WESBURY WINDOW

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Hard Work and Good Planning Pays Off!

We all hope that one day we will reap the rewards of our hard work. We spend many years balancing time between work and other commitments in the hopes of a time where we can do the things we really want to do. Tom and Karen Burbidge are no different. They spent most of their lives, and careers, in the Pittsburgh area working and pursuing their hobbies. For 25 years, Tom was a partner in a painting company that repainted apartments in the Pittsburgh area. They actually met at the paint store where Tom would purchase his paint for jobs with the assistance of Karen, who worked at the paint store. After leaving the business, Tom began working for Laborer's Union Local 373 taking asbestos, lead paint, and hazardous waste out of area buildings and upon graduation from college, Karen began working in accounting and business management. When her position began to get very stressful, taking up more and more time and energy, they decided to move to their retirement destination in Conneaut Lake, earlier than planned.

While living in their dream home, Tom continued commuting to Pittsburgh for work until he retired in 2006, and Karen started working as the office manager at Smith-Gray Buick GMC car dealership in nearby Vernon Township, where she still works full-time. Outside of their careers, the Burbidges are very active and have many hobbies that they share together. They could be seen showing their muscle cars, out antiquing, or tracing their genealogical roots on their computers. They have uncovered many interesting stories and connections to historical events including the Mayflower and the Boston Tea Party! Seemingly, could things get any better?

To Karen and Tom, the answer is, "Yes!" A few years back, they started to prepare for their retirement. They knew it was a lot of work to maintain a 2,200 square-foot home and property, and doing all that work was not how they wanted to spend their time. For the Burbidges the concept of having a home without the work and worry would free them to spend more time doing the things they truly love to do together. Three years ago, they got on the waiting list at Wesbury's Thoburn Village and when a villa came up that they were interested in, they sold their dream home and moved on to their new dream – a home that is maintenance free!

Living at Wesbury also allows them to pursue their passions and focus on their future plans on their terms. Their antique collecting led Tom to make jewelry and other items from antique silverware, so they turned their villa's sunroom into a workshop. During the summer, they vend Tom's jewelry and giftware at area arts festivals, including the Wesbury Chicken BBQ and Craft Fair. They work on their classic car in their attached garage, and the Wesbury campus is conducive for physical activity. They go for regular walks and maintain

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"It's just a relief to live here," says Karen. "It is worry-free living at its best. If something goes wrong, we just call, and someone comes. No more worry about mowing the lawn or shoveling snow, and best of all, living here takes burden off of our kids, we all have peace of mind."

Look What's New at Cribbs Residential Center for 2016!

As we've rolled into a new year, it's time to roll out the carpet at Cribbs Residential Center –literally! Building renovations, flexible breakfast times, apartments with kitchenettes, an invigorated healthy living program, and a Pet Policy are all underway!

During the first quarter of 2016, Cribbs Residential Center will begin to receive a facelift including new carpet and wall coverings in the hallways and a re-imagined sitting area providing a cozy space for visiting or curling up with a good book. We are also responding to requests for kitchenettes in resident apartments. As apartments become available, they will be evaluated for better use of space and the addition of a kitchenette, where possible. Our first apartment with a kitchenette will be available by March.

Residents right now can enjoy the opportunity to start their day at their own pace by choosing to come for breakfast in the dining room anytime from 7:30 a.m. to 9:00 a.m. Of course, they can choose to sleep in and make their own breakfast if they prefer.

Speaking of preferences, one of the great concerns that folks have when moving to an apartment is whether or not they may bring their pet. We are excited to announce that pets will be permitted at Cribbs in 2016 starting with cats! Not only may family members bring pets to visit, but residents who are able to care for their pet, will be permitted to have their cat, bird, or fish reside with them in their apartment. Wesbury's Help at Home services may be hired to help care for a resident pet as well.

