WESBURY WINDOW

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Join Us as We Travel to New Orleans, Graceland and Ark Encounter

These wonderful destinations are all part of Wesbury's 2017 trip! There is no better time to visit America's true south than in the spring time when nature is coming into bloom. Travel with us for an 8-day trip through the heart of Dixie. We will depart from Wesbury on Saturday, March 18, 2017, via Motorcoach and visit a host of famed attractions steeped in southern charm along our journey.

Our first stop, Williamstown, Kentucky features one of the country's newest attractions, "Ark Encounter." At 510-feet long, 85-feet wide, and 51-feet high, this engineering marvel is constructed to the specifications of Noah's Ark given in the Bible.

From "Ark Encounter" we will head through Tennessee, stopping in Memphis to tour "Graceland," home of American royalty, "The King," Elvis Presley. At "Graceland," we will tour Elvis' residence as well as the gardens and vehicles used by Elvis. Feeling the music, we will stay in Memphis overnight, enjoying the city that is home to the "Birth of the Blues" as well as delicious BBQ.

Following breakfast, we will follow the "Big River" south to Natchez, Mississippi, the "Antebellum mansion Capitol of the South." In Natchez, we will visit "Stanton Hall," a beautifully restored, 1858 mansion that covers an entire city block!

Finally, it is "festival time!" as we head to the Crescent City, New Orleans. Upon checking-in at "Maison Dupuy," our hotel located in the heart of French Quarter, you will be able to explore the cuisine, the music and the celebratory atmosphere. We will dine at world famous restaurants like the Café du Monde, Brennan's, and the New Orleans School of Cooking as well as explore "Mardi Gras World" with a guided tour of costumes and floats from past Mardi Gras. New Orleans is world-famous for its abundance of unique architectural styles which reflect the city's historical roots and multicultural heritage. You will also have the option of free time in the French Quarter or may choose to add on a "Swamp Boat Tour of the Southern Louisiana Swamplands and Bayous" for $30.00. On this excursion, you will see moss-draped cypress trees, fascinating plant life and the creatures that make their homes in this area.

As we bid farewell to New Orleans, we will head to Mobile, Alabama for a visit to Bellingrath Gardens on our way back North, returning to Wesbury on Saturday, March 25, 2017.

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Ark Encounter photo courtesy of www.ArkEncounter.com

Being "Hillside Strong"

"Strength can be discovered, regardless of age."
- Tim Dunn, VNA Alliance Head Therapist

As we age, we hope that we will have the movement and balance we have been afforded for our entire lives. We think there will be no problem getting from A to B in any setting. Whether it is walking around town or going from the kitchen to the bedroom, we believe we will accomplish that task with the ease we always did. And then, we reach a point where that ease of going from room to room is no longer there, and the possibility of a sedentary lifestyle taking hold becomes more and more likely. When visiting a personal care setting your first impression may be that of a more inactive lifestyle. You see walkers or wheelchairs where some residents may need some assistance in many areas of their day to day worlds, including their mobility.

At Wesbury Hillside Home, Administrator Cathi Hanson and VNA Alliance Head Therapist Tim Dunn began a six-month program called "Hillside Strong" that looked to change that perception and prove residents in a care setting can get stronger. The results they hoped to see were less falls, better balance, endurance, and a greater understanding of how important it is to keep moving.

In April, residents were divided into three teams. Team names: Stepping Up, Bananas, and Up, Up, and Away. Each team consisted of eight residents and a "Captain" staff member. By participating or showing up for a variety of activities and events residents received "Walking Points" and "Stand Up Points" monitored and awarded by the "Captain" every day. Other ways of gaining points included outings with family members and Cathi also had the "power" to award points. Tim met with all the residents on a monthly basis to assess their balance, gait, and strength.

Marking the halfway point of the project, Tim reported to the participants there was improvement within all of the teams. There was a tracked reduction in falls from the previous three-month period before residents were encouraged to participate and gain points.

Tim says, "I would like to get to the point where I train the Hillside team to make "Hillside Strong" part of their monthly check ups with the residents."

The important thing is working your muscles. Staying fit and active can help in reducing a fall risk. This includes standing up from a chair, which we do an average of 40 times a day; building both muscle and strength.

