WESBURY WINDOW

Fall 2019
Volume 24 · Issue 3

Travel With Us to Italy!

For centuries, it was the center of civilization. Today, Italy takes our breath away with its historic cities and famous landmarks as well as its magnificent landscapes. In 2020, join Wesbury for a 10-day experience of "Classic Italy by Rail." We will depart from Wesbury to Cleveland's Hopkins Airport on Monday, March 30th and start our Italian adventure. Upon our arrival in Venice, we will first see what is called the "Jewel of the Mediterranean" via Venetian Gondola to our hotel. From there we will see Venice's glorious cityscape. It is a marvel of engineering feats, built on 118 small islands crossed by its world-famous canals. We will depart from Venice on a high-speed rail to Florence, the capital of the Italian Renaissance. Florence is steeped in the achievement of the great minds who found inspiration here, including Michelangelo. From Florence, we will travel by coach to the resort town of Montecatini, which will be our home for the next three nights. Our stay will feature excursions to Siena and Pisa before we return to Florence to catch a high-speed rail for our journey to Rome. With a history spanning 2,500 years, Rome offers a breathtaking overview of the highlights of Western civilization. From its incredible museums to the gorgeous Sistine Chapel and marvel of the Coliseum, this stop will put a cap on an unforgettable experience. From Rome, we will begin our journey home returning to Wesbury early on Thursday, April 9th.

Tour highlights include:

- Guided tours of Venice and Florence
- A visit to the Accedemia Gallery and see the sculpture of Michelangelo's David.
- Guided tour of Tuscan Siena known for its terracotta pottery as well as locally produced wines and olive oil.
- The Leaning Tower of Pisa
- Tour of Rome with a visit to the Coliseum
- Tour of Vatican City, the Sistine Chapel and St. Peter's Basilica

The cost for this trip is $3,968 based on double occupancy. Proceeds from the trip benefit the Wesbury Foundation's Benevolent Care Fund which helps support residents who have outlived their financial resources and require charitable care. The price includes free parking and roundtrip bus transportation from Wesbury to the airport; air departing and returning to Cleveland; motor coach and high-speed rail in Italy; 11 meals (8 breakfasts and 3 dinners).

A deposit of $250 per person is due upon making reservations. The balance is due December 18, 2019. For information and reservations phone Melissa Grinnell at 814-332-9712.
Per favore unisciti a noi!

The Apartment Complex Transformation Has Begun!

Architectural rendering of the exterior facade of the future Wesbury senior apartment complex.

Wesbury purchased the former Days Inn, located at 18360 Conneaut Lake Road in Meadville, with the vision to create a moderate-income apartment complex with amenities that will appeal to active seniors. Since the purchase, many who are interested have been anticipating the time when that vision would begin to take shape.

Behind the scenes, work has been going on the entire time. The architectural designs are complete, plans have been submitted to the various agencies for permitting, subcontractor bidding is in process and demolition is well underway. Today, walking through the corridors and peering into rooms reveals a building interior emptied and stripped down to the studs in preparation for renovation. Once the final approvals are in and the subcontractors are selected, the conversion from hotel to residential living will begin.

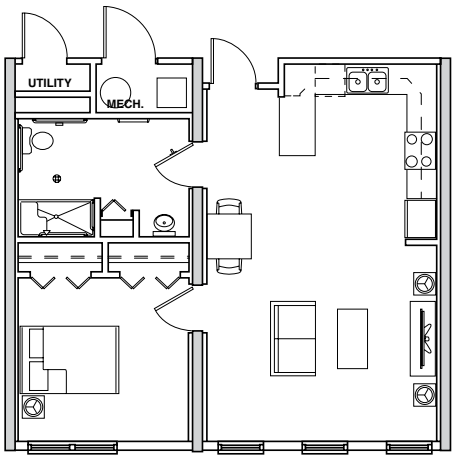
The first phase will transform the dated exterior of the building into an inviting and modern residential structure. The lobby, public restrooms, fitness center, pool, and locker rooms will be renovated, and 15-20 one and two-bedroom apartments will be completed on the first and second floors.

Moving forward, ample common areas for socialization will be added. The two-story building, equipped with elevators, is expected to house up to 50 apartments when the project is complete. The property is conveniently located to shopping and restaurants, offers ample parking, and will also be on the CATA bus route.