Adding to opportunities for good well-being, we kicked off 2016 with significantly increased programming to help residents stay active to prolong good physical and mental health. All in all, these improvements bring together a community of more choice, opportunity, and flexibility than ever before.

If you are interested in more information about Cribbs Residential Center or have ideas to further improve our lifestyle that you would like us to consider, please call Melissa Porter, VP of Sales and Marketing, at 814-332-9238 or email mporter@wesbury.com!

Life Lessons Over Lunch

As we all know, life is difficult, and at some point, we will all face tough challenges and decisions. With a workforce of hundreds, the need for programs to offer practical, biblical solutions to navigate the challenging moments of life is a necessity. Wesbury's Spiritual Care Department and the Order of Good Shepherds, a group for employees who view their vocation as their ministry, have begun a new ministry focused on reaching the practical, emotional, and spiritual needs of employees at Wesbury.

For 2016, a new program titled, "Life Lessons over Lunch" allows employees to gather once a month for free lunch and a DVD presentation from Andy Stanley, one of the premier communicators in the world today. This non-denominational, employee-driven workplace initiative is designed to introduce individuals to positive approaches to navigating life's challenges through biblical principles. These DVD messages by Andy Stanley and other North Point Ministries pastors provides relevant, helpful, and engaging insights that address the difficulties we all experience in our personal and professional lives. The welcoming, safe, and non-threatening environment is ideal for this seed-planting ministry.

"Life Lessons over Lunch" groups are hosted by Christians who want to spiritually impact their co-workers. The program provides an environment that welcomes all participants that choose to attend, regardless of where they are in their spiritual journeys.

Wesbury chaplain, Rev. Sam Marchetta, says, "The truth is that the difficulties of life cannot always be avoided. That is why we are here. We saw the necessity in providing opportunities for employees to grow in their faith and learn through life's challenges. We dream of providing a resource that employees can utilize to make good decisions, manage finances, and become a better partner or parent. Imagine what impact that would have on families and communities if we continued to provide all employees opportunities for purposeful growth."

Hard Work and Good Planning...

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their wellness by resistance exercises three times a week. They also know if they want a regular fitness routine at the Clubhouse of Thoburn Village, the fitness garage is right up the street.

All of this bodes well for their future plans of abundant living. They know there are no guarantees when it comes to aging but feel that they are in the right place no matter what the future holds. Karen will retire in 2017, and they are already planning for trips and events. Whether it is visiting historical locales, taking their muscle car to the Carlisle Chrysler Nationals, or just spending time with their family, Tom and Karen are confident that their choice to move to Wesbury's Thoburn Village is a big part of keeping their plans in place.

To learn more about Wesbury's maintenance free lifestyle, call 814-332-9009.

The Cure for the Couch Potato!

There are things that people who work within the senior population repeatedly hear, one of the big ones is: ***"everyone has a desire to stay independent."***

People also share that, as they age, they often become lonely, isolated, no longer enjoy hobbies or socializing, and lose physical strength. They tend to keep this to themselves as they do not want to burden others, or face moving to a "home." Many folks accept this as a natural part of aging. They simply expect and accept that as they age, they will decline, and no longer do the things they love to do. Here in Northwest Pennsylvania, it is not uncommon to get the "winter blues." It becomes harder to keep those goals to stay active, making it easier to settle in and become a couch potato.

Why is this a problem? Because it leads to inactivity and poor nutrition, which leads to weight gain, muscle loss, decreased endurance, poor balance, and even the mind begins to feel "fuzzy." By neglecting to care for ourselves in any of these areas, we will inevitably decline. The old saying holds true – "use it or lose it!"

So how can you stay independent, active, and healthy longer? Firstly, considering a move to a community like Wesbury, can actually mean GAINING independence. How? Because they free you from the burdens of maintaining your home as well as remove the need for you to depend on friends or family. People who move to Wesbury thrive. They regain strength, balance and endurance simply by walking to the dining room even if they don't bother with daily exercise class. They eat better because they don't have to cook for one person. They reconnect with old interests like socializing, painting, games, fishing, concerts, and movies. They enjoy going to church or bible study right on site. They don't have to miss out anymore simply because they don't drive or don't feel up to going out.

