WESBURY WINDOW

Special Edition 2015
Contributors Report

Spring/Summer 2016
Volume 21 · Issue 2

The Changing Face of Healthcare

When Grace Health Center opened its doors in 1970, it was licensed for 160 residents and designed to provide skilled, long-term care to residents who were facing irreversible issues and health challenges. Since those days, the scope of health care has shifted dramatically. Continual advancements in healthcare practices combined with the additions and improvements of facilities, services, and programs offered, have changed what residents and their families' experience when they are admitted at Wesbury.

Yes, Wesbury continues to provide care to long-term residents, but in recent years, Wesbury has also become an area leader in providing short-term rehabilitation. The number of people who are looking to heal and return to their home has grown to where Grace is no longer the "Nursing Home" that we were known by for many years. In fact, in 2015, 60% of all Grace Health Center admissions got well and returned to their previous living environment.

Offering private, amply furnished accommodations with space to visit with family and free Wi-Fi, Wesbury's designated Short Term Rehabilitation Neighborhood allows for personalized choices focused on recovery. Gone are the days of the regimented nursing home routine. Our Natural Awakening program lets residents start their day when they are ready. Residents also have flexibility in scheduling their therapy and activity times, when and where they want to dine as well as made-to-order meal options. Additionally, residents are presented with a variety of daily activities and weekly spiritual programs and services.

For over four decades, the public has historically known Grace Health Center as a "Nursing Home." In order to increase awareness that Wesbury is also a top notch rehabilitation choice, we have added it to our name. Hence forth, Wesbury's "Grace Health Center" will now be called "Grace Rehabilitation and Health Center."

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"Although we are updating the name we are not changing our mission. We have been focused on rehabilitation and returning residents to their home for quite some time, while still providing the excellent palliative care, memory support, and end of life comfort residents and their families have come to expect."

Brian Nageotte, Wesbury President

Brian S. Nageotte
Wesbury President/CEO

Rhonda K. Thomas
Wesbury Foundation
V.P. of Stewardship
& Development

Thank You!

On behalf of our residents, their families, our Board of Directors and staff, thank you for your generosity, faithful service and the many blessings you continue to provide.

As you read through your copy of the 2015 Contributors Report, we hope you are comforted in knowing that many people share your interest in caring for and supporting others and that Wesbury will be here if you or loved ones are ever in need.

Please note:
In an effort to be more environmentally conscious and to be better stewards of the donations that are so graciously made to Wesbury, we continue to condense the annual report listings and share the information more broadly through our Spring/Summer Wesbury Window Newsletter. We hope you find this approach interesting and informative. There are so many stories of giving to share! For a complete listing of donors, you may visit *www.wesbury.com*.

Thank you once again for your continuous support of the Wesbury residents.

Personalize your Villa, Make it your Own!

When Marie and Clyde Walton selected their villa, they had a vision to make it fit their retirement goal. They asked for alterations to the existing floor plan that would create an informal living room, formal dining room, and an enclosed back patio for a sun porch. As villas empty after years of occupancy, extensive updates are typically needed. New occupants have the opportunity to be a part of the renovation process personalizing their new home to fit their lifestyle. For example, Shirley Campbell enjoyed the adventure of helping the renovation team modernize her villa into an open floor plan and well-organized master suite. Another couple had a vision for an enlarged kitchen and improved use of space, allowing more natural light by removing the wall between the kitchen and dining room and widening the entrance to the living room. While not everyone wants to be involved at this level, many enjoy the opportunity to make their new villa a home that really fits them.

"I was surprised that Wesbury offered to make the house just right for us," remarks Marie, "and it was easy. We lived out of state at the time, and Melissa would email us floor plan ideas and pictures, so we were involved all the way through. We love how it turned out."

New residents can be as involved or uninvolved as they wish when it comes to preparing their villa or apartment for move in. They can select cabinetry, countertops, hardware, paint, and flooring; or Wesbury can choose neutral finishes and just take care of it all. It is at Wesbury's expense to prepare each home for the next occupant, but there are parameters. When the renovations requested exceed Wesbury's plans for the home, then the costs are passed on to the customer.

"Wesbury was so accommodating," says Clyde, "we knew we were asking for more than they had planned to do but it was worth it to us to make it our home."

If you are lucky, you can just call when you are ready to move, and Wesbury will have a villa renovated and waiting. But that is rare. Most often, homes are sold to a member of the waitlist before a nonmember ever gets the opportunity. Getting on the waitlist is a great step toward finding the right home and having the chance to be involved as the home is renovated. There is no cost or obligation.

Before

After

Learn More!

If you are interested in learning more about choosing a villa, the renovation process, or getting on the waitlist, consider these upcoming events:

June 29, 6:00 p.m. – Tour of Homes Event- Enjoy wine tasting and heavy hors d'oeuvres as you tour four of Wesbury's many floor plans.

August 5, Noon – Privileges for Planners Event – A cookout and informative talk for current Thoburn Village waitlist members and those considering joining the waitlist. Experience a Cookout Luncheon located at the Wesbury Clubhouse. Meet and ask questions with current residents, learn about the waitlist, the renovation process, and the included clubhouse guest privileges.

To RSVP, call 814-332-9009.

Maintain Your Independence!

Unfortunately, a fall can happen anywhere. Whether you are at home or out on the go, you want to feel safe and secure no matter where you are. In the event of a fall or other emergency, a medical alert system from Help at Home with Wesbury provides 24/7 assistance at the push of a button. If you need help, highly trained Care Specialists will notify emergency services and the friends and family on your contact list. The system is flexible. You no longer need to have a traditional landline, and the mobile solution with GPS can help identify your location in the event of an emergency. There is no long-term contract, no hidden fees, 24/7 client assistance, and the price never increases as long as you are using the system.