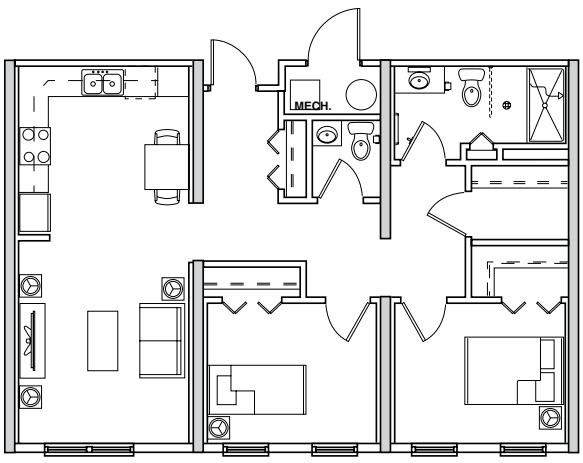
As construction gets underway, Wesbury administration will be researching the costs and inclusions in order to determine what the monthly rent will be for each apartment type. There will not be an entrance fee, and most utilities are expected to be included. This is not low income (HUD or tax credit) housing; however, the goal is to keep the rent modest.

"We are very excited to see this opportunity to fulfill a need in our community begin to take shape." says Brian Nageotte, Wesbury President and CEO, "while it has been a long road to get here, we know it will have been worth the wait."

There is already a great deal of interest in the project. Those who are interested in learning more should contact Melissa Porter at 814-332-9238 or mporter@wesbury.com and ask to be added to the interest list in order to be kept informed as details become available.



One bedroom apartment floor plan



Two bedroom apartment floor plan

Please note: Furniture is shown for illustration purposes only. Apartments will not be furnished.

The materials, designs, square footages, features and amenities depicted are subject to change and no assurance is made that the apartments will be constructed as shown. Floor plans shown are artistic renderings and not to any particular scale.

Why Generations Have Chosen Wesbury

We have had the privilege to care for many individuals and their families going back decades. As we start our second century of service to the Northwest Pennsylvania region, we asked residents who had family members who lived at Wesbury about their experiences and how they shaped their decision to call Wesbury home in their own words.

Thoburn Village resident, Carol Davis:
"My first encounter with Wesbury was when it was the United Methodist Home where my great grandmother lived after moving from the original location in Conneautville. I remember visiting her as a little girl with my parents. My second experience was when my grandfather had surgery, I was probably a teenager at the time, and he went to the Methodist Home for a rehabilitation stay. The nice thing was that they arranged for my grandmother to stay in one of the guest rooms so she could be with him. Later, a family friend, who we referred to as our "Aunt Kathleen," was a resident at Cribbs and then later at Grace. I would come almost every Sunday to visit with her. And then, "out of the blue," my mom called my sister and me to tell us she decided to move to Cribbs. I'm sure the reason she made that decision was because of our family's history with Wesbury. My mom lived here for 12 or 13 years living at Cribbs and then Grace. When my husband Dave and I lived in the Kane area, I was connected to Wesbury as an Area Key Person in the Sunset Auxiliary. When we moved to Saegertown, I served on the Auxiliary Board. We always knew at some point we were going to live at Wesbury, too. We never considered anywhere else. We moved here only three or four years after my mom passed away, and my sister kept saying, "It's too soon, it's too soon," but I will tell you, neither one of us knew the health problems we would have in just two years after arriving. Wesbury has been a wonderful support to both of us, and we feel we made a very wise decision in moving here when we did."

Photo 1: Carol & Dave Davis
Photo 2: Carol's mother, Emily
Photo 3: Carol's great grandmother, Ida Mae and Carol's grandfather, Charles
Photo 4: "Aunt Kathleen"

Cribbs Residential Center Resident, Phyllis Weltner:
"I grew up in Oil City and as a Methodist, always heard about the Methodist Home in Meadville, but going way, way back it was my uncle and aunt, who were the first that lived at the Methodist Home. My Aunt Alva had a sewing machine and she would make aprons and other items that were sold in the gift shop. That was an influence on me as a girl as I would later become a quilter. Then, my grandfather was at Grace before he passed away. He was just shy of turning 100 and Grace was only in operation for a few years at that time. My mother was also at Grace for 11 years after she had a stroke. I was living out of the area at the time, but when I visited, I always felt she received wonderful care. I was here the day she died, and what impressed me about the staff, is that they stopped by to pay their respects and lend support and comfort. With my family's history here, I knew I would always come at some point. So, here I am, many years later. When I decided to move to Cribbs, I made sure I could bring my sewing machine so I could do my quilting and sewing and bring my Aunt's tradition full circle. For me, it's like coming home since so many of my family members have been at Wesbury. Everybody has been wonderful here. The staff stops by and always asks if there is anything they can do for me. Another neat aspect is getting to know my fellow residents. My first day at Cribbs, I sat down for lunch and low and behold the person at my table lived across the street from me in Franklin. We got to talking and it was amazing how our childhood stories just fit each other like a glove. I've made connections with other residents in my short time here. I guess it speaks to us all growing up in the same era and area. It really is neat that we are able to have a good conversation about the things we have in common and get to know new friends...I love it here."