If you are not ready for a move, here are some ideas to beat the "winter blues" and becoming a couch potato:

- Exercise throughout the house. Walk through every room, up and down the stairs, get up and down from your chair, or do low impact chair exercises.
- Consider a DVD exercise program.
- Take a walk outside, walk the dog, get the mail, or walk at a mall, or park. Be sure to dress warmly and wear good shoes, as it is important to be safe when going out.
- Stretch, and make sure you get up and move at least once per hour. Break up long periods of sedentary time by changing positions. This can motivate you to get up and get moving around.
- Consider physical therapy. If you have significant loss of strength or endurance, you can talk to your doctor about having in-home therapy. Therapists can come to you, evaluate your home for safety, and help you develop an exercise routine.
- Join the local YMCA. They offer senior swimming, work out equipment, and a trainer to guide you, as well as "Silver Sneaker Classes."
- Area Senior Centers also offer exercise classes and all kinds of social engagements. Check out the monthly Active Aging Echo newsletter for offerings at each of their locations.
- Join Body Recall classes offered three days per week at Wesbury.

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Remember, it is just as important to keep the mind sharp as it is the body, especially in winter when we tend to have fewer engagements. Find something you enjoy doing, such as crossword puzzles, playing computer games, or learning to do something new like painting or playing an instrument. Try to commit to doing it for at least an hour each day. Stimulate your mind and improve your memory, your mood, and your health.

Wherever you are in your life, stay as active as you can, for as long as you can, in whatever way works for you! It's important to exercise your body, mind and spirit at all stages of life.

If you need a little motivation, come to Wesbury for the winter, where exercises for the body, mind, and spirit are included daily. Enjoy your stay at Wesbury's Cribbs Residential Center, Hillside Home or Thoburn Village for two weeks or longer and get the first week free! Just bring your suitcase; we will take care of the rest!

Meet HVA Senior Navigator Tom Erickson

You may have noticed billboards around the region for the "HVA Senior Navigator". This relatively new service was developed by Healthcare Venture Alliance (HVA) to support families in their research for a senior living community, care or support. The healthcare system can be fast paced and confusing especially if you are being discharged from the hospital and find yourself needing to make decisions on a day's notice. If you would like a non-bias senior resource to help you make the right choice, call HVA Senior Navigator, Tom Erickson, and he will be glad to help you "navigate" the many questions that arise when you are seeking help with the following:

- Skilled Nursing Facilities
- Rehabilitation Therapies
- Home Health and Hospice
- Help in the home
- Personal Care Communities
- Independent Senior Living options
- Senior living advice
- Insurance questions
- Waiver Program requirements
- Senior Center's locations

Tom does not represent just one area senior community or facility. He works for HVA,which is an alliance of regional non-profit health care facilities in the area, Wesbury included. He is also able to make recommendations about non-HVA member communities and services. Tom has lived in Erie all his life and has eight years of experience working in the senior healthcare field. Whether you're planning for your future or seeking assistance for a loved one, Senior Navigator Tom Erickson is a one stop solution for anything to do with senior living. Please feel free to contact him at 814-806-4556 or at tome@h-v-a.org.

The Many Benefits of a Charitable Gift Annuity

You've probably heard that a charitable gift annuity is a gift full of benefits – benefits galore! Yes, it is a gift, no doubt about that. But it can and does provide so many benefits to you. Let's take a look at them, one by one.

Income for Life

Each and every year for the rest of your life, you will receive a fixed, guaranteed, regular annuity payment. Your payment will arrive at the frequency you select: annual, semi-annual, or quarterly. You can arrange to have payments deposited automatically into your bank account or a check delivered by mail, whatever you prefer. It is money you can count on – you'll know the exact amount and when to expect the payments.