For more information or to place an order, call 814-332-9186.

The Changing Face of Healthcare - continued from page 1

If you or someone you know is planning a knee, hip, back, or shoulder surgery, requires cardiac or pulmonary related rehabilitation or is recovering from a health challenge know they can receive the intense therapy they need at Wesbury to get well and return home. Make your physician aware of your preference as well as the hospital performing the surgery. You can even preplan your rehabilitation stay at Wesbury!

If a return to a former living environment is not possible, the care team at Wesbury has a variety of options available to residents and their families, on-campus and in the community. For those residents facing long-term care because of serious illness, the Grace Rehabilitation and Health Center multidisciplinary Palliative Care approach focuses on providing relief from symptoms, pain, mental and physical stress, no matter the diagnosis. We also offer Care Cottages, the Memory Support Center and work with hospice partners. "Our goal is to improve the quality of life for all residents and their families who entrust their care to us regardless of the circumstance." Notes Mr. Nageotte.

For those needing additional support, but not requiring around-the-clock care, Wesbury's Thoburn Village, Cribbs Residential Center, Hillside Home, and Help at Home with Wesbury offer a variety of lifestyle options and service alternatives that not only bring safety and security to residents and clients but peace of mind to their family members. To find out about more about the Wesbury healthcare programs, services or lifestyle phone 814-332-9009, or visit *www.wesbury.com*.

Wesbury Care Cottages Expanding Throughout the Region

Wesbury is pleased to announce the addition of Care Cottages in Titusville and Cochranton. The Care Cottages are an alternative to living in a Skilled Nursing Facility or Personal Care Home offering "one-on-one", person-centered care in a lovely residential setting.

These new Care Cottages add to the two that are in Meadville. Each can accommodate three residents and are located within minutes from shopping, entertainment, and medical facilities. The Cottages are furnished, three-bedroom, private homes which are beautifully decorated with plenty of room for the residents to visit with one another, with family, or to have their own privacy.

"We are excited to be expanding into new locations, offering an affordable lifestyle option that serves residents around the region in their own communities," says Monica Daquilante, Director of Help at Home with Wesbury.

Help at Home with Wesbury provides twenty-four/seven, around-the-clock, Companion Services to assist the Cottage residents with their daily needs. The following services may be included: assistance with bathing, dressing, ambulation, exercise, meal preparation, laundry, housekeeping, medication reminders, social outings, and medical appointments. Residents may also participate in daily crafts, games, movies, bird watching, gardening, or simply kicking back to relax and enjoy the peaceful setting.

The Room & Board fee is determined on an individual basis and never exceeds the resident's income and affordability. Additionally, each of the three residents is required to cover the cost for eight hours of Help at Home Companion Care to pay for 24-hour care. This cost is $156 per day, however, this fee is typically covered by PA Waiver funds, which is home based Medicaid.

For detailed information and a tour of one of our Cottages, please contact Monica Daquilante at 814-332-9705.

Titusville

Cochranton

Meadville

Meadville

Wesbury's Parkinson's Support Group Announces New Facilitator for 2016

Monica Daquilante, Director of Help at Home with Wesbury, has become the new facilitator of the Parkinson's Support Group. Monica began her career as an LPN and worked in both long-term and acute care settings. She later earned a BS in Rehabilitative Science from Clarion University and an MA in Industrial and Labor Relations from Indiana University of Pennsylvania. She spent several years as a Human Resources Generalist at Penn State University and eventually became a Staff Educator on the University Park Campus. In her most recent position before coming to Wesbury, she directed the Private Duty Services for UPMC Visiting Nurses.

"I embraced the responsibility of facilitating this group to increase our community outreach activities," says Monica. "It is our mission to reach as many members of the community who are struggling with this disease, as possible, to create an awareness of the resources and support that surrounds them."

Monica Daquilante (second from left) with members of the Parkinson's Support Group.

The support group is open to individuals diagnosed with Parkinson's disease, their spouses/loved ones, and caregivers. Meetings are held on the second Tuesday of each month from 1:00 p.m. until 2:00 p.m. in the McCracken Chapel located at Wesbury's Cribbs Residential Center.

A guest speaker is scheduled every other month, and the group shares experiences/current challenges with each other on the opposite months. The guest speakers focus on the latest research, education on Parkinson's related topics, and area resources. Anyone living with Parkinson's, or wanting additional resources regarding Parkinson's Disease is welcome to attend. Upcoming meetings featuring guest speakers will be advertised on the Wesbury Facebook page, the *Meadville Tribune*, *CrawfordVoice*, and *www.wesbury.com*.

For more information, contact Monica at 814-332-9705.

Interested in Traveling with Wesbury?

We have just returned from our exciting cruise trip down the Danube River and are in the early stages of planning our 2017 Wesbury trip. If you are interested in planning updates, or have suggestions on where you would like to travel, contact Melissa Grinnell at 814-332-9712 or email mgrinnell@wesbury.com.

2015 Donor Recognition Awardees in Their Own Words

On April 6th, The Wesbury Foundation held its Annual Donor Appreciation Luncheon to thank those who helped financially support Wesbury throughout 2015. This event is a wonderful opportunity to recognize those donors and thank them for helping us fulfill our mission of compassionate Christian care to our residents. Simply put, thanks to many, many generous people, Wesbury can provide charitable care (benevolent care) when needed, assuring that all residents will continue to be cared for even if they no longer have the financial ability.

The following individuals *(shown on pages 7-9)* received special recognition at this luncheon. We both thank and congratulate them for their commitment and dedication to Wesbury!

Wally Irwin

White Dove Awardee

"I am very pleased and appreciative of being able to serve on the Board of Directors at Wesbury for over 40 years. It is because of the care given to my immediate family. My mother was at Grace for several months as a resident and I have a brother who is receiving home delivered meals and help around the house with housekeeping and laundry, as well as all of the other families who live in the region that need the kind of care Wesbury provides that is so fulfilling. Wesbury is a wonderful community treasure and we are fortunate we have such facilities here in Meadville. I am happy and very proud to be associated with Wesbury, to be connected with all of the wonderful change to the programs and services Wesbury offers people both on-campus and in the community. Thank you to Wesbury for giving me the pleasure to serve."

Wilkinson Excavating, Inc.

Donor of Distinction

left to right: Garrett, Ryan and Nathan Wilkinson

"For us, at Wilkinson Excavating, it has been a pleasure to be able to donate to Wesbury and help residents who have outlived their resources to be able to continue the quality of life they experience at Wesbury. It is important to us to give back to the community in different aspects and Wesbury has been a good fit for us to help in the community. We think Wesbury does a lot for the community, so if we can help Wesbury, we feel we are helping the community as a whole."

Grace United Methodist Church, Oil City

Lifetime Giving

Members of Grace United Methodist Church, Oil City - left to right: Pat Black and Judy Hards

"Our church has supported residents going back to some of the earliest days of Wesbury's inception. Members of our congregation have memories of the old Cribbs Home in Conneautville as well as the move to the Methodist Home in Meadville. Over the years, some of our fellow church members have been residents at Wesbury. Each year, at the request of the Sunset Auxiliary, the Grace Church supports Wesbury's Annual Chicken BBQ and Craft Fair by baking pies for the auxiliary's bake sale. Our mission includes strengthening families, offering healing and nurturing the faith of the community."

Wesbury continues to provide trusted, quality care to those who have outlived their resources thanks to the dedication of churches like Grace United Methodist.

Don & Virginia Burchfield

Honorable Mention

"We have a long time history and genuine connection to Wesbury. For more than forty years, we have had many family members live in all levels of Wesbury's continuum of care." The Burchfield's are very passionate about supporting Charitable Care and are great advocates of Wesbury's Benevolent Care Fund. This year, once again, the Burchfield's gave significantly to this fund. We are not only blessed to have their support, but honored to have them as part of the Wesbury family.

Jim & Betty Hammerlee

Honorable Mention

"As residents of Wesbury's Thoburn Village, we regularly attend services at Cribbs Residential Center's McCracken Chapel. Last year, we approached Wesbury Chaplain, Rev. Sam Marchetta, about making a substantial donation for audio and visual improvements to the chapel in honor of our son, Edward. We wanted our gift to provide the ability to broadcast Sunday services over Wesbury's local TV channel with better clarity for residents not able to attend in person. Our gift will also bring new televisions for the chapel so those who do attend will be able to follow along with the service more easily. We saw a need and wanted to help."

Deborah Pifer

Volunteer Fundraiser of Distinction

"My journey with Wesbury started about seven years ago with my parents needing care. We met with Wesbury staff to help us make decisions about my father's stay at Grace Health Center and my mother's move to Wesbury Hillside Home. My family feels it is important to donate to Wesbury's Benevolent Care Fund and help support people who can no longer afford the costs of their care. You can also support residents by volunteering your time and talents; anything you can give to the residents is like giving back to your community. I just feel very blessed that in our lives we have been fortunate to have Wesbury and Hillside Home to support our family, and we will continue to support them."

Melissa Swartwood

Employee Fundraiser of Distinction

"I think it's very important to support Wesbury's mission. We have an opportunity every day to make a difference in the lives of other people and that is happening every day at Wesbury. I always tell people, no matter what the challenges we face each and every day, beautiful things are always happening here. I recently visited a resident in the hospital, and before I left, she told me, "Please tell everyone I love and miss them, and I can't wait to get home to Wesbury." This got me thinking, what an incredible testimony about the compassionate and exceptional care we provide the residents at Wesbury. Not only do they see the staff as family, but they also see Wesbury as home. Thanks to the generous donations to the Benevolent Care Fund, we are able to make sure that quality of care continues."

How You Can Help

The Wesbury Foundation supports many areas of need, but most of our work currently supports The Benevolent Care Fund or charitable care. This fund supports Wesbury's mission of Christian care by providing for those residents who have outlived their financial resources.

To make a gift to The Wesbury Foundation, please use the enclosed envelope and mail it to: The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335; visit our website at *www.wesbury.com* to make a secure online donation; or call 814-332-9264.

Hyatt M. Cribbs Society

The organization that would become Wesbury began in Conneautville, PA during 1918 when Hyatt M. Cribbs offered his farm home to the Erie Conference of the United Methodist Church as a place for those in need. The Ida M. Cribbs Methodist Home was officially born out of that gift which included 22.75 acres of farmland. Today, The Hyatt M. Cribbs Society is a family of distinguished individuals, groups, and organizations who are committed to continuing in Wesbury's benevolent tradition.

Ida M. Cribbs Circle ($2,500 +)

Mr. & Mrs. Donald C. Burchfield & The Burchfield Clouse Family Fund
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First National Bank of Pennsylvania
Rev. & Mrs. James D. Hammerlee
Mr. & Mrs. Lance A. Johnson & Associated Contractors, Inc.
R. E. Johnson Electric, Inc.
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Wilkinson Excavating, Inc.