right: Phyllis in her Cribbs apartment
below: Phyllis (3rd from left) with her grandfather, mother, daughter & granddaughter

continued on page 4

Why Generations Have Chosen Wesbury *(continued from page 3)*

Thoburn Village Resident, Barbara Shick:
"I grew up in the area close to Cambridge Springs. After graduating from high school, I went to business school in New Castle, and eventually got a job at GE. After my first husband passed away, I met Leonard at GE, and re-married. Once retired, we were getting tired of all the snow and wanted to move to Asheville, North Carolina, near the mountains, but didn't find anything suitable. I did some investigating and found some listings for "mountain views" in Georgia. We built a house and lived there for 11 years, but started missing family. After Leonard had a stroke, I had to take care of our place, so I started to look into continuing care communities around us. We went to the meet and greets, but ultimately they were just too expensive. After additional internet searches, I found Wesbury. Even though I grew up in the area and drove by Wesbury a lot, I didn't realize it was there! I sent for information and decided this would be a good place for Leonard and I. I asked my mom to make an appointment to look around and let me know what she thought. She was very impressed with the home she toured and it ended up being the one we are living in now. We soon decided to pack it up, head north, and move to Wesbury. After living here for a few years, my sister called saying mom, who was living alone in Cambridge Springs, was having anxiety and no longer felt comfortable alone. I told her it was time to come to Wesbury. She is now living in one of the new kitchenette apartments at Cribbs and is very happy. I am right here if she needs anything, it has really worked out for us. She is not alone, and has met people she grew up with that are also at Cribbs. It's kind of a small world and nice that Wesbury has been able to bring us all together. For me, the peace of mind is two-fold. There is the peace of mind for Leonard and me in living at Wesbury, but there is also the peace of mind that mom is also here, safe, and being cared for by people I know and trust."

Barb (right) visiting her mom, Mary at Cribbs Residential Center.

Thoburn Village Resident, Adrienne Geddes:
"Wesbury was familiar to me as I lived in Cochranton and would come to Meadville a lot and I would see things written about Wesbury in the local paper. We first took interest when we read an article about how great it was to live here in the new apartments. That article got my husband Jack and me to start considering that type of independent living lifestyle, but we had just built our retirement home in Cochranton and felt we were all set. But we didn't have anyone to take care of us later, so that was an intriguing aspect of living at Wesbury. Around that time, Cribbs was being remodeled and getting ready to have their open house to show off their new spaces. It was 1995 or so when Jack, my mom and I first came up to tour. That trip planted the seed of Wesbury. A few years later, mom decided to get on the waitlist for a Garden Apartment in Thoburn Village. After a year, none were open, but she got a call saying there was a two-room apartment available at Cribbs. She toured and decided to take it. As we visited with her, we thought more and more about moving to Wesbury ourselves. By 2003, I was retired, so we toured a few villas. We liked the location of our villa, so we moved in. While we didn't realize we would find a place so quickly, we quickly realized this was the place to be and I have never regretted it, even when I was 60. I appreciate a lot about living here like, not having to do any yard work, home maintenance, or shoveling snow in the winter. I also appreciate the field trips and activities available. Wesbury makes things easier, and the older I get, I value that. I was also close by to my mom and was able to make sure she was doing well and doing the things she wanted to do. She was a huge Pittsburgh Pirates fan and made sure games could be shown at Cribbs. Mom also made great new friends. You don't think you will meet some of your best friends late in life but she did. They would meet in the kitchen at Cribbs and bake or make meals to share and be together. I like that moving here kept us so close, and always allowed us to do the things that we wanted to do. You just don't get that type of experience everywhere."

Adrienne (left), her mom, Doris (center), and Doris' friend Ada attending Wesbury's resident Halloween party.