Impressive Rates

The payout rates for gift annuities are those recommended by the American Council on Gift Annuities (ACGA). These rates help ensure that the gift annuity is a good deal for the donor and that it will provide a significant long-term benefit to the charity and they encourage you to select a charity that is important to you, rather than 'shop for the best deal.' The result is that many donors find the rates to be more attractive than those their commercial investments are yielding. A number of our donors have waited until some of their CDs matured and then used the cash to fund a charitable gift annuity. This provided a much higher payout rate for the donor as well as an important gift for The Wesbury Foundation.

Safe and Secure

Perhaps you're wondering about the safety and security of a gift annuity – what guarantees that the payments will keep coming? What backs them up? First, our assets stand behind a gift annuity with The Wesbury Foundation. We're a financially strong, stable organization that has been in operation a long time. Funds we receive to establish gift annuities are put into a special gift annuity reserve fund to ensure that adequate funds are available to make the payments to all of our gift annuitants. A number of states regulate the issuance of charitable gift annuities, and The Wesbury Foundation abides by the regulations of each state where our annuitants live.

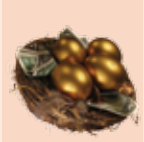
Income and Estate Tax Savings

Believe it or not, there are many tax benefits associated with a charitable gift annuity. A charitable gift annuity has two parts: an annuity portion – the part that funds the regular payments to you; and, the charitable portion – what remains for charity after the death of the last annuitant. The ratio of these portions trigger immediate and deferred tax savings to you. First, in the year that you establish the annuity, you are entitled to a charitable income tax deduction, which is useful if you itemize. Second, you, or whomever you've designated to receive the payments, will receive a portion of the payment tax free. Last, depending on the size of your estate and other factors, your estate could save additional taxes and fees.

Support for a Significant Mission

Last, but not least, your gift will provide you the satisfaction of knowing that you're supporting a significant mission. Thank you for believing in what we do and ensuring that our work continues for generations to come.

So, do you agree that a charitable gift annuity has benefits galore? We hope so! If you do, we can prepare a personalized gift annuity illustration for you, with no obligation. If you decide that a charitable gift annuity will work for you, we'll do our part to make the process go smoothly. Just let us know how we can help! Contact Rhonda Thomas of The Wesbury Foundation at 814-332-9264 for further information.



This publication is intended to provide general gift planning information. Our organization is not qualified to provide specific legal, tax or investment advice, and this publication should not be looked to or relied upon as a source for such advice. Consult with your own legal and financial advisors before making any gift.

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Nominate a Deserving Senior or Group

Wesbury is searching for nominations of extraordinary adults, age 65 and over for our 8th Annual Senior Tribute Awards. We are looking for groups or individuals who are working toward enhancing the lives of seniors. We know there are people doing phenomenal things in our community but we need your help to find them. To nominate someone, please complete this form and mail to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335 or contact Rhonda Thomas at 814-332-9264 for more details. Nominations may be submitted via email to foundation@wesbury.com. The deadline for nominations is July 31, 2016. Multiple nominations from the same nominator are acceptable. Please use one form per nomination.

I want to Nominate: _____
name of individual or group

Reasons why: _____

_____

_____

_____

Nominee Contact Information

Name (of Individual or Group) _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Nominator Contact Information

Name (Person Submitting Form) _____

Address _____

City/State/Zip _____

Phone _____

Email _____

Signature _____

This is a nomination for the following category:

❑ **An Organization or Individual** (who supports senior)

❑ **A Group of Senior Citizens** (these are groups of seniors who do exceptional things)

❑ **An Individual Senior Citizen** (this is an individual who is doing exceptional things)

This form is also available on our website at *www.wesbury.com*

WESBURY SENIOR TRIBUTE

(use additional paper as necessary)

How Can I Help the Sunset Auxiliary Support Wesbury Residents?

