



Long-Term Care, Memory Support  
and Rehabilitation



## Grace Rehabilitation and Health Center

31 N. Park Avenue • Meadville, PA 16335  
814-332-9000 • Toll Free 1-877-937-2879  
[www.wesbury.com](http://www.wesbury.com)



For over 100 years, Wesbury has built a strong reputation for exceeding the expectations of the Continuing Care Retirement Community experience. As a Christian based, not-for-profit organization, Wesbury is committed to providing much more than a fine collection of programs and services- we are committed to providing an enriched way of life.

In choosing Wesbury's Grace Rehabilitation and Health Center, you are selecting nursing, rehabilitative, and healthcare services at the forefront of the changing needs in the growing aging population. Our comfortable and supportive environment ensures residents and their families' experience personalized, comprehensive care programs as well as many recreational opportunities. Beyond our home-like setting and many amenities, it is our extended family of staff and volunteers that will make you or your loved one feel at home.

### **EAGLE Accredited**


Wesbury has received EAGLE accreditation six consecutive times from The United Methodist Association of Health and Welfare Ministries (UMA), a national network of more than 400 health and welfare-related organizations. The Educational Assessment Guidelines Leading toward Excellence (EAGLE) accreditation is a quality enhancement program offered every five years to faith-based organizations providing care to older adults, children, youth and families. The intensive assessment and peer review process encourages and recognizes excellence in Christian mission and ministry. EAGLE accredited facilities are stringently reviewed based on their business practices and social principles as well as their Christian mission. EAGLE peer reviewers focus on an organization's relationships within its local community, on the persons being served, as well as governance and management.

*Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.*

*- Mission Statement -*

# Why Choose Grace Rehabilitation and Health Center?

- Grace Rehabilitation and Health Center is staffed by dedicated nurses and therapists serving under the direction of Medical Director, Dr. John H. Bailey III, who is Board Certified in both Internal and Geriatric Medicine.
- The number of residents that have an emergency room visit or are hospitalized after admission to Grace Rehabilitation and Health Center is below the national average.
- The number of residents that come to Wesbury for rehabilitation and are discharged to their homes is above the national average.
- In comparison to other local nursing homes, Grace Rehabilitation and Health Center has the lowest readmission rate to the area hospital.
- Multiple levels of care and programming are designed to meet individual needs so each resident may reach their fullest potential.



Testimonials from residents and their families say they would select Wesbury again for continued programs and services and recommend Wesbury to their friends. Additionally, they praise Grace Rehabilitation and Health Center in the following areas:

- Friendliness and courtesy of staff
- Confidence in care and emergency response
- Quality of daily life with a variety of engaging activities
- Availability of fulltime Chaplain and spiritual services
- Cleanliness of the facility
- Responsiveness to inquiries and problems

# Long-Term Care

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## *What sets us apart?*

At Grace Rehabilitation and Health Center, abundant living changes the perceptions of what it means to live in a long-term care setting. We empower residents to choose how they would like to spend their day, and how we can work to make that happen.

- Residents are encouraged to personalize their living space.
- The Natural Awakening Program, allows residents to start their day on their terms.
- Residents have the choice to dine at the Neighborhood Grill or their Neighborhood dining room.
- Residents may participate in the Life Enrichment activities that appeal to them in any neighborhood.
- You may choose to schedule therapy later in the day after Life Enrichment activities if you wish.
- Families are encouraged to bring celebrations to their loved ones and share family traditions at Grace Rehabilitation and Health Center.
- The Resident Ambassador program welcomes new residents and empowers residents to form relationships with each other, developing a sense of community.





**Choice, amenities and services:**

- Private and semi-private rooms located in welcoming neighborhoods
- 24-hour nursing assistance and support
- Natural awakening allows residents to start the day when they are ready
- Social Service Coordinators offer support beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Pharmacist review of medications
- Life Enrichment Coordinators plan exercise, art, music and life long learning programs, monthly outings and events
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available
- On site pharmacy
- On site physician
- For more campus amenities see page 13

## *Long-Term Care 2019 Rates*

Semi-Private Room.....\$240.00/day

Private Room .....\$313.00 - \$332.00/day\*

\*Room rates vary according to size of room

**Medicare, Medicaid, VA benefits and other insurances are accepted.**

**Therapy (Physical, Occupational and Speech)**

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

**X-rays and Laboratory**

Vary by service type. Billable charges will be sent to your primary insurance.

**Pharmacy**

Billed by pharmacy, based on what is prescribed by physician.

**Television**

Basic Cable - \$15.00 per month

**Telephone**

\$7.50 per month plus toll charges

**Additional charges apply for the following:**

Beauty Shop/Barber Shop

Guest Meals

Oxygen

EKG

Eyeglass Adjustments

Incontinence Products

# Memory Support

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The Memory Support Center offers a unique environment with specialized programming specially designed for those with Alzheimer's, Dementia or other related memory impairments. A team of trained professionals follows a Habilitation Therapy Model, ensuring residents experience a carefully supervised, fulfilling and active lifestyle aimed to stimulate memory and independence.



The Habilitation Therapy model is a comprehensive approach to caring for people with dementia by focusing on a person's remaining abilities. Our life enrichment and nursing staff engage the resident's capabilities, independence and morale to produce a consistent state of psychological well-being.

This differs from Rehabilitation Therapy which is designed to return a resident to their previous, higher levels of functioning. Habilitation focuses on optimizing and extending what is possible in the now, allowing for family and friends to enjoy their time together that can produce a more uplifting experience for all involved.





***This state-of-the-art facility offers:***

- Private accommodations in a secure environment with a small neighborhood design
- Natural awakening allows residents to start the day when they are ready
- Family style meals
- Welcoming living and dining room areas to entertain residents, family members and guests.
- Outdoor courtyards for gardening and outdoor relaxation
- Glass atriums and beautiful corridors for relaxing and walking with expansive outdoor views
- Specialized training and certification of key staff
- 24-hour nursing assistance and support with higher staffing ratios
- A dedicated Life Enrichment Coordinator plans exercise, art and music programs and monthly outings and events
- Social Service Coordinators offer support beyond care needs
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available
- For more campus amenities see page 13

## ***Memory Support 2019 Rates***

**Private Room ..... \$313.00/day**

**Medicare, Medicaid, VA benefits and other insurances are accepted.**

**Therapy (Physical, Occupational and Speech)**

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

**X-rays and Laboratory**

Vary by service type. Billable charges will be sent to your primary insurance.

**Pharmacy**

Billed by pharmacy, based on what is prescribed by physician.

**Television**

Basic Cable - \$15.00 per month

**Telephone**

\$7.50 per month plus toll charges

**Additional charges apply for the following:**

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## Short-Term Rehabilitation

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If you are recovering from an injury or illness, let us help you achieve your goals to regain your strength, get well and return home. Choose Wesbury's award-winning, results-driven therapy team of licensed Speech, Occupational and Physical therapists offering an individually tailored approach.

The Short-Term Rehabilitation neighborhood offers private accommodations designed for residents in need of intense therapy in order to return to their home. Annually, 62% of Grace Rehabilitation and Health Center residents are discharged upon healing. Short-Term Rehab offers residents greater independence and close proximity to the Rae S. Larcom Therapy Center, Sunset Auxiliary Gift Shoppe, Beauty Shop, and front entrance lobby. Residents enjoy made-to-order options from the Neighborhood Grill Restaurant.



*Newly remodeled bathing suite with whirlpool tub.*





### *The short-term rehabilitation neighborhood offers:*

- Pre-surgical reservations are available
- Private accommodations with private half bath
- Natural Awakening allows residents to start the day when they are ready
- Flexible therapy schedules
- Flexible meal times
- Dedicated admission and discharge coordination
- Social Service Coordinators offer assistance beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Pharmacist review of medications
- Life Enrichment coordinators plan exercise, art and music programs and monthly outings and events
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Housekeeping and laundry services
- Transportation assistance available
- For more campus amenities see page 13

## *Short-Term Rehabilitation 2019 Rates*

**Private Room ..... \$337.00/day**

**Medicare, Medicaid, VA benefits and other insurances are accepted.**

### **Therapy (Physical, Occupational and Speech)**

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

### **X-rays and Laboratory**

Vary by service type. Billable charges will be sent to your primary insurance.

### **Pharmacy**

Billed by pharmacy, based on what is prescribed by physician.

### **Television**

Basic Cable - \$15.00 per month

### **Telephone**

\$7.50 per month plus toll charges

### **Additional charges apply for the following:**

Beauty Shop/Barber Shop

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Grace Rehabilitation and Health Center professionals work together as an interdisciplinary team offering ongoing assessments of each resident's individual needs, members of the team may include:

- On-site Geriatric Specialist
- Registered Nurses
- Licensed Practical Nurses
- Certified Nursing Assistants
- Licensed Rehabilitative Therapists: Occupational, Speech, Physical
- Registered Dietitian and Nutritionist
- Accredited Social Workers/Discharge Planners
- Certified Life Enrichment Director and Staff
- Full-time Chaplain and Assistant Chaplain
- On premises laboratory and pharmacy





## Wound Care

A member of the Wound Care Team meets with each resident within twenty-four hours of their admittance to Grace Rehabilitation and Health Center. Our nationally recognized Team works with hospitals and wound centers from throughout the region providing a true multidisciplinary approach to wound healing. A wound certified physician makes weekly rounds monitoring resident progress.