It means a lot to us that generations of family members have made Wesbury their home. If any of their stories have piqued your interest and you want to find out for yourself what living at Wesbury is all about, call Melissa at 814-332-9009 to schedule a visit.

Grace Rehabilitation and Health Center Maintains the Coveted 5-Star Rating!

Since 2017, Wesbury's Grace Rehabilitation and Health Center has held a 5-star rating in Quality Measures from the Centers for Medicare and Medicaid Services (CMS), and in March 2019, Grace achieved an overall 5-star rating! This is no small accomplishment! It requires consistent top quality care and service on Wesbury's part with much federal oversite and review.

CMS is a federal agency within the United States Department of Health and Human Services (HHS) that administers the Medicare program and works in partnership with state governments to administer Medicaid, the Children's Health Insurance Program (CHIP), and health insurance portability standards.

The "Long Term Care Stay" and "Short Rehabilitation Stay" quality measures, are calculated separately and then a total score is given. There are seven short stay quality items and nine long stay quality items measured. These areas include controlling pain, pressure ulcer development rates, medication management and infection prevention, as well as if the resident's physical functions improve or decline. The data that is collected from CMS to determine these measures has changed and evolved over the years to include Minimum Data Set data (MDS). The MDS was originally developed to provide consistent quality of care assessments to all nursing home residents and became a reimbursement tool that now serves dual purposes.

The acuity of the residents we serve is also compared to Grace's staffing levels to ensure we have enough staff to care for those we serve. CMS looks at claims based measures as well, for example, how many times we send Grace residents to the Emergency Room for treatment. Lastly, they look at our annual state survey results and assign a rating according to how well we did. CMS has worked over the last several years to standardize the survey tools to ensure consistent surveys from all sites visited. A positive review of all of these areas combined has given Wesbury's Grace Rehabilitation and Health Center its 5-star overall rating.

What does this mean for our consumers?

"Thankfully, Wesbury keeps quality of care at the heart of what we do every day," says Grace Administrator, Sheila Bundy. "There are variables to this star rating, sometimes outside of our control, and we work hard as an organization to achieve this rating. While our goal is to sustain this, there are frequent changes made to this system. For example, they may add a new measure, and rate us on data collection from a year ago. While we may have corrected the issue, we will still be rated on that old data. So ask questions, be a wise consumer, and know that Wesbury will continue to strive to be the best that we can be to meet the needs of those we serve."

front l. to r.: Sheila Bundy - Administrator Grace Rehabilitation and Health Center,
Autumn Ferringer - Assistant Director of Nursing,
back l. to r.: Brenda Renfro - Reimbursement Coordinator,
Alishia Stevenson - Director of Nursing

Get the Most Out of Your VA Benefits

Sweeping Veteran's Administration (VA) rule changes at the end of 2018 impact all Veterans and spouses who need (or may need) long-term care in the future. Specifically, VA benefits have great potential for persons needing in-home care and assistance, or personal care. Properly used, the Homebound and Aid & Assistance benefits can be a tremendous financial resource for Veterans and spouses seeking to pay for ongoing care. For example, a wartime veteran who meets the required criteria may receive up to $1881.40 in Aid and Attendance funds to help pay for living at Cribbs Residential Center or other personal care homes. Attorney Tye Cressman, Esq., CELA, will present "Maximizing Veteran's Benefits in 2019" on Tuesday, November 12th at 2:00 p.m. in the Barco Chapel at Grace Rehabilitation and Health Center. He will review the current eligibility guidelines for VA benefits and discuss planning options that apply to Veterans and families seeking eligibility.

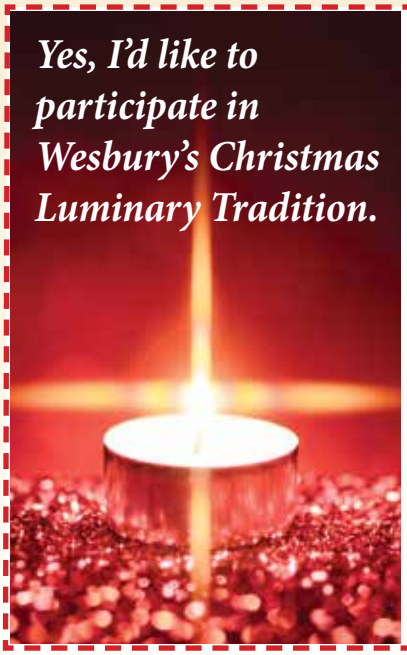
Tye Cressman is a Certified Elder Law Attorney (CELA) focusing on the areas of elder law, estate planning, Medicaid planning, trust formation, and special needs planning. He was certified as an elder law attorney by the National Elder Law Foundation (NELF) in 2014 and accredited to represent claims of Veterans in 2012. This program is free and open to the public. To RSVP, call 814-332-9009 or email info@wesbury.com.

Be a Part of Our Christmas Tradition

On one special night, at the genesis of the holiest of seasons, luminaries are placed around Wesbury's campus at the Resident/Family Christmas Reception. As the flames dance, they create a spectacularly moving holiday display that serves as a symbol of Wesbury's care and compassion. For a charitable donation, a luminary candle is lit in memory or in honor of friends and loved ones. Throughout the years, many have made this charitable remembrance a part of their holiday giving traditions.

By making a gift to Wesbury's Benevolent Care Fund, you are helping to support the residents who have outlived their financial resources and depend upon Wesbury for care and financial support throughout the year. For a charitable donation, a luminary candle can be lit in memory or in honor of friends and loved ones during the 2019 Resident/Family Christmas Reception on Friday, December 13th. Additionally, Tribute luminary posters are exhibited in Grace Rehabilitation and Health Center and Cribbs Residential Center so residents and guests can enjoy the tribute messages throughout the entire Christmas season.

If you wish to take part, please return the coupon with your tax-deductible, charitable contribution to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335. Donations will also be accepted at the reception areas of either Grace Rehabilitation and Health Center or Cribbs Residential Center.



❑ $1,000 ❑ $500 ❑ $250 ❑ $100
❑ $50 ❑ $25 ❑ Other _____

Name _____

Address _____

City _____

State _____ Zip _____

E-Mail _____

Phone _____

Please light luminary: (please print)

❑ In Honor of _____

❑ In Memory of _____

Make checks payable to The Wesbury Foundation.

Join Us in Celebrating our 2019 Senior Tribute Honorees

It was a Founder's Day celebration and auction fundraiser in 2008 that planted the seeds for our annual Senior Tribute Banquet and Auction. That first year, we honored long-time Wesbury residents with their stories and accomplishments. As we told their impressive stories, we thought there had to be individuals and groups all around the region who deserved to have their deeds and endeavors recognized. There forward, the event evolved into the Senior Tribute event, where we ask the public to submit nominations of individuals and groups who are doing great things for seniors in their communities. Once all nominations are received, a panel of volunteers goes through them to choose the year's honorees. Over the years, we have recognized dozens of individuals and groups, while raising money for Wesbury's Benevolent Care Fund from the proceeds of the silent and Chinese auctions held during the event. The Benevolent Care Fund supports residents who have outlived their financial resources and require charitable care.

If you missed this year's deadline for nominations, you can always be a part of next year's event! The Wesbury Foundation accepts Senior Tribute nominations throughout the year. Nominations can be submitted via forms found at *www.wesbury.com*, or email rthomas@wesbury.com, or they can simply be written on a sheet of paper and sent to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA. 16335. The deadline for next year is July 31, 2020.

The 2019 Senior Tribute Banquet and Auction is Thursday, October 10th at the Iroquois Club in Conneaut Lake, PA starting at 5:30 p.m. The following remarkable individuals and groups will be honored:

Mrs. Connie L. McIntyre
Titusville, PA
Mrs. Ceil J. Marsteller
Meadville, PA
Mr. Mark E. Roche
Cochranton, PA
Mr. Paul E. Sallade & the Mustard Seed Mission
Venango County, PA
Wesbury/Juvenile Probation Mealtime with Mentors
Meadville, PA

If you would like to support the event by attending, donating a basket for auction, or providing funds for items that go into the various baskets or raffles, please call the Wesbury Foundation at 814-332-9264.

A Career of Compassion

With a growing senior population, the nation is facing a large need for health care workers. For those considering a career, health care is certainly an area of opportunity. In order to meet our own staff needs and to support the community, Wesbury offers Certified Nurses Aid (CNA) classes, graduating several groups a year. We also work with the local Vo-Tech and colleges. There have been many stories of staff who started at Wesbury in an entry level position that were touched by the fulfillment of caring for others and were encouraged to continue their education and career growth.