It's really easy - All you have to do is shop! While on the Wesbury campus, stop in the Gift Shoppe located in Grace Health Center and make a purchase. Attend the annual Chicken BBQ and browse through the used books, gently used rummage or delicious baked goods, and make a purchase. During their Holiday sale in November, you can purchase some gently used holiday items. All of the proceeds from everything you buy at the Gift Shoppe or at one of the Auxiliary's fundraising events are used to purchase items to benefit Wesbury residents. For a list of the 2015 purchases, see the box at right.

If shopping isn't for you, then you can always help by contributing in one of their "little yellow envelopes" during their annual membership drives at area churches. These monies are used to purchase hair care and gift shop gift certificates for resident birthdays, as well as support the Wesbury Benevolent Care Fund.

Founded in 1954, The Sunset Auxiliary is a network of individuals and groups within the Western Pennsylvania Conference of the United Methodist Church, who make friends and raise funds for the residents of Wesbury. They always welcome those who are interested in volunteering their time, or would like to be a representative, known as a "Key Person," in their church. For more information on the Sunset Auxiliary, please call The Wesbury Foundation at 814-332-9264, and ask how you can help.

2015 Sunset Auxiliary Purchases

- A computer on wheels to streamline the admissions process at Grace Health Center. This will improve efficiency and overall resident care.
- A height adjustable table for residents in wheelchairs to use for life enrichment activities.
- A 55" TV with mounting kit for the Braun Chapel/ meditation room. This will be used to show pre-recorded devotionals, prayers, educational material and small group trainings.
- A lightweight wheelchair for Cribbs resident/ transportation use.

We Are Not Your Grandma's Nursing Home

It seems as though the concept of a long-term care facility has been fighting misperceptions for a very long time. Based on dated beliefs and old media stories, the public has held this image of a depressing place where people drop off their family member who will spend their days sitting alone, listening to moaning neighbors, waiting around with the hope that someone would come to visit. In 2016, this view could not be further from the truth. Over the years, there have been many changes to the lifestyle of residents living in a care facility. Whether they are there for short-term rehabilitation or a long-term stay for any number of health and wellness related reasons, living in a care setting can be as purposeful as residents choose to make it.

Today, residents of Grace Health Center have more choice and involvement than ever before; we call it "Abundant Living." "Abundant Living" means there are no regimented schedules that residents must adhere to. With our "Natural Awakening" program residents greet the day on their terms; they get up when they want to. It doesn't end there. Living abundantly means residents have choice in their day. Maybe they prefer going to an art class before going to physical therapy; that is up to them. With open dining hours, residents have choice in what they want to eat and when they want to eat. Obviously, there are scheduled times in neighborhood dining areas, but if they prefer something different, made to order from the Neighborhood Grill after the noon hour; that is up to them also.

"Abundant Living" means you are making the most of where you are, and we work to encourage and support your personal interests. Throughout every day at Grace Health Center, there are life enriching activities and programs scheduled on each neighborhood or in the larger common spaces like Barco Chapel. Whether it is an art or music program, an exercise class, or just some fun and games, when checking the calendar of events you will find something for everyone. Activities calendars are posted on *www.wesbury.com* for family members to stay in touch with what is happening month to month.

Secure and accessible outdoor spaces allow residents to enjoy the nature that surrounds the Wesbury campus. Family pets are always welcome to visit, and local Pet Therapy programs make Grace Health Center a regular stop as animals have a way of bringing out the best of responses from residents who may be battling emotionally with their life changes. No matter the duration, we encourage total family participation in a loved one's care stay.

We recognize that it is never easy to face changes in our lives; Wesbury's Resident Ambassador Program consists of resident volunteers who are available in each neighborhood to help new residents acclimate to these lifestyle changes. They are there to answer any questions and to help address any concerns that might arise while navigating the unfamiliar territories that come with any move to a healthcare facility.

For more information about Grace Health Center, visit *www.wesbury.com*, or to schedule to a visit contact Gwen Smith, Admissions Coordinator at 814-332-9233.

When You Need Support, Do Your Homework!

If you or a loved one is faced with the choice of in-home services or a personal care environment, here are some things you need to know.

In-home care is a great way to prolong independence by hiring services to accomplish tasks that have become challenging, such as getting to appointments, taking a pet to the vet, cleaning or preparing meals. As needs increase, so do the costs. Typically a person reaches a point when in-home care is not meeting all of their needs to ensure 24-hour safety or has become too expensive.

Living at a personal care facility such as Wesbury's Cribbs Residential Center or Hillside Home offers residents the experience of a stress-free, private, personalized living environment that includes daily meals, socialization, health-stimulating activities and 24/7 access to nurses providing both quality of life and safety. Personalized Care is added as needed for additional costs.

A move to a personal care facility initially sounds costly, but when compared with what you are paying to stay in your home, you may be surprised how similar the costs are. While the notion of staying in your home seems great, it may not be the ideal situation long-term. Safety, quality of life and finances should all drive the decision.

To decide what is best for your situation, make a list of all of the home-related costs such as utilities, home repairs, property taxes, home maintenance, snow and lawn care and groceries as well as the costs for the services that you wish to hire. Compare these to the costs and inclusions of a personal care home and additional personal care fees. Wesbury's professional staff will also be happy to help you sort out the pros and cons of your options.

Low-income seniors with the need for in-home care may qualify for the PA Waiver Program to help defray in-home care costs. For details, phone Active Aging of Meadville at 814-336-1792. Veteran's benefits may also help toward in home care and personal care home costs. For more information, contact the area veteran's office at 814-333-7314.

Wesbury Life Enrichment Team Receives Top Honors for Providing Engaging Activities

On any given day throughout Wesbury, you will find residents of various skill and ability levels coming together in the name of artistic expression. Whether it is painting in the sensory art class, joining a drum circle, or listening to a fellow resident perform on the piano, residents have many choices when it comes to participation in the Arts.

In October, Wesbury's Grace Health Center Life Enrichment staff members and residents were recognized in State College at the Pennsylvania Activity Professional Association's (PAPA) 9th Annual Creative Arts Festival. They received their awards and were honored at a full group session during the conference.

Grace resident Mary Ann Ewing has a love of music. Each week, she plays piano for the Town Square neighborhood during their "Rise and Shine" program and for the College Way neighborhood in the afternoons. College Way Life Enrichment Coordinator, Ashley McLallen chose Mary Ann as her submission to PAPA. "I chose Mary Ann due to her love of all types of art, as well as her incredible talent and passion for playing the piano. She participates in many different art activities, like the sensory art class and reading poetry,

singing and playing the piano for other residents. Mary Ann has been playing the piano for many years and truly puts her whole self into the music she plays." At PAPA, Mary Ann and Ashley received top honors in the ***Performance Art*** category. Ashley submitted a video of Mary Ann's solo piano performance of the 19th-century spiritual song, "Nobody Knows the Trouble I've Seen." "It is not enough to be good at what you do, but you must love what you do," says Mary Ann.

Memory Support Life Enrichment Coordinator, Pam Schultz, spends her days with the residents living at Wesbury's Memory Support Center, who have a diagnosis of Alzheimer's disease, dementia or memory impairment. Some of the activities at Memory Support include an assortment of sensory stimulations, outings, woodworking, cooking, exercise, music or community service projects like "Cuz we Care," which won top honors in the ***Special Projects*** category at PAPA. This particular project was able to utilize the resident's talents and was done in two parts. The men of Memory Support built birdhouses from scratch and donated them to the nature trails at Wesbury and Woodcock Creek Park. The second part of the project was making dog treats for the Crawford County Humane Society. Memory Support residents prepared, baked, packaged and delivered the treats along with a basket of dog and cat items donated by Memory Support staff. "Giving back gives our residents a sense of community and self-worth as well as the health benefits that come with feeling good about something," says Pam.