For the next three months, Hillside will continue to track the teams' points to obtain even more evidence that doing little things to stay active can be a cornerstone in reducing falls, maintaining strength and longevity and bringing more awareness to the tangible benefits of movement.

Celebrating Love

Plans for a "Sweetheart Ceremony" began to form when Memory Support Life Enrichment Coordinator, Pam Shultz, noticed two residents, Neva Smith and Rolland Muma, were becoming inseparable.

To those who know them best, watching Neva and Rolland's friendship grow made transitioning to life at Grace's Memory Support Center both easier and happier for all. As Neva and Rolland became close, family members on both sides fully supported their new found affection and would take them out as a couple to dinner, church, and family gatherings.

When proposed, the families supported the idea of a "Sweetheart Ceremony" to celebrate that love can be found at any age. Neva and Roland, along with three other couples living at Grace; Kedarnath and Snigdha Bhattacharyya, Varghese "Matt" and Rosy Nalpathanchil, and Jack and Shirley Wilkinson, were all to be honored. The event, designed to celebrate the beauty of new love and love that has stood the test of time, was led by Wesbury Chaplin, Rev. Sam Marchetta, and featured piano playing by Grace resident, Mary Ann Ewing, and songs sung by Wesbury staff Melissa Grinnell and Danielle Adkins. The "Sweetheart Ceremony" also gave their fellow Grace residents the opportunity to "get dressy," put on their make-up and have their hair styled for the event and reception that followed. Since most residents do not have a formal dress on-hand, Wesbury Life Enrichment approached The Cinderella Project in Erie to help because they collect and distribute donated prom dresses and accessories to those in need.

The families see other positives to celebrating these relationships. Neva and Roland are both widowed, and like most families, they fear loneliness and depression as their loved ones age. Before she met Roland, Neva was very anxious about living in the Memory Support environment. Often when she went out with her family, she did not want to come back. Today, on the rare occasion Rolland does not accompany her out, she looks forward to coming back so they can be reunited, often sharing with others what a gentleman Rolland is, and how good he treats her. Rolland used to wander and also be very uneasy, now, he is so focused on Neva that he is calm in his environment at Memory Support as well.

Melissa Swartwood, Wesbury's Director of Life Enrichment and Volunteer Services says, "It is such a stereotype that once you get admitted to a care environment, your quality of life ceases to exist, but that is not true at Wesbury. Neva and Rolland's story goes deeper than just a new love, but new love in a long-term care facility, proving that life can have meaning and new joys can be found at any age."

Call for Rummage

Wesbury's Sunset Auxiliary collects items for their annual Holiday and Granny's Attic Sale throughout the year! If you are cleaning out your house, or having your own sale, and do not have room to store those left over items, just drop them off at Wesbury's Grace Rehabilitation and Health Center anytime! We cannot accept clothing, magazines, textbooks, encyclopedias, Readers Digest condensed books, televisions or electronics. All proceeds benefit Wesbury residents.

What to Ask When Choosing In-Home Care and Services

To be successful, there are multiple factors to consider and plan for:

- Who can best meet my prescribed in-home nursing care needs?
- Who will help with daily household chores, getting to appointments, and out for groceries?
- Can I manage home maintenance, lawn care, and snow removal?
- What if I need more assistance than can be provided in my home?
- Who has experience in senior care that I can trust to enter my home?
- Who has a relationship with the local support systems so all of my potential needs are covered?

How do you choose a service provider when your doctor prescribes in-home health care to treat an injury or illness? What do you do when you need help with daily tasks? No matter how eager you are to get back to life as usual, going home with a new diagnosis, advanced illness or injury poses challenges. Your doctor's office or social worker will provide you with an extensive list of choices but this offers no indication which services are best for your circumstances. Don't leave your decision to a game of chance – after all, the provider you choose is responsible for your healthcare and will need to be trusted to come into your home unsupervised.

Wesbury offers the only local choice that has the combined solution to all of these concerns. To help you make the right choice, here's what you need to know:

In Home Medical Care

VNA Alliance, a partnership of Wesbury, Meadville Medical Center, Grove City Medical Center, St. Paul's Home of Greenville and Concordia Visiting Nurses of Butler, provides in-home medical care as well as in-home physical, occupational, speech therapies, palliative care, and a medical social worker. These are medical services and require a prescription from your doctor and are typically covered by your health insurance.

Non-Medical in Home Care

Help at Home with Wesbury offers non-medical in-home support with daily tasks such as assistance with hygiene, housekeeping, laundry, transportation, grocery shopping, meal preparation or delivery, handyman, and pet care. These services can be chosen anytime without your doctor's involvement and are typically paid out of pocket. Financial aid may be available.

A Continuum of Care

Over time you may require more or less services. Wesbury offers a full continuum of services. You may transition from short term rehabilitation to home with VNA Alliance and Help at Home to a move to maintenance-free housing, personal or long-term care. Wesbury and VNA Alliance staff work together to provide solutions, security, optimum health and wellbeing. As you journey through changes in health and circumstances, you will not have to face the question "Who do I choose?" With VNA Alliance you will be part of a full continuum of services that collaborates with the areas preferred service providers to meet your needs and who is partnered with Wesbury, the experienced provider who has cared for generations of families for over 98 years.

For more information on VNA Alliance, call 814-333-7000;
for more information on Help at Home with Wesbury services,
call 814-332-9186 or visit *www.wesbury.com*.

Pursuing Passion Reaps Rewards

We all enjoy recognition for the fruits of our labor, but it can come as a surprise when it is for using a medium that is relatively new to you. Clair "Bud" Schweitzer pinpoints his need to create to a time in his teens when he rebuilt the engine of a Model A Ford. Now in his early nineties, though he looks twenty years younger, Bud has spent many hours pursuing creative outlets that he generally viewed as hobbies throughout his life. He would make furniture that he and his wife Shirley used in their home. He constructed two violins, has carved hundreds of wood figurines, and even built a replica of the Eiffel Tower made of matchsticks that is nearly three feet high.

As we all know, sometimes the best-laid plans for our lives may never come to pass. For the Schweitzer's it was tragic circumstances that forced them to rethink their plans for the future. Coupled with Shirley's health challenges and the need to downsize, they made the decision to make a move to Wesbury's Cribbs Residential Center. There was some dilemma as Bud is still mentally and physically sharp and able to participate in almost any challenging endeavor, but he also wanted to spend time helping Shirley with her needs. One of the original selling points for Bud's choice of moving to Wesbury was the on-site woodworking shop located in Thoburn Village, but spending time there would take him away from Shirley, so he looked to pursue another outlet for creativity.

Bud approached Chris Clawson, Wesbury's Art Instructor, for books and guidance about being a "satellite member" of the Wesbury Painting Class. As Bud says, "Fortunately, for me, Wesbury has a thriving arts program where I could pursue my ideas right from a work station in my apartment, so I can be near Shirley, and still get the help and instruction I need."

In September of 2015, Bud began painting with acrylics and progressed very quickly. In six months Chris recommended that two of his paintings be submitted to the Annual ICA Art Show held each May at Mercy Hilltop Center in Erie. To his complete amazement, not to mention his feelings of great pride, one of Bud's paintings won first place for a non-professional entry. "Not only did I win a blue ribbon, but a one-hundred-dollar prize as well," exclaims Bud. "Thanks to Wesbury, I can pursue my passions how I choose and still be there for my wife, and I couldn't be more pleased with such a great outcome for trying something new and different!"

Congratulations 2016 Senior Tribute Honorees

For eight years, we have had the pleasure of highlighting individuals and groups who make amazing contributions to their friends, neighbors and communities at Wesbury's Annual Senior Tribute Banquet and Auction*. This annual fundraiser takes place on Thursday, October 13th at the Iroquois Club in Conneaut Lake, PA.

If you would like to attend or support this event, please call the Wesbury Foundation at 814-332-9264.

This year, the following remarkable individuals and groups will be honored:

Mr. M. Kent Brace
Meadville, PA

Mr. Robert F. Devine and the Edinboro Food Pantry
Edinboro, PA

Mr. Scott E. Ladner
Conneaut Lake, PA

Mr. George Rutherford
Conneaut Lake, PA

Village Friends
Corry, PA

**Proceeds from this event benefit Wesbury's Benevolent Care Fund, which supports our many residents who have outlived their financial resources and require charitable care.*

Chicken Run & BBQ a Success!

Early in 2016, Autumn Ferringer, Wesbury Quality Assurance and Infection Prevention Coordinator met with Marketing Associate, Melissa Cornwell, about creating an event that could bring Wesbury staff, residents, volunteers, and their families together in the name of wellness and fitness. A committee was formed of employee volunteers to get the event off the ground. They decided all proceeds from the event would go towards Wesbury's Benevolent Care Fund and to tie it to the Annual Chicken BBQ and Craft Fair. They received more and more involvement throughout the Wesbury community as well as the backing of outside businesses and organizations providing funds as sponsors. On Saturday, July 16th the first ever 5K Chicken Run/1 Mile Walk was held; it was awesome!

Approximately 70 runners and walkers participated along with many volunteers lending their support. The successful event raised more than $3,000 to help support residents who have outlasted their resources and require charitable care.

On Sunday, July 17th Wesbury held its 27th Annual Chicken BBQ and Craft Fair and the weather could not have been better! The event was attended by an estimated 3,000 people and provided a fantastic time for all! Wesbury staff and volunteers served approximately 2,360 chicken and rib dinners. Attendees were entertained with live music, classic cars, a family fun zone and many crafters and vendors. Wesbury's Sunset Auxiliary sold out of their baked goods, and the rummage and book sales were also very successful. The money raised from these sales will be used to purchase items that benefit Wesbury residents.

Be sure to mark your calendar for Wesbury's 2017 "Third Weekend in July" events! Plans are underway to make the 2017 5K Chicken Run/Walk, to be held Saturday, July 15th, even bigger and better! And don't forget to return Sunday, July 16th for our Chicken BBQ and Craft Fair. We'll keep our fingers crossed for the same beautiful weather!

Be a Part of Christmas at Wesbury

Thirty-one years ago, Wesbury resident, Rev. Herbert E. Boyd lit the first candles in his garage that were placed around the Wesbury campus on the evening of the annual Resident/Family Christmas Reception. Rev. Boyd created the luminaries as a symbol of Wesbury's care and compassion. Each year the display grew larger which encouraged The Wesbury Foundation to begin the Luminary Tribute Program in 1999.

By making a gift to Wesbury's Benevolent Care Fund, you are helping to support the residents who have outlived their financial resources and depend upon Wesbury for care and financial support. For a charitable donation, a luminary candle can be lit in memory or in honor of friends and loved ones during the 2016 Resident/Family Christmas Reception on Friday, December 9th. Additionally, Tribute luminary posters are exhibited in Grace Rehabilitation and Health Center and Cribbs Residential Center so residents and guests can enjoy the tribute messages throughout the entire Christmas season.

If you wish to take part, please return the coupon with your tax-deductible, charitable contribution to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335. Donations will also be accepted at the reception areas of either Grace Rehabilitation and Health Center or Cribbs Residential Center.

Yes, I'd like to participate in Wesbury's Christmas Luminary Tradition.

❑ $1,000 ❑ $500 ❑ $250 ❑ $100
❑ $50 ❑ $25 ❑ Other _____

Name _____

Address _____

City _____

State _____ Zip _____

E-Mail _____

Phone _____

Please light luminary: (please print)

❑ In Honor of _____

❑ In Memory of _____

Make checks payable to The Wesbury Foundation.

Recent Changes Make for Cozier Living

For Kay Jackson, the change of Wesbury's Pet Policy at Cribbs Residential Center could not have come at a better time. Kay has lived in Thoburn Village since 1997, and always knew at some point she would need to transition from living independently, but she was still taking care of her cat, Samuel James, aka Sam. Things began to change after a health situation led her to a short-term stay at Grace Rehabilitation and Health Center. Kay knew she wanted to make a move, but what about Sam?

Then, the news of Cribbs allowing pets was made public, and Kay made her decision to move. "Sam actually moved in two weeks before I did," says Kay. "When I did finally move in, Sam proudly showed me around. He showed me his food dish, his litterbox, and then showed me around the rest of my apartment."

It has been a few months since their move-in to Cribbs, and things couldn't be better. Wesbury staff members, like Painter Ed Mattera, stops in for visits and Sam especially loved watching all the people visit Wesbury for the Chicken BBQ; according to Kay his view was "purr-fect."

At Wesbury, we not only want to meet the expectations of residents and their families, we also want to exceed them, and renovating apartments at Cribbs Residential

Center as they are vacated is one way of doing so. These renovations include adding kitchenettes and combining rooms to create apartment suite living spaces.

Wilma Sturzebecher recently moved into one of the newly renovated apartments at Cribbs, and she couldn't be more pleased. "This is exactly the lifestyle I have been waiting for, I feel like I am on a lifetime vacation," says Wilma. "I don't have to cook for myself, but it is nice to know that if I want a snack or something, I can just make it here."

Coupled with our flexible dining options, these new improvements have brought more choice and opportunity than ever before. "We want residents to have the choice and flexibility they feel at home," says Melissa Porter, Wesbury's Vice President of Sales and Marketing. "Something like making a snack or cup of coffee in a resident's own space means a lot; it means independence."

If you are interested in more information about Cribbs Residential Center or have ideas to further improve our lifestyle that you would like us to consider, please call 814-332-9009 or email info@wesbury.com.

Flu Shots for a Cause

During this flu season, you can stay healthy, and help Wesbury residents too! Stop into Northwest Community Pharmacy at 740 North Main Street Extension in Meadville, for your shot and simply check the box that says you want the proceeds to help Wesbury residents. Northwest Community Pharmacy is open Monday through Friday from 9:00 a.m. until 6:00 p.m., and Saturday from 9:00 a.m. until 1:00 p.m.

Join the Wesbury Thoburn Village Waitlist

When planning for a maintenance-free home, look to Wesbury's Thoburn Village, where there are a variety of floor plans to fit your lifestyle. Researching your options is always the first step, but don't stop there. Getting on the Thoburn Village Waitlist is an important next step in securing your interest, even when you feel your move timeline is few years out.

Becoming a Wesbury Thoburn Village Waitlist Member provides you the opportunity to get acquainted with the community, choose a home when the time is right, and be a part of the renovation process. There is no fee to join. Simply call and ask to receive an information packet and then return the completed individual data and financial data applications to the Marketing Department. Once your application is approved, you will be added to the Waitlist in the order in which you joined and will be contacted as the apartment/villa floor plan(s) of your preference come available. You may decline without penalty, and you will not lose your place on the Waitlist.

Wesbury Thoburn Village Waitlist Members receive the following benefits:

- Two Clubhouse Guest passes per person each redeemable for one time use at a Thoburn Village Clubhouse fitness class, lecture, club, on campus entertainment or event. Members must call the clubhouse at 814-332-9794 in advance to sign up for the activity chosen to use the pass (space permitting).
- Two Neighborhood Grill gift certificates per person per year each redeemable for two entrees, beverages and desserts. Additionally, Members may use the Neighborhood Grill anytime at their expense.
- Members will receive a copy of the Thoburn Village monthly activity calendar.
- Members will receive invites to all Marketing events/lectures.
- Members will receive invites to all Wesbury Trips being offered to the public.
- Members may attend all on-campus Church services, sign up not required.
- Members will receive an invitation to the Wesbury Friends and Family Christmas Reception.
- Members may attend all on campus support groups (Delay the Disease, Parkinson's support group).
- Should your physician prescribe physical, occupational or speech therapy, members are encouraged to use the Rae S. Larcom Therapy Center located on campus at Grace Rehabilitation and Health Center. You will need a referral from your physician. Call 814-332-9233 and identify yourself as a Wesbury Thoburn Village Waitlist Member. Your insurance will be reviewed, and we will recommend a treatment plan that fits your needs for either inpatient or outpatient.

If you are interested in learning more about joining the Wesbury Thoburn Village Waitlist, contact us at 814-332-9009 or info@wesbury.com.

Are You Prepared?

For seniors, unexpected health events such as a serious fall or stroke can plunge an unprepared family into turmoil: handling those health events was the topic of Wesbury's recent presentation "The First 48 Hours: Handling Health Crises." The hour-long discussion, led by local elder law attorney Tye J. Cressman, covered how to respond to health care emergencies and managing the difficult transitions that they sometimes require.

Families are often inclined to immediately focus on financial issues created by a health crisis, but Attorney Cressman cautioned that the family's first questions need to be about a loved one's health:

- What is the diagnosis for the health care emergency?
- What is the prognosis for recovery?
- What is the care plan for recovery?
- What care settings and services are contemplated?
- What public benefits can assist the family in paying for care?

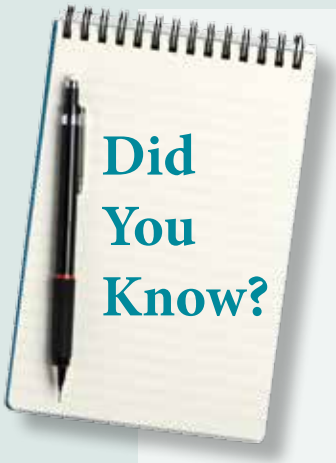
For immediate hospitalizations due to emergency and follow-up rehabilitation services, Medicare can assist in covering various health care costs. "The coverage provided by Medicare can give the family time to contemplate longer-term options, costs and Medicaid and Veterans' benefits," explained Attorney Cressman.

He cautioned that Medicare does not always cover skilled nursing services, so families should have at least some awareness of the other public benefits available to pay for different care services.

For example, Veterans' pension benefits may be available to assist in paying for personal care or assisted living services. Home-based caregivers and skilled nursing/rehab services can be covered by Medicaid services, which are more expansive in their coverage.

"While elder law attorneys can assist in achieving asset eligibility for Veterans' benefits and Medicaid services, the family's initial focus needs to be on what health care the loved one needs now, and what health care may be required later," stated Attorney Cressman.

"Seniors and families can put themselves in the best situation by having important documents, such as powers of attorney and advanced directives, prepared in advance of such a health event," he said. "Also, education on the nature of the Medicaid program can greatly reduce stress for the family when such events do occur."



Wesbury is the only provider in Crawford County covering all levels of care discussed during the presentation: independent living, personal care, in-home care and skilled nursing care.

As a resource, Wesbury offers free public informational and educational programs offered throughout the year. **Attorney Tye Cressman will return to talk about long-term care benefits applicable to Veterans and spouses on November 17th at 2:00 p.m. at Cribbs Residential Center Community Room. This event is free and open to the public. To RSVP, call 814-332-9009.**

Look for additional upcoming sessions at *www.wesbury.com* and on the calendar on the back of this newsletter.

Residents Help Athletes Go for the Gold!

Bocce Ball is a sport that has a common ancestry from ancient games played in the Roman Empire developing into its present form in Italy. Today, it is played throughout the world. At Websury, residents have been playing the "yard version" of Bocce Ball as part of the Better Balance Fitness Class offered at the Clubhouse of Thoburn Village.

Recently, thanks to a grant from the Special Olympics, and the support of businesses in the Meadville community, two full-sized Bocce courts are available at the Wesbury Picnic Shelter for Crawford County Special Olympic competitors to practice and for Wesbury residents to use as well.

The Bocce courts have become very popular with Wesbury residents. Every Thursday afternoon, they hold two-on-two tournaments with the assistance of Thoburn Village Activities Director, Greg Brink. "It's been really fun, and works your balance as well as eye-hand coordination, which is good to practice at any age," says Greg.

Recently, Wesbury residents helped the Crawford County Special Olympic athletes by coming together for a "Bocce Bash" where resident teams had the opportunity to play against the Special Olympic athletes in preparation for their Western Fall Sectional at Slippery Rock University on September 25th. Coming together simulates what actual tournament play is like better than an average practice because the athletes get to work out strategy against an unfamiliar opponent. Crawford County Special Olympics Bocce Coach, Carol Caler says, "We are grateful to Wesbury for providing this space. It is important for our Special Olympic athletes to train in an environment and court that is close to what they will see in competition and the Wesbury Picnic Shelter really fits that bill."

Supporting area organizations like the Crawford County Special Olympics falls in line with Wesbury's mission and vision to incorporate the core values of ministry, commitment, health, community, quality, respect, and stewardship.

Our Garden Grew!

Wesbury's first "Community Garden" proved to be very successful this summer. The use of above the ground planters from "Rowdy Roots" proved to be "fruitful" and made it easier for gardeners to tend to their plants. By August's end, the entire gardening area was covered in a bounty of tomatoes, herbs, beans, squash and more!

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Future Edinboro Community

❑ Send me the Wesbury DVD

❑ Send all information via e-mail ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2016 FW

E-Mail _____

Phone _____

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Maintain Your Driving Ability

One of our greatest fears is the potential loss of independence that comes from not being able to drive a car. One way seniors can delay that possible situation is to come to Wesbury on Wednesday, October 19th at 5:30 p.m. Brenda Bennett will be on hand to speak about Senior Driving, How to Keep Fit for Driving, Driving Evaluations as well as Mobility within the Community. Brenda is the President of Transportation Solutions and built the company to be a resource for any and all driving needs. Brenda has vast knowledge and experience in the transportation industry and wants to talk openly with the community about the "elephant" in the room - DRIVING. Please come prepared to have all of your questions answered and hopefully you will leave with information that can be very helpful to you as a family member or as an individual with concerns about the future. To RSVP, call 814-332-9009.

Wesbury Trip *continued from page 1*

The cost for this fantastic trip is $1899.00 per person, based on double occupancy. This trip includes:

- Roundtrip deluxe motorcoach transportation
- Seven nights lodging, taxes, luggage handling
- Five Continental Breakfasts, One Full Breakfast, One Lunch, Five Dinners
- Admissions: Ark Encounter, Graceland, Stanton Hall, Natchez Private home/ Musical entertainment in Private Home, Natchez Cemetery, Marti Gras World, Bellingrath Gardens & Mansion

A deposit of $400/person is due by November 15th with the remaining balance due 60 days prior to the trip.

Proceeds from this trip benefit Wesbury's Benevolent Care Fund.

For more information on this and future Wesbury trips, contact Melissa Grinnell at the Foundation office at 814-332-9712 or mgrinnell@wesbury.com.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m. in Wesbury Cribbs Residential Center's McCracken Chapel. For more information, call 814-332-9705.

Parkinson's Delay the Disease Classes
Classes are located in the Thoburn Village Clubhouse on Mon. and Fri. at 10:30 a.m. and Wed. at 1:15 p.m. Call 814-332-9794 for more information.

Wesbury's Senior Tribute Recognition Dinner & Auction
Thursday, October 13, 2016 at 5:30 p.m. Iroquois Club - Conneaut Lake. Call The Wesbury Foundation at 814-332-9712.

How to Keep Fit for Driving
Brenda Bennett, Certified Driving Rehab Specialist will speak about senior driving, how to keep fit for driving, and driving evaluations on Wednesday, October 19th at 5:30 p.m. at Cribbs Residential Center's Community Room. Call 814-332-9009 to RSVP.

Country Crafters
Friday, November 4 – 10:00 a.m. – 6:00 p.m.
Saturday, November 5 – 10:00 a.m. – 4:00 p.m.
Sunday, November 6 – 10:00 a.m. – 4:00 p.m.
Wesbury Cribbs Residential Center's Community Room.

Long-term Care Benefits for Veterans & Spouses
Attorney Tye Cressman will talk about long-term care benefits applicable to Veterans and spouses on Thursday, November 17th at 2:00 p.m. at Cribbs Residential Center's Community Room. Call 814-332-9009 to RSVP.

Seniors for Safe Driving
Classes scheduled for Nov. 16, 2016 at 5:30 p.m. - 9:30 p.m. at Cribbs Residential Center. Call 800-559-4880 for more information.

Sunset Auxiliary Holiday Sale
Thursday, November 10th from 1:00 p.m. to 5:00 p.m. & Friday, November 11th from 9:00 a.m. to Noon Wesbury's Campus Community Center. Call The Wesbury Foundation at 814-332-9381 for more information.

Hillside Luminary Night
Friday, December 2nd, 6:00 p.m. - 8:30 p.m.
Wesbury Hillside Home

Wesbury Resident Family Christmas Reception
Friday, December 9th, 6:00 p.m. - 8:30 p.m.
Cribbs Residential Center, Grace Rehabilitation and Health Center and Memory Support Center

Wesbury's Trip to New Orleans, Ark Encounter, Graceland, and Natchez
March 18-25, 2017. Call 814-332-9712 for more information.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -

EAGLE ACCREDITED ORGANIZATION

EQUAL HOUSING OPPORTUNITY