One such story is that of Mikaela Miller, RN, who first came to Wesbury as a Licensed Practical Nurse. "Two years after working as an LPN at Wesbury, I decided to go back to school to become a Registered Nurse. Wesbury worked with my schedule so I could take classes full-time and still maintain my job. It's such a good atmosphere to work in. I love my co-workers, they are extremely supportive, they work as a team, and the residents are awesome! My Nurse Manager, Charlie Peirsel, had a big impact on me wanting to be an RN. I watched her interact with the residents, manage her floor and she is just wonderful. I decided I wanted to be a great RN just like her. During nursing school, I would stop in her office and she always gave me confidence and told me I was going to do fine and be a great nurse. This job is very rewarding and the residents are so wonderful. They have such neat stories and are fun to be with just like the rest of the team. Nursing is tough, but the rewards are worth it!"

Working with seniors is truly rewarding. They share the gift of their life experiences and wisdom. When you work in someone's "home" it's so much more than just "going to work" it's being a part of a big extended family.

If you or someone you know is considering a career in health care, Wesbury has opportunities from housekeeping and dietary to various levels of nursing and more. Becoming a Certified Nurse Aid can be a great way to get started. Notices of upcoming CNA classes and other open positions can be found at *www.wesbury.com*. Wesbury is an Equal Opportunity Employer.

Thank You for Supporting Our Summer Fundraisers

The start of summer always brings in some of the biggest events on the Wesbury calendar. In June, Wesbury's annual Senior and Friends Golf Scramble takes place at the Meadville Country Club. There is a popular joke that it never rains on a golf course. Unfortunately for our 2019 Golf Scramble, this is not true, but we almost got in the full round of play before being called in. On the bright side, our 21 teams of golfers helped us meet our goal of raising over $12,000 for The Wesbury Foundation's Benevolent Care Fund. We are grateful for the support of our golfers, volunteers, and sponsors of this great event. We also congratulate all of our winning teams. We are reasonably sure that next year, the weather will be much better because it never rains on the golf course!

Coming off a mid-July week of sweltering heat and humidity, early morning rain did not dampen the enthusiasm at the 4th annual Chicken Run 5K Run/Walk. The race started with a cheer from the Meadville Area High School cheerleaders, and although the ground was still a little slick, the 118 runners and walkers had a great time. Congratulations to our overall winner, Nathanial Turner, who ran the 5K in under 20 minutes! The employee-led Chicken Run Committee did an excellent job working together to make the event a huge success! Thanks to their efforts, the event had the most participants and sponsors to date, and raised over $8,000 to support the Wesbury residents they serve!

While we had a bit of drizzle to cool down the day before, we had near-perfect weather at our 30th Annual Chicken BBQ and Craft Fair. Whether relaxing in the shade listening to one of the musical entertainers; playing games at the Kid's Zone; browsing about the classic cars, unique crafts, vendors, used books, and Granny's Attic Rummage Sale; or enjoying a delicious chicken and rib dinner with friends and family, it was hard not to have a good time experiencing everything the BBQ had to offer. We want to express our sincerest thanks to our attendees, the more than 300 volunteers, our vendors and crafters, the musical entertainers, and Classic Iron Car Club for their participation. We also thank our Sunset Auxiliary and all of our event sponsors as well as the Wesbury staff who prepared and served a record-breaking 2,772 chicken and rib dinners to the estimated 3,000 plus people who were in attendance!

While we look at this summer as being one of our most successful summers ever, it is Wesbury residents who directly benefit from these wonderful events. We look forward to seeing you all again, same time next year!

Advantages of an On-Site Chaplain

Rev. Sam Marchetta sharing "Life Lessons Over Lunch" with Wesbury employees.

Wesbury's Christian roots run deep. Over a century ago, we were founded by the ministers and laymen of the Erie Conference of the United Methodist Church, and caring for the body, mind, and spirit has been a cornerstone of our mission. Wesbury's history is steeped in the spiritual support of many ministers and chaplains serving residents and their families.

While many healthcare facilities have moved away from having an in-house Pastoral Care Program run by an onsite Chaplain in favor of visiting clergy and congregation members to meet the needs of those living in care environments, at Wesbury, it remains a top priority. We are blessed with an engaging, compassionate and very approachable Chaplain, Rev. Sam Marchetta.