Pam and Memory Support residents Charlotte Rosen and Rosy Nalpathchil were also recognized by PAPA. Charlotte submitted a watercolor painting that she drew and painted freehand. Her piece received third place honors in the ***Fine Arts*** category. Rosy submitted a collage that was started as a reminisce activity where residents looked through magazines for pictures and words that triggered a memory. Rosy glued them to a canvas and took second place in the ***Functional Arts*** category. She had added the phrase, "We Don't Remember Days…We Remember Moments." Wesbury is very proud of these residents and the creative staff members who helped make it all possible. After all, creating moments everyday is what it's all about.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Future Edinboro Community

- ❑ Send me the Wesbury DVD
- ❑ Send all information via e-mail
- ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2016 WW

E-Mail _____

Phone _____

EAGLE ACCREDITED ORGANIZATION

EQUAL HOUSING OPPORTUNITY

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Get Connected and Learn More!

Are you curious about Wesbury? We offer the following opportunities to get in touch and stay informed:

- Visit our website from your laptop, tablet or phone to take a virtual tour, join our email lists, learn about events and read our blog.
- Read our weekly blog posts and join the discussion about relevant senior living and healthcare related topics.
- Follow us on Facebook for invitations to events, enjoy pictures of resident activities and connect with family and friends.
- Learn answers to your individual questions about costs, affordability, lifestyle options, services and solutions for struggling families. All contact is confidential.
- If you have questions about your bill or need to schedule an appointment with the billing office, they have extended office hours on Wednesdays until 6:30 p.m. and the 3rd Saturdays of the month from 9:00 a.m. until 4:00 p.m.
- Organize a free lunch and tour for your church or social group.
- Plan a personal tour, come for a trial stay or join an activity for the day.

For more information contact the marketing department at 814-332-9009.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m. in Wesbury's McCracken Chapel. *Please note for February, the Parkinson's Support Group will be held on Thursday, February 11th at 1:00 p.m. This will be a special program about nutrition management for those with Parkinson's. For more information, phone 814-332-9705.

Parkinson's Delay the Disease Classes
Classes are located in the Thoburn Village Clubhouse on Mon. and Fri. at 10:30 a.m. and Wed. at 1:15 p.m. Call 814-332-9794 for more information.

Wizard of Oz
Join us to see The Wizard of Oz at Shea's Performing Arts Center in Buffalo, NY on April 7, 2016. Call 814-332-9794 for more information.

Body Recall Classes
Classes scheduled for Spring 2016 at Cribbs Residential Center on Mon., Wed., and Thurs. from 3:30 p.m. - 4:30 p.m. Call 814-337-2579 for more information.

Wesbury's 16th Annual Senior & Friends Golf Scramble
Thursday, June 16, 2016
10:00 a.m. shotgun start. Continental breakfast, boxed lunch and picnic buffet dinner included. Call The Wesbury Foundation at 814-332-9712.

Wesbury's 27th Annual Chicken BBQ & Craft Fair
Sunday, July 17, 2016 at 11 a.m. to 5:00 p.m. on Wesbury's campus. Call The Wesbury Foundation at 814-332-9712.

Wesbury's Senior Tribute Recognition Dinner & Auction
Thursday, October 13, 2016 at 5:30 p.m. Iroquois Club - Conneaut Lake. Call The Wesbury Foundation at 814-332-9712.

Seniors for Safe Driving
Classes scheduled for
May 18, 2016 at 5:30 p.m. - 9:30 p.m.
July 20, 2016 at 5:30 p.m. - 9:30 p.m.
Sept. 21 & 22, 2016 at 5:30 p.m. - 9:00 p.m.
Nov. 16, 2016 at 5:30 p.m. - 9:30 p.m.
at Cribbs Residential Center. Call 800-559-4880 for more information.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.

- Mission Statement -

EAGLE ACCREDITED ORGANIZATION

EQUAL HOUSING OPPORTUNITY