## Therapy Services

The newly renovated Rae S. Larcom Therapy Center offers a complete menu of comprehensive rehabilitation services. Our therapists are trained in clinical best practices and advanced clinical programming to restore and maintain an individual's maximum independence level. These services include physical, occupational and speech therapy. Outpatient rehabilitation services are also available.



# Amenities

## Life Enrichment

Comprised of several neighborhoods, Grace Rehabilitation and Health Center provides specialized life enrichment programming and staff designated to each neighborhood. Within 72 hours of admittance, the Life Enrichment staff, directed by a Nationally Certified Life Enrichment Director, performs an initial activity assessment recognizing each resident's unique individual interests and abilities. Therapeutic and recreational activities are offered daily and focus on spiritual, physical, emotional, intellectual and social needs and interests. A broad range of innovative programs designed to enhance residents' quality of life through our person-centered approach includes:

- Outings to local community theater productions, art museums, zoos, and parks
- Outdoor Summer Concerts
- Senior Scholars life long learning program
- Holiday and Birthday parties
- Guest lecturers/educators
- Music programs and Choir
- Sensory art
- Pet therapy program
- Adaptive dance and sports programs
- Arm chair travels
- Bible Study/Devotions
- Specialized mens and womens groups
- Card clubs, cooking, crafts and much more!



## Dining Services

Dietary Services meets with each resident to explain dining choices and obtain food preferences. Each neighborhood has a dining room. Residents choose from a menu or select made-to-order items from the Neighborhood Grill. The Registered Dietitian reviews each menu for nutritional standards including liberalized diets that follow the Pioneer Networks recommendations for seniors. Each neighborhood also includes:

- Beverage carts between meals
- Nourishment Centers provide a refrigerator for resident use

## Social Services

Upon admission, each resident is assigned a Social Services staff member who works to assure the resident's needs are being met. They can act as a liaison between the resident and Wesbury administration, go shopping for personal items as well as assist in making the appropriate plans when they are being discharged by providing information on home and community based services and personal care options.



## Christian Fellowship and Pastoral Care

Wesbury maintains a strong relationship with the United Methodist Church, yet residents of all faiths are welcome to enjoy the Christian atmosphere of genuine care and compassion that is a part of everyday life. Residents are served by two on-campus chaplains who host frequent religious activities and provide numerous hours of counseling and spiritual support. Multi-denominational services are offered in our own chapels, and many houses of worship in the Meadville area are available to residents.



## Amenities

- The Neighborhood Grill
- Neighborhood dining rooms
- Computer/WiFi access including Skype technology
- Transportation services
- In-house podiatry, optometry, dental and audiology services
- Barco Chapel
- Braun Chapel
- ATM and banking services
- Sunset Auxiliary Gift Shoppe
- Beauty shop
- Outdoor courtyards
- Nature trail
- Campus Community Center
- Meeting rooms
- Notary Public services

# Frequently Asked Questions

## Where do I begin with the admission process?

All potential residents begin by completing an Admissions application that we can mail, email or fax to you. You may also stop in to pick one up.

## What paperwork or information do I need to bring for admission?

Please bring the following for your admission paperwork to be complete.

- Power of attorney, living will or any advance directives.
- Medical insurance and prescription cards
- Income and asset information
- Veterans information, benefits and cards
- Photo Identification or driver's license

## How do I set up a tour?

Call the Admissions Department at 814-332-9233 to schedule a tour. We encourage all your loved ones to come together. You may walk in during regular business hours; however, scheduled tours are encouraged to allow for comprehensive information to be shared by the Admissions Coordinator and time to meet with the Finance Department.

## Is there a waiting list?

Availability varies and is often limited.

If an appropriate accommodation is not available at your time of application, we will place you



on the waiting list and contact you when there is an opening. If you are not ready when contacted, you may remain on the waiting list for future openings. In order to serve all of our community members, we cannot hold accommodations for extended periods of time.

## How do I pay for my stay?

We accept most 3rd party payers, including V.A., Medicare, and Medicaid. Coverage will vary depending on your plan.

Medical Assistance is available for those who qualify. Our

Financial Department will be happy to assist you in planning how to cover the cost of your stay.



## Can I transfer to/from another facility?

If at any time a resident should seek care at another facility, our staff will help accommodate the move, and assist in the transfer process. Residents from other facilities, who wish to transfer to Grace Rehabilitation and Health Center, are also welcome. Regular admission requirements apply.

## My primary care physician doesn't come to your facility, who will be my doctor?

Grace Rehabilitation and Health Center has a licensed, certified Medical Director on staff who will attend to any residents that need a physician. Other physicians are welcome at Grace Rehabilitation and Health Center; contact Admissions at 814-332-9233 for additional information.

## Can I visit my loved one at any time?

Yes, we encourage family members and friends to support their loved ones 24 hours day, seven days per week.

## Are pets permitted?

Pets are not permitted to stay with residents, however, pets are encouraged to visit.

## Is Hospice Care available?

Hospice Care is available through a number of providers.

## ***What do I need to bring with me?*** ***(or for my loved one)***

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Most importantly, bring what feels most comfortable; this includes clothes, pictures, a favorite blanket or chair and any special heirlooms.

### **Clothing Suggestions**

- Soft-soled shoes or athletic shoes with nonskid soles. Backless shoes are not allowed.
- Seven sets of comfortable clothing that you would wear at home. Athletic clothing is ideal for rehabilitation stays such as T-shirts, sweatpants or stretch pants and shorts, if you have had leg surgery
- Underwear and socks
- Pajamas, a robe, and slippers with tread or traction

### **Toiletries**

Wesbury provides deodorant, shampoo, a comb, toothpaste and a toothbrush, denture adhesive and cleaner. We suggest you also bring your preferred personal hygiene products, a hair hairbrush and makeup if applicable.

### **Other Items to Bring**

- Dentures, hearing aids, and/or glasses
- Splints, braces, or orthotics, and customized equipment
- Any assistive devices you own, such as a cane or walker
- The name and phone number of your primary care physician
- A list of any medicines you currently take
- Any prescription plan identification cards
- A living will or advance directives, if applicable



### **Items to Consider Bringing**

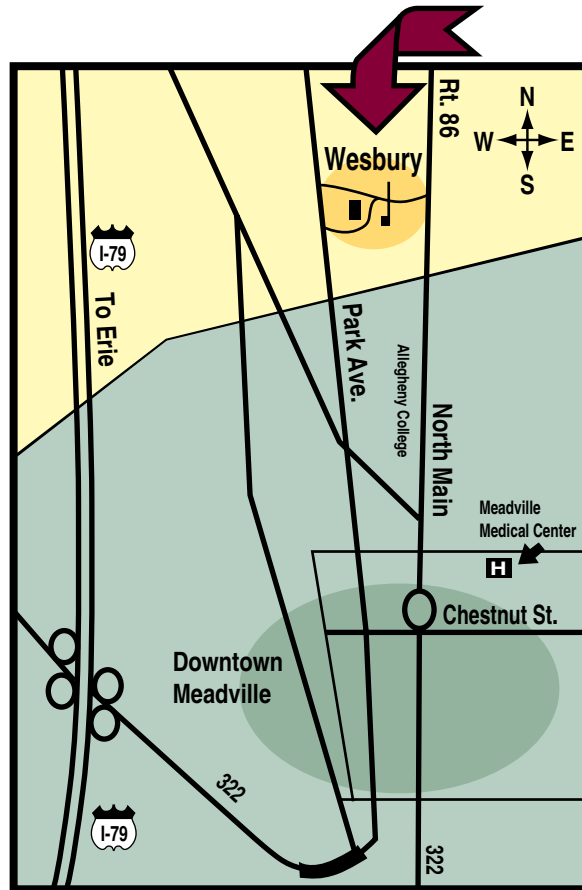
- Activities for your “off time,” such as books, magazines, cards, etc.
- A small amount of cash (\$5 or less)
- The phone numbers of relatives and friends, including the numbers for your emergency contacts
- A small pad of paper and a pen
- A laptop computer so you can use the free wireless Internet service

### **What NOT to bring**

- Perfumes, colognes, or scented lotions, due to allergies of others
- Valuables
- Large amounts of cash
- Medications
- Please note that Wesbury is a smoke-free and smoking is not permitted

### Directions to Wesbury

Traveling north or south on Interstate 79, visitors should take the Meadville exit 147A. This exit places you on a four lane highway which you will follow for approximately 1-1/2 miles before taking the Park Avenue exit into downtown Meadville. Visitors should travel straight through Meadville to the Wesbury campus. Wesbury is approximately 2-1/2 miles from the Park Avenue exit and is located on the right-hand side of the road.



*For more information  
or to schedule a tour, please contact us at*

814-332-9009

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