The primary difference between a pastor and a chaplain is that a chaplain is trained to provide non-denominational ministry to support a resident or a patient on his or her faith journey. It is a resident-centered ministry where the chaplain serves to work alongside a resident's local clergy if at all possible. The ministry of chaplaincy is both specific in training and broader than a pastor and specifically focuses to a certain age group and setting in which they reside. Spiritual needs that arise can include everything from loss of meaning and purpose to frustrations with an illness, loneliness, guilt, and shame. These frustrations can lead many residents to ask questions regarding their faith: "Where is God in all of this?"; "If God is good, why do these things keep happening?"; "Why am I still here?" or "God must be getting back at me for what I did in the past?"

Families are unlikely to use the term spiritual distress, but that doesn't mean that they are not experiencing it. Spiritual struggle is always revealed as a change of loss and meaning and trying to reconstruct what is purposeful.

At Wesbury, we address these needs under the direction of Rev. Sam Marchetta, Director of Pastoral Care. We also have trained eight Stephen Ministers under his guidance who provide friendly visitation and active listening for residents who desire additional support. This group is made up entirely of other Wesbury residents who are required to keep confidentiality.

According to Rev. Sam, they make available a variety of advantages for Wesbury residents, their families, staff, and volunteers alike, "Being a staff member myself, my relationships in the Nursing and Life Enrichment Departments can provide me with alerts on which residents are struggling and in need of spiritual support. It can lead to me or a Stephen Minister's interactions and individualized focus through visitations, chapel services, weekly devotionals, Bible Studies, and prayer times. This is uniquely entrenched in the life of our community."

"It's an incredible and unique blessing to work in an environment where God is welcome in the workplace, support is available to staff and prayer is offered at meals and sometimes before leadership meetings." notes Melissa Porter, VP of Sales and Marketing. "But what's more, is knowing our residents have support whenever needed. Often senior years are a time in life when our need for spirituality reaches a peak and yet the availability of it is challenging. I love that Wesbury values and fulfills this need, and our church services are packed!"

To find out more about Wesbury's Pastoral Care programs and services, Rev. Sam Marchetta can be reached by email at smarchetta@wesbury.com or by phoning 814-332-9246.

Numbers from *The Impact of Professional Spiritual Care*

70% of patients want at least one visit from a chaplain.
71% of patients want chaplains to offer support to family and friends.
62% of patients want chaplains to pray or read scripture or sacred texts.
78% of patients want chaplains to remind them of God's care and presence.
69% of patients want chaplains to be with them during times of particular anxiety or uncertainty.
39% of patients want chaplains to counsel them regarding moral or ethical concerns or decisions.

Wesbury is going to the Dogs (and Cats)!

Thoburn Village Dog Park Committee members l. to r. Greg Brink - Thoburn Activities Director, Carol Beers, Elaine Reyer, Mary O'Day and Pete (Thoburn residents). Standing: Larry Marsteller, Thoburn Village Administrator.

Wesbury's Thoburn Village strives to be active and engaging in every way – including being a pet-friendly environment that is home to many cats and dogs! Many of these furry friends visit with residents of Grace Rehabilitation and Health Center and Cribbs Residential Center and are seen walking with their owners around campus.

With a growing number of pets living at Wesbury, a committee of residents and staff has formed to create a new on campus Dog Park for use by Thoburn Village residents and Wesbury staff. The idea is to have a place where the dogs can be safely off leash and really have a chance to socialize. This is also to be a place for "Dog Park Parents" to socialize as well, so there will be a bench and picnic table at the park and residents without dogs are welcome to come and pet a pup. Dogs will be owner supervised at all times, as this is not a doggie day care! Residents and staff members who join the Dog Park will sign a contract that stipulates vaccinations and health precautions will be met to keep everyone safe and pay a small monthly fee.

"As a pet owner I am looking forward to interacting with other dog lovers in a casual, comfortable place. Pete is very laidback, really likes other dogs and this will be an opportunity to be up close and personal with his friends without tangled up leashes." Says Mary O'Day, Thoburn Village resident and committee member.

Higher energy dogs will be able to run freely without dragging their owners along, and some dogs who have never had the opportunity to freely interact with their peers will gain socialization. This dog park will facilitate interaction among residents (dog owners or not) by providing a venue to chat, enjoy watching dog antics, and just being together without an agenda.

Larry Marstellar, Administrator of Cribbs Residential Center and Thoburn Village, says, "Wesbury's Administration and I, personally, know the benefits that pets bring to our lives and recognize some of the challenges they create also. In an effort to provide for a pet friendly campus and help minimize some of those challenges, we have dedicated this area where owners can supervise their unleashed dogs in a safe, healthy environment and will give residents and pets, a nice outdoor area to visit with their human and four footed furry dog members of our Wesbury Community."

The fees collected with membership and other fundraisers for the Dog Park will supply the funds for construction materials, tables, benches, ongoing maintenance and "doggie" clean up bags. If you are interested in supporting our new Wesbury Dog Park, The Wesbury Foundation is accepting donations. Be sure to label your donation "Dog Park."

In honor of the new Dog Park and in an effort to raise funds for the residents, The Clubhouse at Thoburn Village is offering a day trip to see "Cats!". Join us on Saturday, February 29, 2020 as we take an Anderson motorcoach trip to Pittsburgh's Benedum Center. This will be a matinee show and dinner at The Church Brew Works is included in the $210.00 cost. For more information, call Greg Brink at 814-332-9794.

The Thoburn Village Dog Park Committee members get the approval of Pete and Chance on where the dog park will be.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ Care Cottages
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Other Areas of Interest

_____

- ❑ Send me the Wesbury DVD
- ❑ Send all information via e-mail
- ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2019 FW

E-Mail _____

Phone _____

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Who Says You Can't Go Back?

When we are young, the summer seemed to last forever. We had big plans of hanging out with friends, spending hot days at the pool, or maybe going to summer camp. The long days would lend themselves to unbridled adventures that we eagerly looked forward to sharing with our friends when we started the new school year. As time moves forward, and responsibilities take precedence over our lives, we long for those fun carefree times.

Residents of Thoburn Village got to relive some of those fun times spending a few days at Camp Fitch on the shores of Lake Erie. Incorporating a spiritual component to the fun of camp, the residents spent their days canoeing, kayaking, jet skiing, swimming, horseback riding, taking nature hikes, making arts and crafts, and bird watching while also taking the time to reflect on God's love at daily devotionals and reflections with Wesbury chaplain, Rev. Sam Marchetta.

According to Greg Brink, Thoburn Village Activities Director, "We had such a wonderful time at Camp Fitch. It's like being a kid again. Whether using the rope swing to jump in the lake or telling stories around the fire, this shared experience is full of fellowship and fun which builds stronger relationships in the Wesbury community. We can't wait to go back!"

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m.

Parkinson's Delay the Disease Classes
Mon., Wed. & Fri. at 10:30 a.m.
Both are in Wesbury's Thoburn Village Clubhouse. For more information, call 814-332-9794.

Seniors for Safe Driving
Refresher classes scheduled for
Oct. 16, 2019 at 9:00 a.m. - 1:00 p.m.
Nov. 20, 2019 at 5:30 p.m. - 9:30 p.m.
Classes at Cribbs Residential Center.
For more information, call 800-559-4880.

Bridges Caregiver Support Group
Free dementia caregiver education.
Learn tactics. Share ideas.
3rd Wednesday of the month
2:30 p.m. - 4:00 p.m.
Wesbury Cribbs Residential Center
McCracken Chapel
Call 814-332-9238 for more information.
RSVP not required.

Wesbury's Senior Tribute Dinner & Auction
Thursday, October 10, 2019 at 5:30 p.m.
Iroquois Club - Conneaut Lake
Call The Wesbury Foundation at 814-332-9712.

Country Crafters
Friday, Nov. 1 – 10:00 a.m. – 6:00 p.m.
Saturday, Nov. 2 – 10:00 a.m. – 4:00 p.m.
Sunday, Nov. 3 – 10:00 a.m. – 4:00 p.m.
Wesbury Cribbs Residential Center's Community Room.

Sunset Auxiliary Holiday Sale
Thursday, Nov. 14th from
1:00 p.m. to 5:00 p.m. & Friday,
Nov. 15th from 9:00 a.m. to Noon
Wesbury's Campus Community Center.
Call The Wesbury Foundation at
814-332-9381 for more information.

Maximizing Veteran's Benefits in 2019 with Attorney Tye Cressman
Tuesday, Nov. 12th, 2:00 p.m.
Grace Rehabilitation and Health Center's Barco Chapel. Call 814-332-9009 to RSVP.

Wesbury Resident Family Christmas Reception
Friday, Dec. 13th, 6:00 p.m. - 8:30 p.m.
Cribbs Residential Center, Grace Rehabilitation and Health Center & Memory Support Center.

"CATS!" Bus Trip
See the musical "CATS!" on Sat., Feb. 29, 2020
Benedum Center, Pittsburgh.
For more information, call 814-332-9794.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -