WESBURY WINDOW

Special Edition 2016
Contributors Report

Spring/Summer 2017
Volume 22 · Issue 2

Enriching Resident's Lives One Stitch at a Time

To Dolores Reichel, living in a care environment doesn't mean you stop doing things you have always enjoyed. When you visit Dolores, you can't help but notice the quilt on her bed and wonderfully intricate pillowcases on the headboard. For Dolores, sewing is her thing. She even recently completed a quilt project in her neighborhood's Life Enrichment Center that she started 25 years ago.

Over the winter, Dolores thought it would be nice to support her fellow residents at Grace with her sewing, so she approached their neighborhood Life Enrichment Coordinator for advice and direction. With the assistance of fellow resident, Charlotte Wells, Dolores got to work. Together, they sewed forty kitchen dish towels, the kind that hangs from the knob of a drawer. They averaged completing two per day, and then they sold them as a fundraiser at the Sunset Auxiliary Gift Shoppe.

Recently, they had noticed that the use of a borrowed aromatherapy diffuser had a calming and relaxing effect on residents during Life Enrichment activities. Aromatherapy is the practice of using the natural oils extracted from flowers, bark, stems, leaves, roots or other parts of a plant to enhance psychological and physical well-being. It is used for a variety of applications, including pain relief, mood enhancement, and increased cognitive function…and it smells good too. The Life Enrichment Coordinator thought it would be great if they had something permanent, so it was decided to purchase a diffuser for her neighbors to enjoy. With the proceeds from the towels, they bought a new aromatherapy diffuser for the Village Center neighborhood's Life Enrichment Center.

Thanks to thoughtful residents like Dolores and Charlotte, an environment of care can truly feel like home.

Above: Charlotte Wells (left) and Dolores Reichel with the towels they created and sold in the gift shop.
Below: Charlotte and Dolores enjoy their time spent together working on projects.

> "I am happy to do anything I can to make my friends and neighbors at Grace feel a little better and enjoy their surroundings."
>
> - Dolores Reichel

Since moving to Grace more than a year ago, Dolores has completed a quilt project in her neighborhood's Life Enrichment Center that she started 25 years ago. She says she worked on it off and on over the years, and when she came to Grace, she had all but one of the large panel scenes complete. From there, all the amazing intricate work, she did by hand while living at Grace. Upon its completion, it took five, eight-foot tables to support the massive 122" X 120" handstitched quilt to display in the Barco Chapel.

Thank You!

On behalf of our residents, their families, our Board of Directors and staff, thank you for your generosity, faithful service and the many blessings you continue to provide.

As you read through your copy of the 2016 Contributors Report, we hope you are comforted in knowing that many people share your interest in caring for and supporting others and that Wesbury will be here if you or loved ones are ever in need.

Brian S. Nageotte
Wesbury President/CEO

Rhonda K. Thomas
Wesbury Foundation V.P. of Stewardship & Development

There are many ways to say Thank You, but our residents say it best!

Please note:
In an effort to be more environmentally conscious and to be better stewards of the donations that are so graciously made to Wesbury, we continue to condense the annual report listings and share the information more broadly through our Spring/Summer Wesbury Window Newsletter. We hope you find this approach interesting and informative. There are so many stories of giving to share! For a complete listing of donors, you may visit *www.wesbury.com*.

Thank you once again for your continuous support of the Wesbury residents.

Staying Active Yields Healthy Rewards

Winters in Northwest PA vary from long and cold to short and mild, but the one thing we can count on is dreary, snowy days making it ever so tempting to curl up on the couch and wait for spring. Studies show that overall health is maintained and improved by staying engaged with body, mind, and spirit. When we neglect to stay active at any age, muscle loss occurs rapidly which has adverse effects, especially on older adults.

To shake the winter blues and stay strong, Cribbs Activities runs a "Healthy Rewards" program motivating residents to keep moving all season long. Participating residents earn points for each exercise program they attend which include "Fun and Fitness" in the morning and "Body Balance" in the afternoon. Once 20 points accumulate, they are rewarded their choice of either a gift certificate to the Cribbs Beauty/Barber Shop or a Walmart gift card. The rewards are an incentive, but residents also enjoy encouraging each other to "go for it!"

This year, we are proud to announce that 38 residents attended and 30 residents achieved a reward for their efforts.

While the "Healthy Rewards" program keeps us moving physically, it's equally important to stay engaged mentally, emotionally, and spiritually. On any given day, you will find residents playing games. The competitive spirit comes alive as they play UNO, poker and 500 or group mind games like crossword and reminisce. While having a good time socializing, these games exercise the mind using knowledge and strategy. There are also weekly art classes available for both the experienced and novice artist to get the creative juices flowing.

Each week, the spirit is lifted with on-campus church services, Bible study classes, musical programs, and a variety of lifelong learning classes and lectures. No matter the weather, getting out brightens the mood. This past winter included outings to nearby eateries, shopping, and local points of interest. Now that summer is here, outdoor adventures are offered to local parks and nature trails; like nearby Woodcock Creek Dam to get outside in the fresh air and take a walk. Residents also go to Pymatuning State Park for boat cruises, fishing, and picnics as well as other local points of interest to explore our region.

"Even though we are offering an incentive to participate, that is not what drives them to get involved. It's really more about being with others, feeling better and experiencing new things, which is something we look for at any age."

- Stacey Hoey
Cribbs Life Enrichment Coordinator

"Exercising every morning gets me loosened up and moving. I like being with the others in the group and my physical therapist says I am moving better since I started going every day."
- Margaret Walker, Cribbs resident

Keep on Learning with Senior Scholars

Riding the wave of success with last Fall's Seniors 4 Science program, The Senior Scholars program was created with the intention to offer experiential, life long-learning opportunities for the residents at Grace Rehabilitation and Health Center. The first semester of this program began in January of 2017, and offers a different educational module each month along with a field trip or group project to drive home the concepts learned in class. Mentors were assigned for the projects to assist the between eight and ten resident students. The topics for classes each month of this introductory semester included:

January - "Intro to Computers" taught by Rick Slagle, Wesbury Information Technologies Director. Resident students learned to "surf the net," watch YouTube videos, and create their own e-mails to correspond with friends and family.

February -"Foreign Languages" taught by Lynn Kean, Thoburn Village resident and volunteer; and Melissa Swartwood, Director of Life Enrichment and Volunteer Services. Resident students learned French and Spanish basics and created children's foreign language books to donate.

March - "Anatomy" taught by Rod Miller and Jonelle Taylor, Physical Therapists with Alliance Rehab HVA; and Melissa Swartwood, Director of Life Enrichment and Volunteers Services. Resident students learned about the bones and muscles of the human body and why movement helps them retain their highest levels of functioning. Members of this course will be touring LECOM after the semester ends.

April - "Civil War History" taught by Debbie Lingo, Wesbury Life Enrichment Coordinator. Resident students learned about civil war history and then toured local historical sites in Meadville.

May -"Legal Studies" taught by Melissa Swartwood, Wesbury Director of Life Enrichment and Volunteer Services. Resident students learned the basics of the legal system and participated in a mock trial using a fictitious case.

The response has been wonderful from the first group of eager learners. "I think it's important to keep learning and experiencing new things even in a long-term care setting; and these Senior Scholar classes have fit the bill. As someone new to the area, I found the

continued on page 16

Plan Your Rehab Recovery at Wesbury

You've just been told you will need rehabilitation after your surgery. Now is the perfect time to begin planning for a smooth transition from the hospital to a short-term rehabilitation stay at Wesbury to your return back home. Let Wesbury guide you through the process. Using the checklist below will help you plan your recovery.

Rehab Planning Checklist

☑ **Schedule a tour of Wesbury's Grace Rehabilitation and Health Center:**

- Call Gwen Smith, Admissions Coordinator at 814-332-9233 as soon as possible to discuss the details of your stay and arrange a tour. She will assist you in coordinating your stay and answering your questions.
- Talk to current residents and ask about their experiences to give you a good idea of what to expect.
- Meet the staff and see where you'll be staying.

☑ **Assemble your paperwork:**

Before surgery, you'll need to gather some important documents, they include:

- State-issued photo ID
- Medicare, Medicaid, Social Security, Health Insurance, and Prescription Drug Cards
- Advanced Directives
- Any applicable Power of Attorney paperwork

☑ **When you arrive at the hospital:**

Notify your case manager or discharge planner that you will rehab with Wesbury so they can coordinate everything with us.

☑ **When rehab is complete and you're ready to go home:**

We'll arrange at-home services through VNA Alliance and Help at Home with Wesbury. All of the details will be handled by knowledgeable Wesbury staff, making your rehab and return home worry free.

For more information, phone Gwen Smith, Grace Rehabilitation and Health Center Admissions Coordinator at 814-332-9233, or go to *www.wesbury.com*.

2016 Donor Recognition Awardees in Their Own Words

On April 12th, The Wesbury Foundation held its Annual Donor Appreciation Luncheon to thank those who helped financially support Wesbury throughout 2016. This event is a wonderful opportunity to recognize those donors and thank them for helping us fulfill our mission of compassionate Christian care to our residents. Simply put, thanks to many, many generous people, Wesbury can provide charitable care (benevolent care) when needed, assuring that all residents will continue to be cared for even if they no longer have the financial ability.

The following individuals *(shown on pages 6-7)* received special recognition at this luncheon. We both thank and congratulate them for their commitment and dedication to Wesbury!

William C. Schulz

White Dove Awardee
(honored posthumously)

"The day that Don [Clawson] came in to talk to Bill about being a member of the [Wesbury] board was a very important day to Bill. He really loved Wesbury. He loved the concept, and being part of the board that was going to measure the future of Wesbury, was something that was very important to him. He loved working with the people at Wesbury; he loved working with the residents. We have many good friends who are residents at Wesbury. Through the years, Bill's association became even more important to him because he felt it was a way he could really be involved in people's lives and help them enjoy the lives they were living in their senior years more fully by being a part of Wesbury. I know, if Bill were here now, he would be pleased to have been awarded this honor."

- Jan Schulz (Bill's wife)

Richard A. and Carol E. Deiss

Donor of Distinction

"Thank you, Wesbury Foundation for being honored. We have had a long relationship with Wesbury. We have had relatives on both sides of the family live at Wesbury. We have numerous friends at Wesbury, and are friends with staff. We think they function as a real community and are a great asset to the Meadville area. We have been very happy with Wesbury and would recommend supporting them to anyone."

Tony Petruso's Northwest Pharmacy Solutions

Lifetime Giving

"Giving is very important in all facets of small town life. Having been raised in Meadville, having practiced pharmacy here for forty years, I have a concern about the money I do give, and where it goes, and how it is used. I feel very comfortable with what Wesbury's mantra is in terms of care, and that the money I do give goes to residents that actually need the care. I know that they are going to benefit directly from all that I can give."

Mary Ellen Anderson

Volunteer Fundraiser of Distinction

"I would like to thank The Wesbury Foundation for this award, even if I don't think I am the best person to get it. There are other people out there that do as much or more than I do; but everyone appreciates recognition, so, thank you. I get a great thrill with making other people's lives easier. I think I like to pay it forward as there might be a day when I am the one in need. I have heard the phrase, "it takes a village," and I know that's to raise children, but at the other end of that, it takes a village to support the old folks too; I can say that, because I am one of them. It takes a whole village to make everything work out and that is what we do. Wesbury is a good place to take care of each other. I have enjoyed living here. My husband gets good care; that is why we are here. They do a lot for Alzheimer's; they do a lot for people who just need an extra boost."

Autumn Ferringer

Employee Fundraiser of Distinction

"I would like to thank my fellow employees for their support of Wesbury residents. As employees, we don't know who the recipients of benevolent care are, what we do see is that once someone becomes a part of the Wesbury family, they have a home for life and are never asked to leave. I have had the pleasure of caring for some amazing individuals and keeping them secure in their environment means a lot to me. Donating to the employee sponsored annual Chicken Run supports this mission. Thank you, Wesbury Foundation for this honor and allowing us to give back."

How You Can Help

To make a gift to The Wesbury Foundation, please use the enclosed envelope and mail it to: The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335; visit our website at *www.wesbury.com* to make a secure online donation; or call 814-332-9264.

Hyatt M. Cribbs Society

The organization that would become Wesbury began in Conneautville, PA during 1918 when Hyatt M. Cribbs offered his farm home to the Erie Conference of the United Methodist Church as a place for those in need. The Ida M. Cribbs Methodist Home was officially born out of that gift which included 22.75 acres of farmland. Today, The Hyatt M. Cribbs Society is a family of distinguished individuals, groups, and organizations who are committed to continuing in Wesbury's benevolent tradition.

Ida M. Cribbs Circle ($2,500 +)

Dr. Jane M. Banks • Mr. & Mrs. Donald C. Burchfield & The Burchfield Clouse Family Fund • Mr. Richard A. & Mrs. Carol E. Deiss • First National Bank of Pennsylvania • Mr. Lance A. & Mrs. Diane M. Johnson & Associated Contractors, Inc. • R.E. Johnson Electric, Inc. • Northwest Insurance Services • Tony Petruso's Northwest Pharmacy Solutions, LLC • PNC • Shorts Tool & MFG., Inc. • Sodexo Senior Services • UPMC Health Plan • Mr. & Mrs. Clyde A. Walton • Wilkinson Excavating, Inc.

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Ainsworth Pet Nutrition • Armstrong • Mr. & Mrs. Raymond R. Blank • BNY Mellon • Mr. & Mrs. Jeffrey W. Boswell • Ms. Ruth M. Craig • Mr. & Mrs. Joseph L. DeLoss • Edinboro University of Pennsylvania • Mrs. Marnie Kirkpatrick • Mr. & Mrs. Frederick R. Kozakovsky • Mr. & Mrs. Lauren D. Larson & ExxonMobil Foundation • Mrs. Frances J. Lopus • McGill, Power, Bell & Associates • McKesson Medical • Mr. & Mrs. A. Richard Murray • Mr. & Mrs. Brian S. Nageotte • Mr. Lothar Nonnenmacher • Northwest Retirement Service • Northwestern REC • Palmiero Toyota • Mrs. Nancy A. Price • Mr. Glenn C. Rodgers • Rev. Cynthia K. Schneider • Mr. & Mrs. Leonard E. Shick • Mr. & Mrs. Thomas M. St. Clair • Mr. & Mrs. Carl E. Townsend • Mr. & Mrs. Robert W. Waid • Mr. & Mrs. Kenneth J. Wojcik & Synchrony Financial • Mr. Jack T. Wright

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Members ($250 - $499)

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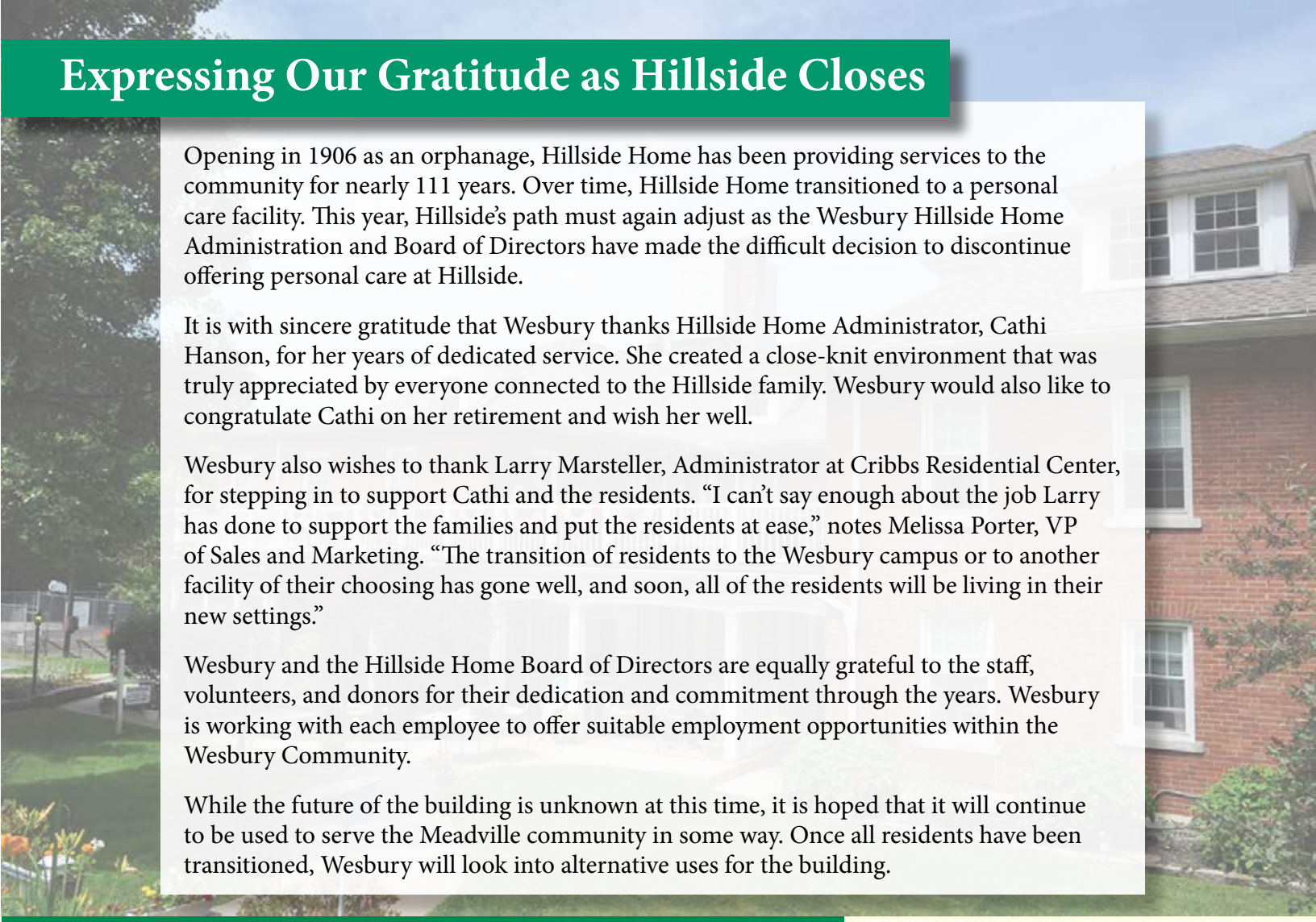
▾ Honored posthumously

Expressing Our Gratitude as Hillside Closes



Opening in 1906 as an orphanage, Hillside Home has been providing services to the community for nearly 111 years. Over time, Hillside Home transitioned to a personal care facility. This year, Hillside's path must again adjust as the Wesbury Hillside Home Administration and Board of Directors have made the difficult decision to discontinue offering personal care at Hillside.

It is with sincere gratitude that Wesbury thanks Hillside Home Administrator, Cathi Hanson, for her years of dedicated service. She created a close-knit environment that was truly appreciated by everyone connected to the Hillside family. Wesbury would also like to congratulate Cathi on her retirement and wish her well.

Wesbury also wishes to thank Larry Marsteller, Administrator at Cribbs Residential Center, for stepping in to support Cathi and the residents. "I can't say enough about the job Larry has done to support the families and put the residents at ease," notes Melissa Porter, VP of Sales and Marketing. "The transition of residents to the Wesbury campus or to another facility of their choosing has gone well, and soon, all of the residents will be living in their new settings."

Wesbury and the Hillside Home Board of Directors are equally grateful to the staff, volunteers, and donors for their dedication and commitment through the years. Wesbury is working with each employee to offer suitable employment opportunities within the Wesbury Community.

While the future of the building is unknown at this time, it is hoped that it will continue to be used to serve the Meadville community in some way. Once all residents have been transitioned, Wesbury will look into alternative uses for the building.

Hillside Hiram Fuller Whiting Society

In 1906, Mr. Hiram Fuller Whiting made a generous bequest of $2,000 to purchase a house and property in Meadville, Pennsylvania to shelter elderly men and women who could no longer care for themselves. Wesbury Hillside Home is the proud legacy of this generous gift.

The Hiram Fuller Whiting Society is a family of distinguished individuals who are committed to continuing the benevolent tradition of Wesbury Hillside Home.

Many people contribute in honor or memory of their loved ones. These thoughtful gifts helped Wesbury Hillside Home continue its mission of providing the best possible care while remembering special people in their lives.

Founder ($1,000 +)

Ms. Sharon L. Hayes · Mrs. Marnie Kirkpatrick · Mr. & Mrs. David P. Shaffer

Patron ($500 - $999)

Mr. William R. Brennen · Mr. & Mrs. John F. Cotton · Ms. Barbara D. Riess

Member ($250 - $499)

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Friend ($100 - $249)

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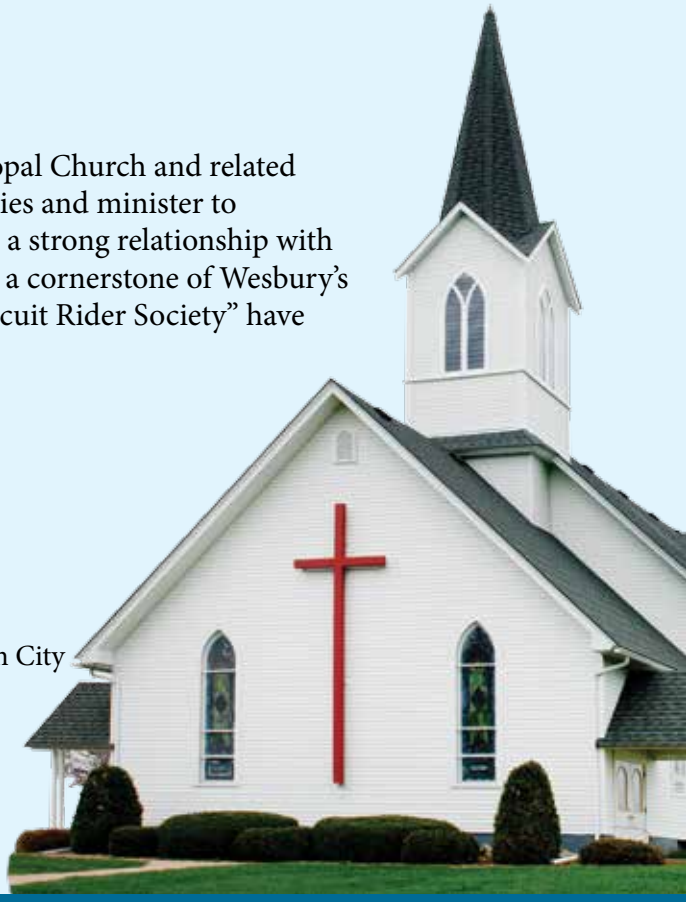
▾ Honored posthumously

Circuit Rider Society

In the early years of the United States, clergy in the Methodist Episcopal Church and related denominations were assigned to travel to specific geographic territories and minister to congregations. They were called "Circuit Riders". Wesbury maintains a strong relationship with churches throughout Western Pennsylvania as these connections are a cornerstone of Wesbury's foundation. Methodist churches and church groups listed in the "Circuit Rider Society" have contributed to Wesbury directly and through the Sunset Auxiliary.



Frances Asbury Circle ($2,500 +)
- First U. M. Church, Warren
- Grace U. M. Church, Oil City
- Wesbury Sunset Auxiliary

Thomas Coke Circle ($1,500 - $2,499)
- First U. M. Church, Titusville

Peter Cartwright Circle ($500 - $1,499)
- Deckards-Sugar Lake U. M. Church Charge
- First U. M. Church, Union City

Donors ($250 - $499)
- Asbury U. M. Church, Erie
- Asbury U. M. Church, Waterford
- Christ U. M. Church, Franklin
- Fairview U. M. Church
- Grace U. M. Church, Sykesville
- New Virginia U. M. Church
- Oakland, Dempseytown U. M. Church
- Summit U. M. Church

Sunset Auxiliary Key Persons Celebrate Fundraising Success!

l. to r.: Sunset Auxiliary Members - Geri Heibel, Jolene Tubbs, Bessie Kohler, and The Wesbury Foundation's Melissa Grinnell admire the new picnic shelter chairs.

The Cribbs Residential Center Dietary Department was honored at the Sunset Auxiliary Key Person Lunch.

The Sunset Auxiliary raised nearly $5,000 from their annual fundraising in 2016. At the Annual Key Persons Luncheon, the group proudly shared that proceeds were used to buy 120 chairs, four storage carts and four protective covers for use at the campus picnic shelter and a new grill for the Cribbs Dietary Department. The chairs are a much needed improvement to the shelter and will enhance the comfort and experience for anyone who uses the picnic shelter for a variety of Wesbury and community events. Special recognition was awarded to the Cribbs Dietary Department for their commitment to providing a delicious dining experience to both the residents and community. In their honor, a large grill was presented to assist them in preparing nearly 240 meals per day for residents, 25 meals for home delivery, and to serve various civic groups that meet throughout the week in the dining room.

A SPECIAL

THANK YOU

The sponsors listed below partnered with Wesbury for all 2016 fundraising events. We would like to take this opportunity to thank them all for their very generous support of Wesbury!

Leadership Partners

Since 1925

Northwest PharmacySolutions, LLC

Wilkinson Excavating, Inc.

Neighborhood Partners

First National Bank

Northwest

UPMC Health Plan

Supporting Partners

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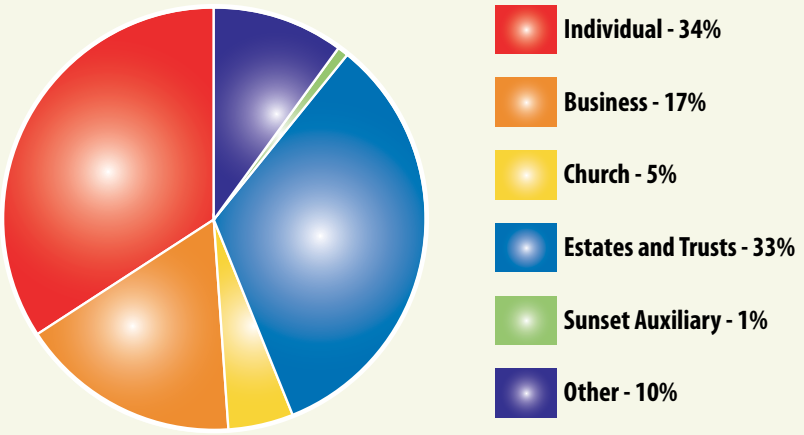
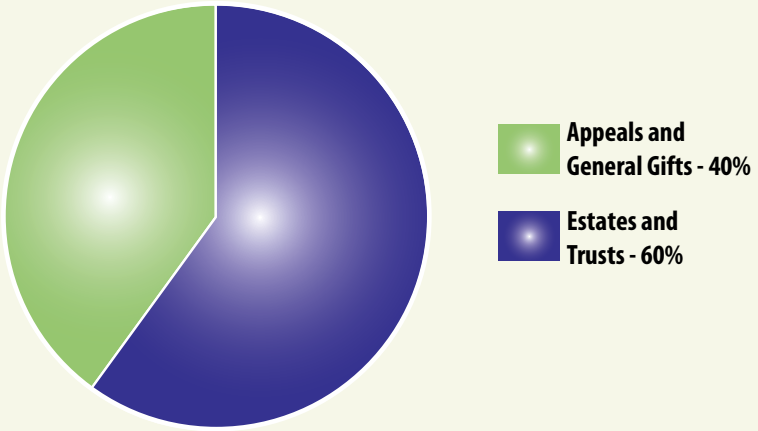
Financials

Wesbury and Wesbury Hillside Home donations are allocated to support benevolent care.

The Wesbury Foundation Sources of Funds



Wesbury Hillside Home Sources of Funds



As you can see, a large share of our gifts come from thoughtful people who have named The Wesbury Foundation in either their Will or as a beneficiary of a trust. Please consider leaving a legacy of compassionate care for people in need by including Wesbury in your estate plans. For more information, please contact The Wesbury Foundation at 814-332-9264.

The Wesbury Foundation Promise

The Wesbury Foundation promises to use your gift carefully and wisely, never to ask for money that is not needed, and to abide by all generally accepted accounting practices.

The Wesbury Foundation Mission

The Wesbury Foundation is dedicated to advancing the Christian mission of Wesbury United Methodist Community through promoting the needs of seniors, encouraging charitable contributions, and prudently managing philanthropic donations to and assets of the corporation.

Deadline for Senior Tribute Nominations is Approaching!

Our local communities are filled with people who amaze us with their talent, generosity and selflessness. They could be a senior making a difference in the community or an organization or group reaching out to seniors in your area. For the past nine years, Wesbury has sought to find these extraordinary people and applaud their contributions to their communities at the Annual Senior Tribute Banquet and Auction held in October. This event is truly inspiring and not only spotlights these unsung heroes, but also serves as a fundraiser for Wesbury's Benevolent Care Fund.

The Wesbury Foundation is now accepting nominations for the 2017 Senior Tribute Banquet and Auction. The deadline for nominations is July 31, 2017. Nomination forms can be found at *www.wesbury.com* or they can simply be written on a sheet of paper and sent to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA. 16335. If you have any questions, please contact The Wesbury Foundation at 814-332-9712.

Wesbury Volunteers Are Priceless!

In 2016, a total of 316 volunteers spent 15,147 hours in service to the residents of Wesbury. Thank you to all volunteers and board members for their valuable time and dedication to Wesbury.

Wesbury United Methodist Community Board of Directors

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Mrs. Nancy Taylor
Mrs. Jolene B. Tubbs
Mrs. Jean VanGiesen
Mrs. Betty Weingard

Emeritus:
Mrs. Nancy J. Snyder

Wesbury Receives 2017 Chamber Diamond Award

Brian Nageotte, Wesbury President/ CEO accepts the Diamond Award from Karen Staudt, Communications Coordinator of the Meadville-Western Crawford County Chamber of Commerce.

Each spring, the Meadville-Western Crawford County Chamber of Commerce holds its annual "Diamond Awards Celebration" that honors small and large businesses, non-profit groups and one young, emerging leader. "The organizations nominated are "diamonds" that shine brightly in the western Crawford County area within their respective industries," says Karen Staudt Communications Coordinator, Meadville-Western Crawford County Chamber of Commerce. Selection is based on the nominee's success while supporting initiatives and organizations that enhance the quality of life in the region. Criteria include performance, growth, innovation, creativity, community involvement, and competitiveness. Wesbury was selected as the 2017 Diamond Award winner in the Large Non-Profit Business Category.

For nearly 100 years, Wesbury has continued to grow. What started on a 22-acre farm in Conneautville PA, large enough to accommodate 12 elderly Christian residents, is now a thriving not-for-profit organization committed to providing support to more than 500 people every day. In 1952, Wesbury transitioned to Meadville and grew to become a 110-acre campus offering a full continuum of aging services including independent living, personal care, skilled nursing care, short-term rehabilitation, specialized memory support neighborhoods and in-home services. Wesbury has been blessed with leaders of great vision who were ahead of their time for our region adding Independent living options in the late 1970's, in-home care in 1997, and a memory support neighborhood in 2000, that is still viewed as a state of the art model today. Looking forward, Wesbury is always seeking opportunities to bring more service options to people across the spectrum and innovation to meet ever changing demands.

When receiving the award, Wesbury President and CEO, Brian Nageotte expressed his gratitude to the community. "We are extremely honored to be recognized by the Chamber and the Meadville business community. We would like to thank the leadership of our supportive Board of Directors, our generous volunteers, our dedicated and passionate staff as well as the support of many area churches, organizations and philanthropic individuals. It is the work they do that is truly behind this acknowledgment."

We Would Love to Visit Your Church... or You Are Welcome to Visit Wesbury!

2017 Sunset Auxiliary Board Members

The Sunset Auxiliary offers to visit your church and provide a five-minute presentation during worship service on how your church can support Wesbury residents through a variety of outlets including donations, volunteering, or becoming an active member of the Sunset Auxiliary. To schedule a visit, call Rhonda Thomas at the Wesbury Foundation at 814-332-9264. Be sure to let Rhonda know if you need membership envelopes and brochures. Also, we invite your group to visit Wesbury for a personalized campus tour and free lunch. To schedule, call Melissa Porter at 814-332-9009. Whether we visit you or you come to us, we are excited to share Wesbury and The Sunset Auxiliary's information with you!

Do You Love to Travel? Wesbury Offers a Fun, Worry Free Experience! Join Us to See "Autumn in Vermont!"

Every year, Wesbury plans a trip to raise money and develop friendships for the Wesbury Community. Traveling with Wesbury is easy, safe and fun! Here is what past travelers have said…

"Wesbury goes out of their way to see that everyone has a great time and all of their needs are met…. It was the most organized trip I have ever been on…. What a friendly group of people…. Best trip ever…. Downright fabulous…. Trip of a lifetime!"

We hope you will join us for an adventure to Vermont, Sept. 17-21, 2017 for 4 nights 5 days!

Sunday, Sept. 17
With covered bridges, tall church steeples, and white clapboard houses, Vermont is the reason they invented postcards. After a day of travel, we arrive for check-in at The Pointe Hotel at Castle Hill Resort and Spa which is situated in the Green Mountains. Here we will spend the next 4 nights. This full-service resort offers daily included breakfast, an indoor pool, hot tub, fitness center and spa, with a castle on the grounds. After check-in, enjoy a lovely "Traditional Turkey Welcome Dinner."

Monday, Sept. 18
Start the day with a visit to the "Calvin Coolidge Birthplace & Homestead" where our 30th US President was born and raised, then we will enjoy lunch and shopping in the quaint little town of Woodstock with a photo stop at Middle Covered Bridge. In the afternoon, visit Quechee Gorge, Vermont's Little Grand Canyon, for scenic photos including "Taft Covered Bridge." After, we will venture to Killington Resort, in the heart of the ski area, for a gondola ride to the 2nd highest peak in Vermont. Enjoy dinner enroute back to the hotel.

Tuesday, Sept. 19
Visit the "Cabot Creamery Annex" and "Danforth Pewter" for a little sampling and shopping. We stop for lunch in the village of Stowe which lies in a broad, fertile valley of the Green Mountains. This afternoon, we will tour and sample at "Ben & Jerry's Ice Cream" and a visit the "Morse Sugar Farm" and maple sugaring shack for a presentation and traditional "Sugar-on-the-Snow." As we travel towards our hotel, we will venture through Montpelier, Vermont's State Capital, and stop for a nice dinner.

Wednesday, Sept. 20
Travel to the "Vermont Marble Exhibit" in Proctor for a self-guided tour of this fantastic museum. We will continue to Middlebury for lunch and shopping on your own. During the afternoon, visit the historic "UVM Morgan Horse Farm" for a guided tour and visit with the beautiful horses. Our final stop is the "Woodchuck Cider Company" for a guided tour and tasting. This evening, enjoy a wonderful farewell dinner, with light piano music at the "Castle."

Thursday, Sept. 21
It's time to venture towards home with a stop at the "Vermont Country Store." Stroll down memory lane as you wander the aisles stocked to the rafters with candy, maple syrup, personal care remedies, household problem solvers, and so much more. Then, sit back and enjoy the ride and scenery as we return to Meadville this evening.

"Autumn in Vermont!" Tour Includes:

- **Roundtrip deluxe motor coach transportation via Zona motor coach from Wesbury**
- **Four nights lodging, taxes, luggage handling, The Point Hotel at Castle on the Hill Resort**
- **Four dinners including dinner at the Castle, four full breakfasts**
- **All admissions, step-on guide service/gratuity**
- **Hosts: Norma White of Premier Tours; Rhonda Thomas and Melissa Porter of Wesbury**

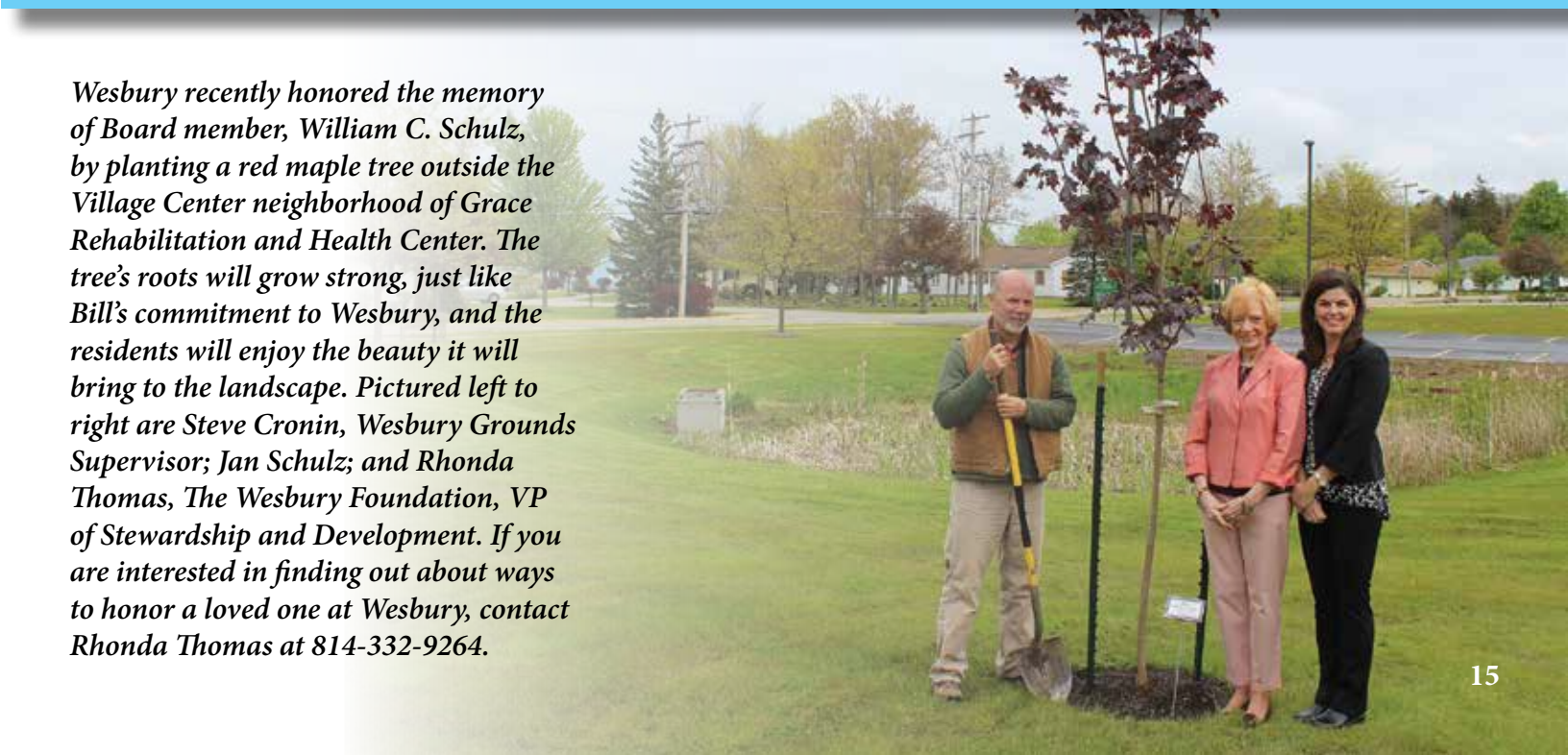
Per person cost: Double - $968.00, Single - $1265.00, Triple - $908.00*

**Itinerary and price are subject to change while details are being finalized.*

Host a Birthday Party at Wesbury

It has been said there is no cure for the common birthday, but birthdays are good for everyone as statistics show that the people who have the most, live the longest. Each month, a variety of area churches, youth groups, and social clubs try to find the cure for the common birthday by hosting parties at Wesbury's Cribbs Residential Center and Grace Rehabilitation and Health Center. They bring the cake or desserts, because we all know birthdays are nature's way of telling us to eat more cake. Groups also provide some type of entertainment that could be music, games or a skit as well as provide a gift to the residents who are celebrating a birthday during the month they are hosting. Some groups create unique table settings and favors for all the residents at the party to enjoy.

Do you belong to a church group or club that enjoys spreading good cheer and may be interested in hosting a birthday party at Wesbury? If so, contact Stacey Hoey at 814-332-9294 or by e-mail at shoey@wesbury.com for Cribbs Residential Center; or Melissa Swartwood at 814-332-9235 or by e-mail at mswartwood@wesbury.com for Grace Rehabilitation and Health Center.



Wesbury recently honored the memory of Board member, William C. Schulz, by planting a red maple tree outside the Village Center neighborhood of Grace Rehabilitation and Health Center. The tree's roots will grow strong, just like Bill's commitment to Wesbury, and the residents will enjoy the beauty it will bring to the landscape. Pictured left to right are Steve Cronin, Wesbury Grounds Supervisor; Jan Schulz; and Rhonda Thomas, The Wesbury Foundation, VP of Stewardship and Development. If you are interested in finding out about ways to honor a loved one at Wesbury, contact Rhonda Thomas at 814-332-9264.

Proposed Edinboro Community Cost Projections Prove Pricy

After a favorable market feasibility study in 2009, Wesbury purchased the Edinboro Hotel property and an additional 22 acres near Culbertson Hills golf course in 2011. The proposed plan included sixty lots for moderately priced one story single family homes, and a two and a half acre site for a 12 unit condo building designed to offer maintenance free housing and an active community for the senior population of Edinboro and the surrounding area.

The required process to receive City, Township, Pennsylvania Department of Environmental Protection (DEP) and Army Corp of Engineer approvals began immediately. The final determination of wetland mitigation from the DEP was received in 2016 and the Army Corps of Engineers followed with their approval last Fall. No one anticipated that it would take nearly six years to achieve the required approvals. During that time, costs have exceeded our expectations. In January of 2017, a new feasibility study was conducted indicating the current costs would be over $300,000 per home! Building a high end community is not in keeping with Wesbury's nonprofit Christian mission and vision, nor does it serve the desires and needs of the seniors of Edinboro, therefore the project is on hold. Moving forward, Wesbury Administration is considering the possibility of an alternative approach and, if none is found, what to do with the property.

As more information comes available, we will be sure to keep you informed. Please do not hesitate to contact Melissa Porter, VP of Sales and Marketing with questions at 814-332-9238 or via email at mporter@wesbury.com.

Keep On Learning *(continued from page 4)*

Civil War history around Meadville to be intriguing. As someone who worked for the court system for 40 years, it is neat to also share my knowledge with the group; and I learned how to send my first e-mail. It went to our Life Enrichment Coordinator asking her to take me to Taco Bell!" says Mary Ann Allen, Grace Rehabilitation and Health Center resident and participant in Senior Scholars.

According to Bill King, Grace resident and Senior Scholar, "I think the classes have been very interesting. I have enjoyed all the instructors, and being the only guy in the program, I like spending time with the ladies. I am really looking forward to my "post-graduate" classes next semester."

Residents at Grace Rehabilitation and Health Center are breaking the old belief that learning stops after a certain age. By continuing to learn

throughout their lifetime, the residents are reaping countless benefits such as positive outcomes for improving quality of life, improved cognitive health, and a sense of accomplishment through personal development.

Graduation for the first class of Senior Scholars will be held at 2:00 p.m. on June 23rd in the Barco Chapel at Grace Rehabilitation and Health Center.

"It is one of the most amazing experiences to see this group transition from doubt, fear of the unknown, and the "I can't" mentality to confident, knowledgeable, empowered scholars!"

- Melissa Swartwood, Wesbury's Director of Life Enrichment & Volunteer Services

Wesbury Expands Home Care Agency

In 1997, Wesbury was one of the first in-home service providers to emerge in the region. As the demand grew, Help at Home with Wesbury has continually expanded by adding services and caregivers. In April, Wesbury accepted the opportunity to merge with Meadville's Family to Family Home Healthcare, LLC. Family to Family was established in 2010 with a reputable mission of providing high level patient care with loving support, compassion, and dedication to patients in Crawford, Erie, Mercer, and Venango Counties.

Through this merger, Help at Home acquired Family to Family's staff and clients as well as two Meadville area Care Cottages which are in addition to the five current Wesbury Care Cottages located in Crawford County; two in Meadville, two in Titusville and one in Cochranton.

"We are confident that the merger of the two agencies will create an excellent opportunity for growth, allowing "Help at Home with Wesbury" to reach more patients/clients in a larger region of Northwest Pennsylvania. Individuals will have a wide variety of services to choose from delivered by our dedicated and compassionate staff" says Monica Daquilante, Director, Help at Home with Wesbury.

Help at Home with Wesbury is grateful for the opportunity to provide the area with quality in-home health care services. From home delivered meals and housekeeping to handyman, pet care, hair care, and companion services, we are confident that the new affiliation will serve the region well.

The newest Care Cottage in Titusville, PA

For more information on any of the programs and services offered by Help at Home with Wesbury, call 814-332-9186 or email HelpAtHome@wesbury.com.

Giving Back to Our Community

While the annual Wesbury Window Contributor's Report allows us to give thanks to all of those who partner with us in support of our Christian mission and vison, many staff members also volunteer their time and talents outside of Wesbury. Through various ways, such as serving on the board, volunteering, and consulting, Wesbury employees work with the following organizations for the betterment of our communities:

- Meadville Ministerial Association
- Meadville Medical Center
- Crawford Area Transportation Authority
- ARC of Crawford County
- Economic Progress Alliance of Crawford County
- Crawford County CASA
- HVA Senior Living Alliance
- VNA/Alliance
- Meadville Academy Theatre
- French Creek Community Theater
- Greendale Cemetery
- Meadville Area Recreation Foundation
- Meadville Rotary Club
- Crawford County Career & Technical Center
- Leadership Meadville
- Milledgeville Cemetery Association
- Association of Fundraising Professionals
- Community Improvement Committee for Cochranton

Wesbury's Chicken BBQ Receives National Praise

Each year in the middle of summer, Wesbury throws a party that attracts more than 3,000 visitors. Established in 1989 by the Sunset Auxiliary as a summer picnic fundraiser, Wesbury's annual Chicken BBQ and Craft Fair has grown to become a staple on the local event calendar. We are proud to announce that on June 10th, the Chicken BBQ will receive accolades on the national level when the NCCAP (National Certification Council of Activity Professionals) presents the Wesbury event with a "Best Practices" award at the 2017 NCCAP Symposium in Buffalo, NY!

This means the NCCAP recognizes Wesbury's Chicken BBQ and Craft Fair for its approach to making the fundraising (and "friend raising") event a success each year. This is no small endeavor. It takes the coordination of more than 180 volunteers with Wesbury staff and the logistical management of everything from the food preparation to the entertainment schedule to make the event roll without a hitch.

The Chicken BBQ reaches out to the greater community, and it responds by providing wonderful support. Area church members bake more than 300 home-made pies for dessert. They also graciously donate the funds to purchase the remaining pies needed. Local businesses provide shade tents for attendees, the "to go" boxes for meals as well as the utensils and napkins for wiping off the delicious BBQ sauce off the many hands and faces. "Gators" and "mules" that carry supplies from the kitchen to the picnic shelter are donated by local farm and garden equipment dealers and the golf carts that help transport patrons are provided by area golf courses. The Meadville Lions Club is on site to help with the parking of the many visitors, and they also help direct the members of "Classic Iron" who bring in their vehicles for the car cruise-in. Close to twenty entertaining acts show off their talents by performing indoors at the various neighborhoods and outdoors on the main stage donated by Watson Run Church. For the children, Wesbury staff members have brought in their own animals for the petting zoo and pony rides. Local churches sponsor the dunk tank and bring in volunteers for the face painting booth in the Family Fun Zone.

In 2016, 2,360 chicken/rib dinners were sold to patrons and forty vendors (craft and other) reserved a space at the event. The Sunset Auxiliary's used book sales, Granny's Attic rummage sale, and a bake sale raised over $4,300. Money raised by the Sunset Auxiliary is earmarked specifically for items purchased for the betterment of Wesbury residents.

We are honored that Wesbury's annual Chicken BBQ and Craft Fair is being recognized by NCCAP. We are grateful to our community for the support they have provided us for the past 27 years all in the name of raising money for the Benevolent Care Fund, and raising friends for the residents at Wesbury.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Other Areas of Interest

_____

- ❑ Send me the Wesbury DVD
- ❑ Send all information via e-mail
- ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2017 SW

E-Mail _____

Phone _____

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Join Us for One Great Weekend - Two Fun Events!

Saturday, July 15, 2017
Wesbury's 2nd Annual Chicken Run

The Chicken Run is a 5K Run/Walk & 1 Mile Walk on the Wesbury campus. Registration is at 8:00 a.m. and the race begins at 9:00 a.m. Cost is $20 per person pre-registration or $25 per person the day of the event. A t-shirt is included with pre-registration. The event is sponsored by Northwest Pharmacy Solutions, LLC. with proceeds benefiting Wesbury's Benevolent Care Fund.

Sunday, July 16, 2017
Wesbury's 28th Annual Chicken BBQ & Craft Fair

This family friendly, fun event is from 11:00 a.m until 5:00 p.m. on the Wesbury campus. Enjoy BBQ chicken and ribs with all the fixin's. Admission is Free. Cost of your meal is $10.00 for adults and $5.00 for children 10 and under. Explore the car show, crafters, kids zone and enjoy live entertainment all day! If you are curious to see a Wesbury Villa or a Residential Center apartment, tours will be offered every hour on the hour from the Wesbury tent.

For more information on both events, visit www.wesbury.com or call 814-332-9712.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m. in Wesbury's Thoburn Village Clubhouse. Call 814-332-9705 for more information.

Parkinson's Delay the Disease Classes
Classes are located in the Thoburn Village Clubhouse on Mon. and Fri. at 10:30 a.m. and Wed. at 1:15 p.m. Call 814-332-9794 for more information.

Seniors for Safe Driving
Standard course (2-day class) scheduled for Sept. 20 & 21, 2017 at 5:30 p.m.-9:30 p.m. Refresher course (1-day class) scheduled for July 19th, 5:30 p.m.-9:30 p.m. and Nov. 15th, 5:30 p.m.-9:30 p.m. All classes at Cribbs Residential Center. Call 800-559-4880 for more information.

Wesbury's 17th Annual Senior & Friends Golf Scramble
Thursday, June 15, 2017
10:00 a.m. shotgun start. Continental breakfast, boxed lunch and picnic buffet dinner included. Call The Wesbury Foundation at 814-332-9712.

Wesbury's 2nd Annual Chicken Run
5K Run/Walk and 1 Mile Walk
Saturday, July 15, 2017
Registration begins at 8:15 a.m.
Runners start at 9:00 a.m.
Walkers start at 9:10 a.m.
Located on Wesbury's campus.
Call 814-332-9022 for more information.

Wesbury's 28th Annual Chicken BBQ & Craft Fair
Sunday, July 16, 2017 at 11 a.m. to 5:00 p.m. on Wesbury's campus. Call The Wesbury Foundation at 814-332-9712.

Wesbury's 9th Annual Senior Tribute Recognition Dinner & Auction
Thursday, October 12, 2017 at 5:30 p.m. Iroquois Club - Conneaut Lake. Call The Wesbury Foundation at 814-332-9712.

Lancaster Trip
October 11-12, 2017. Overnight Anderson Bus trip to Lancaster, PA. "Jonah" Sight and Sound show, tours of Harrisburg State Capitol building and Hershey Chocolate World. For more information call 814-332-9794.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -