. The night I arrived at Cribbs, my daughters couldn't say enough about how the Wesbury staff was bending over backward for me. For example, on the trip here, I had to fly and I arrived at 11:30 on a Saturday night. Melissa and other staff were here waiting for us to help get me settled in. The next day, the maintenance crew came in to make any adjustments I needed. I was pleasantly surprised. It's the small things that I didn't anticipate that really made the experience excellent. I would undoubtedly recommend living at Cribbs."

**- Duane Beals**

As you can see, choosing Wesbury's Cribbs Residential Center makes life a little easier, a little safer, but never compromises your independence and choices. If you are encouraged by these examples, find out for yourself what living at Wesbury is all about by phoning Melissa at 814-332-9009 to schedule a visit.

# Third Time's a Charm

*Jacque Burns (right) enjoys a fun game of Bingo and shares a laugh with Cribbs Life Enrichment Coordinator, Stacey Hoey.*

Jacque Byrns first respite stay at Wesbury's Cribbs Residential Center was after a 10-day hospital stay. According to Jacque, she really wasn't feeling well and needed a bit more recovery time before heading home and thought, after talking with her social worker, a stay at Cribbs would be just what she needed. The following year, Jacque was back at Wesbury, this time for a short therapy stay at Grace Rehabilitation and Health Center that was followed by a second healing respite stay at Cribbs. At her home in Titusville, Jacque was in a good position. She had the full support of her family. Her house was located right next door to her daughter's business, so her daughter checked on her needs daily. She no longer drove, but could walk to church two blocks away every Sunday, and had access to other downtown amenities ... during good weather. Still, after her second stay at Cribbs, she began to have a shift in her lifestyle perspective. "I realized everything I could possibly need is at Wesbury," says Jacque. A few months later she made a permanent move, and couldn't be more pleased with the decision.

Jacque had become familiar with the other residents at Cribbs as well as the staff. She knew the activities and dining schedule as well as where to go for her transportation and healthcare needs. *Most of all, Jacque liked the feeling of personal independence and not being reliant on her family.* Today, Jacque says she and her family couldn't be happier. She says one of the best parts of living in Meadville is that it makes it convenient for family visits. "I have a daughter living in Grove City, and a daughter living in Titusville. Being in Meadville is equal driving time for both of them, which makes it nice for frequent visits," says Jacque. "My kids have peace of mind in knowing I am safe, and I feel the relief in knowing I am more independent here. I can take care of myself and have help available if I need it."

Are you or a loved one considering a move? A short stay at Wesbury's Cribbs Residential Center is a good way of seeing if the Wesbury lifestyle can help you or your family. For more information or to schedule a visit or stay, phone Melissa at 814-332-9009.

## What You Need to Know About Short Stays at Wesbury:

- **Short stays are available for any reason any time of year.**
- **Simply bring your suitcase, we will provide the rest.**
- **There are different types of short stays:**

  **Trial stay:** Experience the lifestyle at Cribbs Residential Center before committing to a permanent move.

  **Recovery:** Regain your strength, confidence and independence after a hospital stay or rehabilitation before returning to your home.

  **Respite:** When your caregiver is unavailable or on vacation, take your own and vacation at Wesbury!

  **Winter:** Don't hibernate! Rejuvenate! Join us and enjoy a worry and hassle free winter.
- **The same inclusions and daily fees apply as required for a long term stay.**
- **The basic fee is charged according to the daily rate for the apartment chosen.**
- **Personal Care may be added. Services are billed according to the assessment level.**

# Residents and Local Volunteers Update Wesbury Woodshop

*Wesbury woodshop committee and local volunteers clean up the resident woodshop.*

Since 2002, the members of Wesbury's resident woodshop have been a valuable staple in the community. At that time, the group included Thoburn Village residents Jack Geddes, Rev. Jack Spencer, Blaine Ohl, and Glenn Rodgers who formed this group using an unused garage on campus. Together, the four woodworkers became known as the Wesbury Woodchucks and created various products for local churches as well as for use around the community. When Ken Montag came to Thoburn Village in 2005, he joined the group, bringing with him 30 years of woodworking knowledge as well as additional equipment to set up for use in the Wesbury Woodshop.

Over the years, residents working in the woodshop contributed many projects to the Wesbury community including the wooden cross that hangs in McCracken Chapel at Cribbs Residential Center, elevated planters for resident gardening at Grace Rehabilitation and Health Center as well as products for sale in Wesbury's Sunset Auxiliary Gift Shoppe. The woodshop was also a location where residents would mentor area students, teaching them how to create projects with wood while working safely with the equipment and tools.

Recently, a new group of residents, led by Rev. Dave Davis, were looking to reorganize the woodshop. They discussed their plans with Greg Brink, Director of Thoburn Village Activities, and scheduled a clean-up day, where not only the resident Woodshop Committee would be on-hand, but also ten volunteers from area churches, Saegertown United Methodist, Harmonsburg United Methodist, and Park United Methodist/North East, provided support. The project was also greatly aided by Rev. Dennis Balknap of Erie, who has been a great supporter of Wesbury's wood shop for years after retiring from his cabinet maker business and becoming a United Methodist pastor. Much of his hardwood and equipment was donated to the woodshop. A delicious lunch was provided for the volunteers.

During the clean-up day, all of the wood from the workshop and small adjacent storage building were hauled out as well as all the tools and shelving. They cleaned all the racks and trash bins and looked at reconfiguring all of the larger updated equipment replacing some that had become outdated. This included a new 36" table saw, a commercial-sized miter saw, a smaller-sized jig-saw, and additional power equipment. This new equipment upgraded safety standards at the wood shop. Wesbury also installed a new efficient heating system, installed new shelving, updated the electrical system, and added new lighting for improved visibility. The wood shop is also now equipped with safety hand-held phones for possible emergency phone calls.

The woodshop is open to any resident who can meet the workspace safety guidelines. For the time being, the wood shop crew are meeting weekly as a group, but soon, individuals will be working at any time. The group plans to continue to work on both individual projects as well as meeting any needs that the greater Wesbury community might have. "Our main concern is making sure residents know what they are doing when they are in the workspace, being familiar with the tools and equipment are important. We want residents to have fun in the woodshop, but safety is our number one priority," says Greg.

"The response has been fantastic," says Rev. Davis. "We are so pleased to be able to update our community woodshop for our fellow residents to use; it's a great opportunity for some of the experienced woodworkers to share their expertise with those new to woodworking which in turn creates great fellowship among our community."

# Cribbs Renovations Are Well Under Way!

*Residents enjoying a cup of tea in the newly remodeled second floor common kitchen.*

*Residents relax in the newly remodeled south sitting room as they listen to a reading of the morning newspaper by a Cribbs Life Enrichment staff member.*

In early 2018 the transformation of the Cribbs building began as we tore off outdated wall coverings, rolled out new carpet and brightened the building with fresh paint and décor. So far, the first and second floor hallways have received a complete makeover as well as the conference room. The north and south sitting rooms now offer inviting furnishings for playing games and visiting with family. The second floor resident kitchen is bright and welcoming with white cabinets, new appliances and soft colors. On the lower level a snack room was added where residents, family members and staff have access to a Keurig, microwave and vending machines offering beverages, snacks and daily prepared meal items supplied from the Cribbs kitchen. "What a difference it makes to see everything looking fresh and up to date!" notes Melissa Cornwell, Marketing Associate, "It's been exciting showing off the changes as we give tours to those considering a move here." This year renovations will continue as we tackle the lobby, first floor and lower level common areas. Stop in to see what's new, and please excuse the mess.

*(Left) All common areas are getting updated with a new color scheme and décor.*

*(Below) The north sitting room becomes so inviting with new cozy chairs and a table to play games.*

# Saegertown Students and Wesbury Residents Become Pen Pals

With the holiday weekend just around the corner, the residents at Cribbs were getting ready to have their noon meal when they were given a heartwarming surprise. They were about to receive envelopes containing pen pal letters from area grade schoolers. As it turned out, the fifth-grade students of Mrs. Columbus, Mrs. Mattera, Mrs. Wilkinson, and Mr. Askey at Saegertown Elementary School had been practicing their cursive writing skills and the idea was presented to write pen pal-style letters to the residents at Cribbs. The students were excited to share a bit about themselves and in turn, ask questions of the residents. Some colored the envelopes with holiday messages, while others included a small picture of themselves putting a face to the name with whom they would be corresponding. In total, 76 letters were delivered to Wesbury.

The residents opened the letters right away and began reading. But, the biggest surprise came when resident Peg Acker received her envelope. As she was drawing from the stack of envelopes presented to her, she made mention of her granddaughter being a fifth-grade student at Saegertown. She lit up as she opened the random envelope to see that out of 76 letters, she actually had picked her own granddaughter's pen pal letter. Peg had tears of joy in the true "what are the odds?" moment. Right away, a few of the residents said they would definitely write back. In fact, by the end of the day, eighteen letters were ready to go and twenty-six letters ended up being delivered to the students after Christmas break.

According to the teachers, it is essential for their students to be able to write a friendly letter and to read and write in cursive. They wanted to have the students complete a service project and thought having them write a letter to residents of Wesbury would be an excellent project. "I know the students loved hearing back from the residents," says Mrs. Columbus. "We know that all of our students could learn so much from the older generation and look forward to completing more projects like this."

# Wesbury Seeks Nominees for 2019

Last year was a milestone year for Wesbury as we celebrated our 100th anniversary of serving the Northwest Pennsylvania region. One of the year's highlights was The Wesbury Foundation's Tribute Event and Auction which was held a week before our original Founding Day of October 19th. This event was a little different than previous years as we paid tribute to all of those who helped in building the Wesbury we know today.

For 2019, we will be returning to the event's origins as we ask the public for nominations of area people or groups who amaze us with their talent, generosity, and selflessness. They may be a friend, a neighbor, a relative, or group from your workplace or church. The only criteria for nominations are that the extraordinary individuals be 65 or older, or be a group or organization that is doing things for seniors. The nominees are honored by allowing us to share their stories and recognize their contributions to their community at the Annual Senior Tribute. This event is truly inspiring and not only spotlights these unsung heroes but also serves as a fundraiser for Wesbury's Benevolent Care Fund, which helps support Wesbury residents who have outlived their financial resources and require charitable care.

The Wesbury Foundation is now accepting nominations for the 2019 Senior Tribute Banquet and Auction. The deadline for submitting nominations is July 31, 2019. The nomination forms can be found at *www.wesbury.com*, you can use the form at right, or they can simply be written on a sheet of paper and mailed to The Wesbury Foundation, 31 North Park Ave., Meadville, PA. 16335.

**I want to Nominate:**

_____
name of individual or group

**Reasons why:**

_____

_____

_____

_____

_____

_____

**Nominee Contact Information**

Name (of Individual or Group)

_____

Address _____

City/State/Zip _____

Phone _____

Email _____

**Nominator Contact Information**

Name (Person Submitting Form)

_____

Address _____

City/State/Zip _____

Phone _____

Email _____

Signature

_____

This is a nomination for the following category:

❑ **An Organization or Individual** (who support seniors)

❑ **A Group of Senior Citizens** (these are groups of seniors who do exceptional things)

❑ **An Individual Senior Citizen** (this is an individual who is doing exceptional things)

This form is also available on our website at *www.wesbury.com*

WESBURY SENIOR TRIBUTE

(use additional paper as necessary)

Clip out and mail this form to:
The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335

# Simple "Non Cash" Giving Options

Each year, do you review your charitable giving? Have you considered leaving a gift to Wesbury as part of your planned giving strategy?

There are many planned giving options from which you can choose depending on what you wish to accomplish for yourself, your family, and your charitable interests in your overall estate and financial plans. Here are a few simple options below:

- **Bequests** - Bequests, or gifts through your will, ensure our work can continue into the future. A mention of Wesbury in your will allows you to retain control of your assets during your lifetime and later creates a lasting legacy on your behalf.
- **IRA Distribution** - Make Wesbury the beneficiary of all or part of the required minimum distribution from an IRA via a direct transfer to Wesbury. This can favorably impact your tax liability.
- **Life Insurance** - Name Wesbury as a beneficiary of all or part of your life insurance policy.

If you have already included Wesbury in your estate plans or have arranged another planned gift, please let us know so that we may thank you for your generosity and make sure that your wishes are fulfilled. For more information about making a planned gift, please contact your attorney or call The Wesbury Foundation at 814-332-9264.

# Santa's Helpers

It has long been part of Wesbury's tradition that every resident receives a Christmas present to open on Christmas day. While many residents enjoy going out or receiving visits from family, this is not true for all. In past years staff has played the part of Secret Santa, but this year the Life Enrichment Department at Grace Rehabilitation and Health Center decided to raise funds in advance for the purchase of gifts to better ensure every resident received a present on Christmas morning. The project began last March with the "Pot of Gold" campaign where staff, volunteers, and visitors were encouraged to drop their change in the Leprechaun's Pot located at the Grace Switchboard. They continued in summer and fall with various bake sales and finished the year with "Casual for Christmas" Fridays, where all Wesbury staff could dress down for the day by paying two dollars per person. Wesbury's Sunset Auxiliary also joined Life Enrichment in providing monies from their various fundraising efforts for the Christmas endeavor.

As the holiday approached, the Life Enrichment team raised more than $1,800 for resident Christmas gifts. "We are so pleased with the support we received from all around campus and beyond," says Melissa Swartwood,

*Grace Life Enrichment staff wrap Christmas gifts for residents.*

Director of Life Enrichment and Volunteer Services. "The season is about giving, and there is such a warm feeling in knowing that no resident at Grace will be forgotten at Christmas."

For 2019, the Life Enrichment team is planning to raise even more throughout the year. "We are looking to kick start the year off in raising funds for residents," says Life Enrichment Assistant, Danielle Adkins. "We are planning to extend our casual days year-round to theme days and maybe even more opportunities for visitors to help us support Wesbury residents."

# Grace Dietary Named "Showcase Account"

After passing their recent audit and receiving zero deficiencies during the past year, Wesbury's Grace Rehabilitation and Health Center Dietary Department have been named a Showcase Account by Sodexo, a global provider of integrated food and facilities services. Wesbury has partnered with Sodexo for more than two decades. Together, they are focused on driving innovation in programming and improving service delivery to the residents and visitors at Grace. The Showcase Account designation is challenging to achieve and requires accomplishments in a wide array of categories. As part of the recognition, the Grace Dietary Management will receive $5,000, which will be invested in new advancements for maximizing the quality of life for Grace residents.

Wesbury and Sodexo share a Quality of Life vision that refers to the general wellbeing of people. There are many factors that impact Quality of Life including health and wellness, a sense of community, environment, job satisfaction, and socioeconomic status. To meet the criteria, the Wesbury's Sodexo Dietary Management Team, led by Barb Loiacona for 19 years, must document the execution of all the programs that promote Sodexo and Wesbury's vision. These standards include all areas of resident service and education, staff training and communication, quality and sanitation, and implementation of successful innovative programs.

So what made Grace Dietary rise to the top? It is knowing that a good meal is important to people and making every effort to ensure that the residents receive a quality, enjoyable, and nutritious dining experience. To accomplish this the team offers enticements such as Hydration Station carts and mock cocktails on all of the neighborhoods to encourage proper hydration; "Mindful" healthy meal selections offered daily in the Neighborhood Grill and choice of dining options and locations; "Every Bite Counts" which provides fortified meals for residents as opposed to just using dietary supplements for nutritional intake; weekly Chef Stage Center demonstrations on the neighborhoods; special meals every Wednesday, and monthly neighborhood candlelight dinners for residents and their family members in the Barco Chapel. To ensure quality, the team participates in weekly huddles with all dietary staff to provide direction in expectations, training, communication and customer service as well as educational programs like periodic Wesbury staff Lunch and Learns. The Sodexo Team also supports the greater Meadville community by hosting their "Fill the Cart" food drive and sending all of their leftover food to St. James Haven temporary men's shelter.

"It takes our entire staff to make this designation a reality," says Barb. "I am proud of everyone on our team for the hard work they do. The on-site Sodexo Team may manage, but the level of exceptional service we are providing the residents and their families' falls squarely on the quality of work provided by all of our Grace Dietary staff. This great distinction is accredited to all of us!"

