

# How to make a Face Mask\*

\*These masks can be used with a 3M N95 particle filter IF they become available---OR---be used over an N95 respirator mask to prolong the use of the N95 mask. They are also washable.

What you will need:

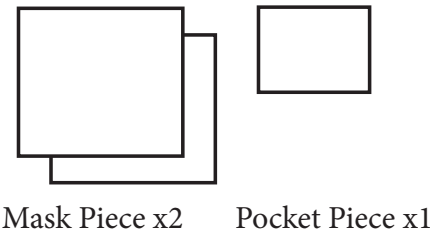
- 100% cotton fabric that has been washed and dried
- Flat elastic (two 7-inch pieces)
- Pipe cleaner

1. Cut three pieces of fabric.

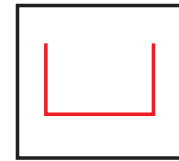
Two pieces will be (9" x 8" (MASK PIECES)

The third piece will be 6" x 4.5" (POCKET PIECE)

Turn in all four edges on the pocket piece and sew a 1/4" hem.

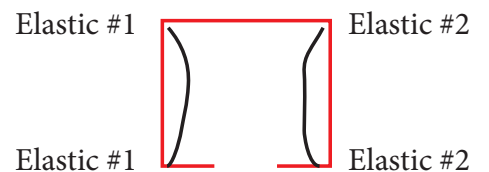


2. Take one mask piece and place the pocket piece 1 3/4" from the top, centered. Sew on three sides.

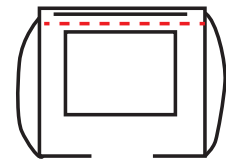


Pocket sewn on three sides and attached to right side of mask piece #1

3. Put wrong sides of mask pieces together. Sew 1/4" seam as shown, inserting elastic into corners. Leave a gap at the bottom to turn it right-side out when finished.



4. Take your pipe cleaner and twist the ends in so there are no sharp edges. Slide the pipe cleaner into the hole at the bottom and gently move it along the top edge. Sew UNDER the pipe cleaner to secure it to the top edge of the mask.



5. Make 3 pleats/tucks in the mask and sew along the edge. Finish sewing the last open section at the bottom. Top stitch again all the way around for strength!