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Mr. & Mrs. Timothy J. Bracken
Ms. Ruth M. Craig
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Mr. Paul K. Wojcik & BNY Mellon Community Partnership

Circuit Rider Society

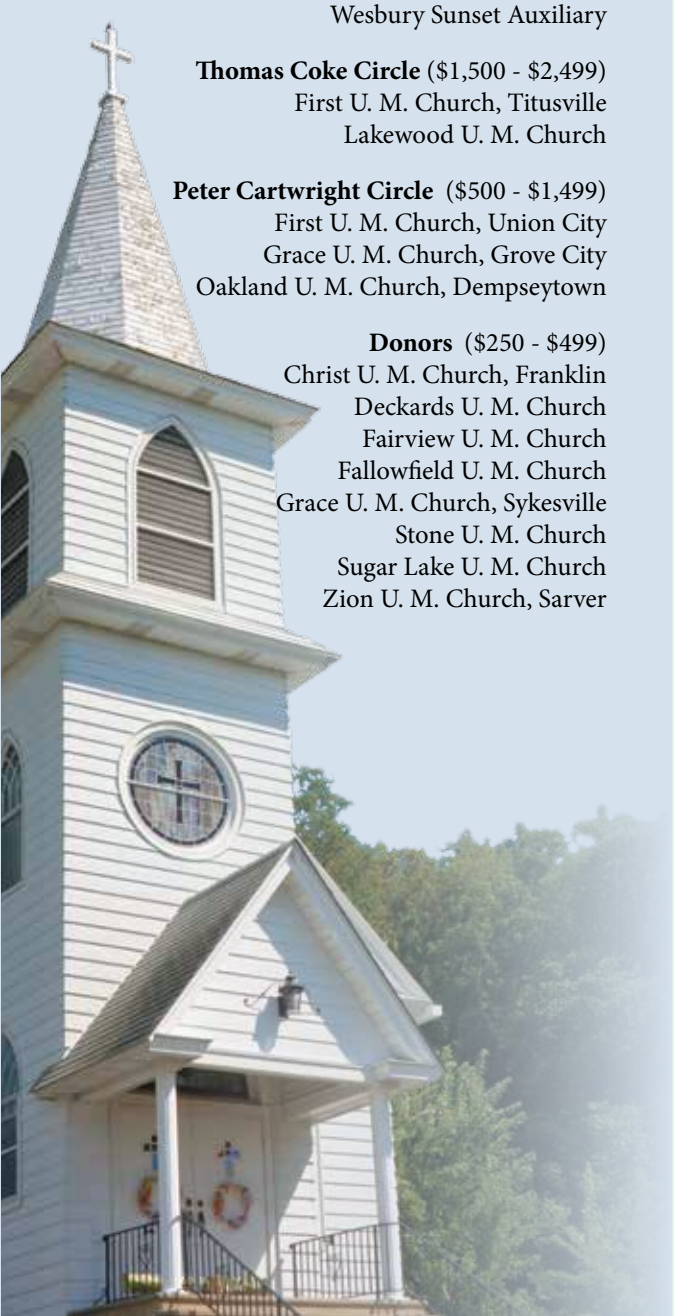
In the early years of the United States, clergy in the Methodist Episcopal Church and related denominations were assigned to travel to specific geographic territories and minister to congregations. They were called "Circuit Riders". Wesbury maintains a strong relationship with churches throughout Western Pennsylvania as these connections are a cornerstone of Wesbury's foundation. Methodist churches and church groups listed in the "Circuit Rider Society" have contributed to Wesbury directly and through the Sunset Auxiliary.

Frances Asbury Circle ($2,500 +)
First U. M. Church, Warren
Grace U. M. Church, Oil City
Wesbury Sunset Auxiliary

Thomas Coke Circle ($1,500 - $2,499)
First U. M. Church, Titusville
Lakewood U. M. Church

Peter Cartwright Circle ($500 - $1,499)
First U. M. Church, Union City
Grace U. M. Church, Grove City
Oakland U. M. Church, Dempseytown

Donors ($250 - $499)
Christ U. M. Church, Franklin
Deckards U. M. Church
Fairview U. M. Church
Fallowfield U. M. Church
Grace U. M. Church, Sykesville
Stone U. M. Church
Sugar Lake U. M. Church
Zion U. M. Church, Sarver



Attention All Groups, Organizations or Congregations!

Members of Spartansburg United Methodist Women's Group attending a lunch and tour.

We are offering group presentations, informational speakers and free lunch and tours!

- **Would you like us to visit your church or organization?** We would love the opportunity to share the mission of Wesbury, the purpose of The Wesbury Foundation and the Sunset Auxiliary with your congregation or group. We will share the value and great fulfillment of supporting the needs of our residents, the services we can offer your families and show how much we appreciate the support you have provided throughout the years. Call Rhonda Thomas to set up a speaker to come to you! 814-332-9264 or rthomas@wesbury.com

- **Is your church or organization looking for a speaker?** We will be glad to come to you and will talk on a variety of topics including retirement options, downsizing, understanding care options and costs, staying active and more. Schedule a free speaker for your event by calling Melissa Porter at 814-332-9238 or mporter@wesbury.com.

- **Wesbury offers campus wide tours, including Wesbury Hillside Home, catered to your groups interests.** As a thank you for your time, we invite you to join us for a lunch following your tour! To schedule your tour, contact Melissa Porter at 814-332-9238 or mporter@wesbury.com

The Power of Sharing

Twice a month, a group gathers in the Community Room at Hillside Home. They socialize, share stories, and teach each other knitting, sewing stitches and crafting techniques that may have been forgotten or are completely new to them.

This group is not just Hillside Home residents; they invite anybody to join them. Friends, family members, and staff members have all joined in to learn how to stitch, sew and crochet. It is not just the younger staff members learning these practices for the first time; there are residents in their 90s who just never happened to learn how to crochet and thought this group was a good time to start.

Mostly blankets and hats are made that can be given to family members and friends as a gift for a birthday or holiday. They also support people in the community by donating to the area's Women, Infants, and Children (W.I.C.) office and Meadville's Pregnancy Center. Hillside resident, Ruth Garnavish, says, "I have a lot of yarn, and I would rather use my time to contribute something someone can use than to just sit around. The Pregnancy Center always sends me a nice thank you card for the donation, though it is not necessary, it is nice to know the items I've made are appreciated."

"It is nice to see our staff acquire these skills from our residents," says Cathi Hanson, Hillside Home administrator. "This is the type of group that bolsters the family feeling that people experience when they come to Hillside for a visit."

Hillside Hiram Fuller Whiting Society

In 1906, Mr. Hiram Fuller Whiting made a generous bequest of $2,000 to purchase a house and property in Meadville, Pennsylvania to shelter elderly men and women who could no longer care for themselves. Wesbury Hillside Home is the proud legacy of this generous gift.

The Hiram Fuller Whiting Society is a family of distinguished individuals who are committed to continuing the benevolent tradition of Wesbury Hillside Home.

Many people contribute in honor or memory of their loved ones. These thoughtful gifts help Wesbury Hillside Home continue its mission of providing the best possible care while remembering special people in their lives.

Founder ($1,000 +)
Mr. & Mrs. John F. Cotton
Mrs. Marnie Kirkpatrick
Mr. & Mrs. David P. Shaffer

Patron ($500 - $999)
Mr. & Mrs. Donald C. Burchfield
Mr. & Mrs. Lance A. Johnson
Mr. & Mrs. G. Thomas Lang
Mr. & Mrs. Drew Overpeck

Member ($250 - $499)
Lloyd's Rental Services
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Mr. & Mrs. Kurt VanTuil
Mr. & Mrs. Thomas J. Wagner

Friend ($100 - $249)
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Mr. & Mrs. William W. Brown
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Ms. Barbara D. Riess
Mr. & Mrs. Walter P. Slomiany
St. Marks United Church of Christ
Mr. & Mrs. Daniel A. Taylor
Dr. Richard L. Teubert
Dr. & Mrs. Christopher W. Thomas

The sponsors listed below partnered with Wesbury for all 2015 fundraising events. We would like to take this opportunity to thank them all for their very generous support of Wesbury!

Leadership Partners

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Community Partners

Wilkinson Excavating, Inc.

Neighborhood Partners

First National Bank

Northwest

UPMC Health Plan

Supporting Partners

PNC

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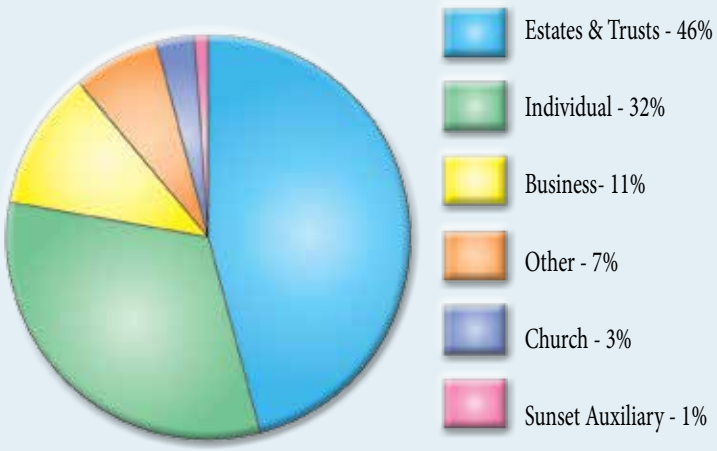
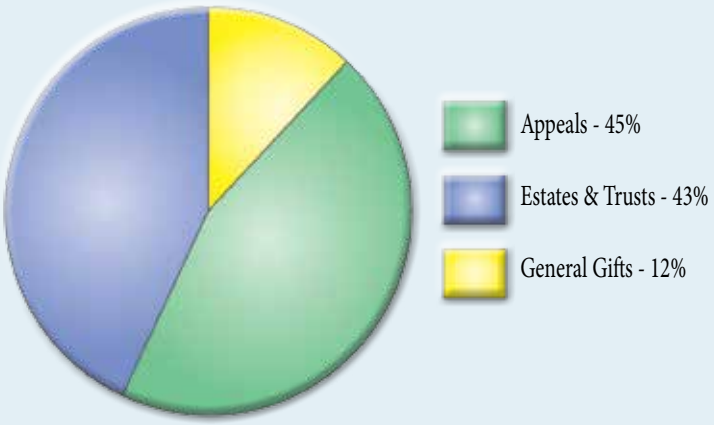
Financials

Wesbury and Wesbury Hillside Home donations are allocated to support benevolent care.

The Wesbury Foundation Sources of Funds



Wesbury Hillside Home Sources of Funds



As you can see, a large share of our gifts come from thoughtful people who have named The Wesbury Foundation in either their Will or as a beneficiary of a trust. Please consider leaving a legacy of compassionate care for people in need by including Wesbury in your estate plans. For more information, please contact The Wesbury Foundation at 814-332-9264.

The Wesbury Foundation Promise

The Wesbury Foundation promises to use your gift carefully and wisely, never to ask for money that is not needed, and to abide by all generally accepted accounting practices.

The Wesbury Foundation Mission

The Wesbury Foundation is dedicated to advancing the Christian mission of Wesbury United Methodist Community through promoting the needs of seniors, encouraging charitable contributions, and prudently managing philanthropic donations to and assets of the corporation.

Helping Yourself, Helps Wesbury Residents

Tony Petruso presents Rhonda Thomas of The Wesbury Foundation with a check for $2,400.00.

During last year's flu season, those who received their annual flu shot from Northwest Community Pharmacy collectively made a $2,400 donation to The Wesbury Foundation's Benevolent Care Fund by giving a portion of the proceeds of their vaccine. For the coming flu season, you can stay healthy, and help Wesbury residents again! You should not wait for the flu season to get your shot; late summer is a good time to get your vaccine.

When you stop in at Northwest Community Pharmacy for your shot, simply check the box that says you want the proceeds to help Wesbury residents and you are good to go! If for some reason you cannot stop in, you can schedule a time where a representative from Northwest will come to you by calling 814-724-3107.

Northwest Community Pharmacy is located on the Wesbury campus at 740 North Main Street Extension and is open Monday through Friday from 9:00 a.m. until 6:00 p.m., and Saturday from 9:00 a.m. until 1:00 p.m.

Wesbury Volunteers Are Priceless!

In 2015, a total of 307 volunteers spent 15,989.50 hours in service to the residents of Wesbury. Thank you to all volunteers and board members for their valuable time and dedication to Wesbury.

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Our Story… The Right Choice Then and Now

When making the commitment to move to a life plan community like Wesbury, there is always the expectations that at some point you will experience various levels of their continuum of care. "We are actually busier now, living at Cribbs, than we were living in our apartment in Thoburn Village," says Rosemay Moyer. She and her husband, Dick, made their move to Cribbs last year and are extremely happy. "I love Wesbury!" exclaims Dick. "We met here, we live here, and it is like family here." That is all true. Dick and Rosemay Moyer had a lot in common before they were married in the McCracken Chapel at Cribbs Residential Center. They each have a background in education. Rosemay is a retired music teacher. Dick is a retired guidance counselor. Each is an active member of their Methodist Church, who loved traveling and staying busy. And yes, while Rosemay was already living in Thoburn Village, and Dick in Conneaut Lake, they met at a luncheon for educators at Wesbury. At that luncheon, they were seated at the same table, got to talking, and the rest is history.

For seven years, living in Thoburn Village was great for the Moyers. They enjoyed the field trips, participating in the entertainment and social occasions, but they knew as life presented more challenges there would be a need for a change to remain active and secure. They were aware that anything could happen at any time, and felt moving to the enhanced living and personal care setting would ultimately still give them the choice in their aging lifestyle as opposed to outside forces choosing for them.

Since they moved to Cribbs Residential Center, they were surprised to find the move actually gave more choices to fill the day. According to Rosemay, "It's all right here! We don't have to participate in everything, but between the dining, exercise classes, activities and socializing, a day can fill up pretty fast."

The Moyers are aware the future can bring more lifestyle challenges and transitions, but they are reassured in knowing that change isn't always a bad thing. "We know what to expect," says Rosemay. "Many of our friends and neighbors have stayed at all levels of Wesbury's care, and matching our experiences up with theirs, we are confident living at Wesbury has been the right choice for us."

Rosemay plays the Clavinova to the delight of her husband and friends at Cribbs Residential Center

Congratulations!

Meadville's SouthernCare Hospice and Home Instead Senior Care recently co-hosted a "Selfie Stick Contest" in Crawford and Venango counties! The contest participants were local Skilled Nursing Facilities and Personal Care/Assisted Living Facilities. Photos were taken at the facilities with residents and staff and posted on Facebook. The photo with the most "likes" won $250 towards the winning "selfie's" activities department, provided by Home Instead Senior Care Meadville, and Lunch catered for the facility from SouthernCare Hospice Meadville. Thanks to more than 1,600 votes from all around the world, Wesbury's "This Ain't Your Grandma's Nursing Home" selfie was the winner!

MARC Memberships Promote Healthy Living

For 2016, Wesbury partnered with the Meadville Area Recreation Complex (MARC) as a corporate sponsor and, as a result, residents, as well as any Wesbury staff member and their immediate family members are entitled to a free membership. The Meadville Area Recreational Complex is a unique forty-seven-acre multi-faceted recreational facility widely known for their ice rink and pool. This partnership goes hand-in-hand with Wesbury's mission of promoting health and wellness community-wide. Residents are thrilled they can use the facilities every Wednesday afternoon, and free transportation services are included. "This is an exciting venture that gets us into the community," says Greg Brink, Director of Activities for Thoburn Village. "It's a nice way for residents to enjoy the opportunity to stay healthy and have fun together." Wesbury promotes health and wellness not only for residents but also for staff. "167 staff members have signed up and are utilizing this benefit with their families; totaling 434 new members to the MARC. Even though the MARC is open year round, this is fantastic for families during the summer while school is out," remarked Rick York, VP of Human Resources.

Keep On Growing!

This summer, Wesbury residents will be creating a "community garden" located behind Cribbs Residential Center. As the planning committee and participants meet at the Thoburn Village Clubhouse, they decide to have the area sectioned for the use of both ground level gardens and raised planters. This design will make it easier for resident involvement in working their plots. Last summer, Cribbs Life Enrichment Assistant, Stacey Hoey, created an "above the ground" garden with the assistance of Cribbs residents. Stacey plans to have more plantings this year to go with the Thoburn garden. When the meeting turns to the discussion of what they are planting, the orders are full of variety. Each participant says they want tomatoes, beans, herbs, lettuce and more. Thoburn resident, Sam Strangis, adds to the conservation, "In a good year, three plants are plenty, in a bad year; a dozen won't be enough!" his comment is received with hearty laughs. As Wesbury Grounds Supervisor, Steve Cronin begins the design process; the hopes are to yield bountiful crops by harvest time.

Wesbury Goes A.B.C.D. for Success

Employing close to 400 people, the staff at Wesbury is made up of a diverse mix of people. Each has their role to play in creating the atmosphere that residents, their families, and visitors experience when they come to the Wesbury campus. In 2015, Vice President of Human Resources, Rick York, put out the call for volunteers to form an Accountability Focus Group to help improve confidence in the workplace. The group believed one way to achieve this is through recognition and praise. They developed a program where employees could receive credits and accolades from their peers when they were observed going "above and beyond the call of duty." The actions could be anything, as long as it is viewed as being something positive and helpful. By filling out a form and dropping it off at one of the various drop locations around the Wesbury campus, staff can share their appreciation for one another. For each form turned in, one credit is received. As credits are collected, they can be turned in for prizes. The more credits turned in, the bigger the prize. They titled the program, "A.B.C.D.," and it encompasses all Wesbury staff; including supervisors, managers, senior staff, Help at Home with Wesbury staff as well as any on-campus contracted workers. "This program has been great, says Rick. "The atmosphere it has produced increases the way people in different departments pitch in to help each other out; and the best part, it was created by the staff themselves." Over a year into the program, hundreds of employees of been recognized for going "A.B.C.D." creating a positive working environment that benefits staff and residents alike.

Introducing our New Website and Blog!

Wesbury is excited to announce the launch of our new, mobile-designed website. Check us out at ***www.wesbury.com*** and see some of the new and improved features including:

www.wesbury.com

- ✓ **Easy navigation.** Each care level is broken down in categories, making it easier to understand our wide array of services.
- ✓ **Sign up for events online.** Just visit the News & Events and see what is happening at Wesbury.
- ✓ **Check out our new blog.** Topics include: planning for retirement, caregiver support, finance and planning, health and aging, and updates on news and events.
- ✓ **Make donations online.** Support Wesbury by making secure online donations to The Wesbury Foundation. On the home page, select the Ways to Give drop down menu and select Make a Donation. Specify the amount of your gift and hit the Donate Now button. It's simple and secure.

Wesbury Resident Celebrates 20 Years at Cribbs

In March, resident Elizabeth Hughes celebrated living at Cribbs Residential Center for 20 years, but her history with Wesbury can be traced to its earliest days. As a young girl, her father would pack his car, which he had because he was a rural letter carrier, with her Sunday school class for visits with the women living at the original Cribbs Home in Conneautville. According to Elizabeth, the intent of Cribbs Home was to have a place for the widows of Methodist ministers to live and be cared for. After graduating from high school, she would teach at a one room country school for four years before getting married and raising five children. Elizabeth says during those times, women would often stay home to raise the family and spend time working to support their church as part of the Ladies Aid Society. Elizabeth, a member of the Edinboro United Methodist Church, has always stayed involved with residents of Cribbs Home, including after they moved from the farm at Conneautville to become The Methodist Home in Meadville in 1952.

Elizabeth served on the Methodist Home Board of Directors during the late 1970s and early 1980s. She fondly recalls working with Executive Director, Rev. William Brown and a Conference-wide contest to change the name of Meadville's United Methodist Home and Hospital. The winning name was the one we all know today, Wesbury.

Moving to Central Florida, Elizabeth continued to serve the United Methodist Women, volunteering as a Circle Chair at the church where she belonged. Though she lived in Florida for over a decade, she always knew she would return to Northwest Pennsylvania to live at Wesbury.

Over the past twenty years, Elizabeth has built a home at Cribbs Residential Center. She has also shaped her life around helping to support her fellow residents by leading the blessing before meals and providing announcements and calls for prayers. Continuing to grow her Methodist roots, Elizabeth volunteered to serve for Wesbury's UMW (United Methodist Women) who meet monthly. Whenever there is a call from the United Methodist Conference for disaster relief kits, the Wesbury UMW is always ready to answer by collecting money, purchasing products, and putting together kits at Cribbs.

Pictured above is Elizabeth Hughes (center) and her daughters Nancy Klemm and Janet Bischoff

In 2010, Elizabeth and the other members of Wesbury's United Methodist Women made health kits for UMCOR, United Methodist Committee on Relief, which were distributed to victims of an earthquake in Haiti.

Working with former Wesbury Chaplain, Rev. Ellen Rezek, Elizabeth was instrumental in starting the Cribbs "Good Neighbor" program. This program makes the transition of moving into an environment of assistance from living independently a little easier. "Good Neighbors" take new residents under their wing to "show them the ropes" of living at Cribbs. She also makes it a point to participate in the life enrichment programs as well as volunteering to help promote Wesbury whenever she can.

At 99, Elizabeth is thankful for the good health she has enjoyed. She credits a good lifestyle and is thankful for her parents promoting a healthy diet from a young age. She says she didn't even have a cup of coffee until she was in her 20s. "I've loved living at Wesbury," says Elizabeth. "I have a real history here of being able to help serve others. To me, it is home, and it is filled with good friends."

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- ❑ Independent Living
- ❑ Enhanced Living & Personal Care
- ❑ Skilled Nursing
- ❑ Short-term Rehabilitation
- ❑ Help at Home with Wesbury
- ❑ The Wesbury Foundation/Making a Donation
- ❑ Future Edinboro Community

❑ Send me the Wesbury DVD

❑ Send all information via e-mail ❑ Call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

2016 SW

E-Mail _____

Phone _____

EAGLE ACCREDITED ORGANIZATION

EQUAL HOUSING OPPORTUNITY

Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.

Join Us for One Great Weekend - Two Fun Events!

Saturday, July 16, 2016

Wesbury's first ever 5K Run/Walk & 1 Mile Walk is Saturday, July 16th.

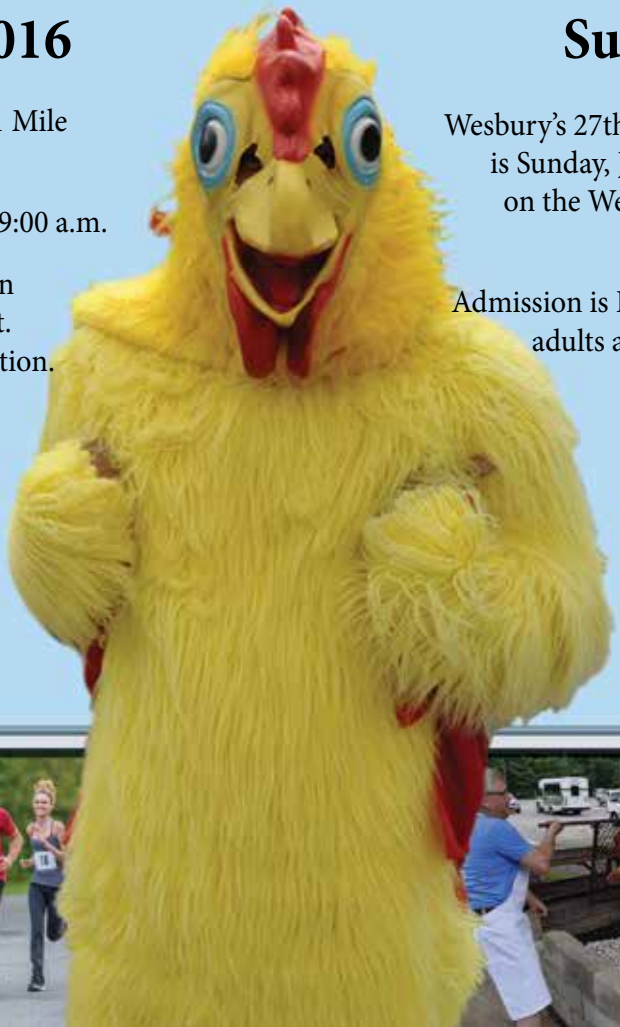
Registration 8:00 a.m. Race begins at 9:00 a.m.

Cost is $20 per person pre-registration or $25 per person the day of the event. A t-shirt is included with pre-registration.

Sponsored by Northwest Pharmacy Solutions, LLC.

Proceeds benefit Wesbury's Benevolent Care Fund.

For more information visit *www.wesbury.com* or 814-332-9712.



Sunday, July 17, 2016

Wesbury's 27th Annual Chicken BBQ & Craft Fair is Sunday, July 17th from 11:00 a.m - 5:00 p.m. on the Wesbury campus. Enjoy BBQ chicken and ribs with all the fixin's.

Admission is Free. Cost of your meal is $10.00 for adults and $5.00 for children 10 and under.

Explore the car show, crafters, kids zone and enjoy live entertainment all day!

Tour a Wesbury Villa or a Residential Center apartment. Every hour on the hour tours are offered from the Wesbury tent from 11a.m. to 5p.m.

Wesbury United Methodist Community
31 N. Park Ave. · Meadville, PA 16335
814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

Upcoming Events

Parkinson's Support Group
2nd Tuesday of every month at 1:00 p.m. in Wesbury's McCracken Chapel. For more information call 814-332-9705

Body Recall Classes
Classes start Monday, August 29, 2016. For more information call Judy McElwain at 814-337-2579.

Seniors for Safe Driving
Classes scheduled for
July 20, 2016 at 5:30 p.m. - 9:30 p.m.
Sept. 21 & 22, 2016 at 5:30 p.m. - 9:00 p.m.
Nov. 16, 2016 at 5:30 p.m. - 9:30 p.m.
at Cribbs Residential Center. For more information call 800-559-4880.

Wesbury's 27th Annual Chicken BBQ & Craft Fair
Sunday, July 17, 2016 at 11 a.m. to 5:00 p.m. on Wesbury's campus. For more information call The Wesbury Foundation at 814-332-9712.

Wesbury's Senior Tribute Recognition Dinner & Auction
Thursday, October 13, 2016 at 5:30 p.m. Iroquois Club - Conneaut Lake. For more information call The Wesbury Foundation at 814-332-9712.

"Thoburn Village Tour of Homes"
June 29, 2016 at 6:00 p.m. Enjoy wine tasting and heavy hors d'oeuvres as you tour 4 of Wesbury's many floor plans. To RSVP call 814-332-9009.

"The First 48 Hours: What Happens When Mom Needs Nursing Care Now"
July 13, 2016 at 6:00 p.m. Campus Community Center. A sudden health challenge results in the need for fast decisions. Be prepared! Learn about care options, costs, financial aid and the decision making roles of loved ones presented in plain terms by Elder Law Attorney, Tye Cressman. To RSVP call 814-332-9009.

"Privileges for Planners Cookout"
August 5, 2016 at noon - Wesbury Clubhouse. This luncheon includes interaction with residents, details about the renovation process, joining the wait list and clubhouse privileges. To RSVP call 814-332-9009.

"But You Promised" Dealing with guilt and challenges.
Sept 28, 2016 at 6:00 p.m. Cribbs Residential Center Community Room. A supportive talk by Dr. Lisa May of Northshore Neurosciences about dealing with emotion and challenges when a loved one is placed in a care setting. To RSVP call 814-332-9009

Lancaster Trip
October 19-20, 2016. Overnight Anderson Bus trip to Lancaster, PA. Samson Sight and Sound show, pretzel factory tour and Flight 93 Memorial. For more information call 814-332-9794.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.
- Mission Statement -