According to Sodexo, Showcase Accounts are managed by a team who fully understands and is dedicated to all of the programs, systems, and tools available to them. The Grace Dietary Team at Wesbury has shown how they excel at bringing them to the residents and visitors at Grace.

## *Yes, I'd like to learn more about Wesbury.*

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ Care Cottages
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Other Areas of Interest

_____

- ❑ Send me the Wesbury DVD
- ❑ Send all information via e-mail
- ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2019 WW

E-Mail _____

Phone _____

**Please clip out and mail this completed form to:**
**Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.**

# Thank You Strategic Partners!

Wesbury marked a milestone in 2018 - we celebrated our 100th Anniversary! As a way to help celebrate, monthly drawings were held, giving employees chances to win great prizes. They included a variety of items such as a rocking chair, carpet cleaners, indoor grill, gift baskets, and gift certificates. These monthly drawings were made possible by generous donations from our Strategic Partners:

- **AVI Foodsystems, Inc.**
- **DeSantis Solutions**
- **Flick's TV and Appliance**
- **Intalere**
- **Northwest Pharmacy Solutions, LLC**
- **Glenn Peterson Floors & Furniture**
- **Gordon Food Service**
- **Office Depot/Office Max**
- **Optum Healthcare**
- **Sherwin Williams**
- **Sodexo**
- **Symbria Rehab**
- **TENA**
- **UPMC Health Plan**
- **Valenza Restaurant**
- **Vantage Healthcare**
- **The Wesbury Foundation**
- **Wesbury's Sunset Auxiliary**
- **Wilkinson Excavating, Inc.**

**Wesbury United Methodist Community**
**31 N. Park Ave. · Meadville, PA 16335**
**814-332-9000 Toll Free 1-877-937-2879**
***www.wesbury.com***

# Upcoming Events

### Wills and Estate Planning
Wednesday, February 6, 2019 at 5:30 p.m.
Campus Community Center
For more information, call 814-332-9009.

### Probate Problems: Common Estate Planning & Administration Mistakes & How to Avoid Them
March 26, 2019 at 2:00 p.m. Barco Chapel
For more information, call 814-332-9009.

### Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m.

### Parkinson's Delay the Disease Classes
Mon., Wed. & Fri. at 10:30 a.m.
Both are in Wesbury's Thoburn Village Clubhouse.
For more information, call 814-332-9794.

### Healthy Living Speaker Series
Feb. 15th - Heart Disease
March 8th - Circulation in your Lower Extremities
April 12th - Is it Allergies or a Cold?

### Healthy Living Speaker Series (continued)
May 10th - Staying Active
June 14th - Diabetes Management
Cribbs McCracken Chapel
For more information, call 814-332-9009.

### Seniors for Safe Driving
Refresher classes scheduled for
April 3, 2019 at 9:00 a.m. - 1:00 p.m.
May 15, 2019 at 5:30 p.m. - 9:30 p.m.
June 5, 2019 at 9:00 a.m. - 1:00 p.m.
Classes at Cribbs Residential Center.
For more information, call 800-559-4880.

### Wesbury's 19th Annual Senior & Friends Golf Scramble
Thursday, June 13, 2019 at Country Club of Meadville, 10:00 a.m. shotgun start. Continental breakfast, boxed lunch and picnic buffet dinner included. Call The Wesbury Foundation at 814-332-9712.

### Wesbury's 5K Chicken Run
5K Run/Walk and 1 Mile Walk
Saturday, July 20, 2019
Registration begins at 8:15 a.m.
Runners start at 9:00 a.m.
Walkers start at 9:10 a.m.
Located on Wesbury's campus.
For more information,call 814-332-9022.

### Wesbury's 30th Annual Chicken BBQ & Craft Fair
Sunday, July 21, 2019 at 11 a.m. to 5:00 p.m. on Wesbury's campus.
Call The Wesbury Foundation at 814-332-9712.

### Wesbury's Senior Tribute Dinner & Auction
Thursday, October 10, 2019 at 5:30 p.m.
Iroquois Club - Conneaut Lake
Call The Wesbury Foundation at 814-332-9712.

*Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.*
*- Mission Statement -*