A young woman with curly hair, wearing a blue short-sleeved uniform with a name tag and a pink pen in her pocket, is smiling and talking to an elderly woman with short grey hair. They are standing in a doorway. The background shows a red brick building and some greenery.

Help
at Home
with **WESBURY**

Home Healthcare Services

900 Water Street, Suite 19 • Meadville, PA 16335

814-332-9186

www.wesbury.com



Celebrating 100 Years!

For 100 years, Wesbury has built a strong reputation for exceeding the expectations of the Continuing Care Retirement Community experience. As a Christian based, not-for-profit organization, Wesbury is committed to much more than a fine collection of programs and services - we are committed to providing an enriched way of life.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.

- Mission Statement -



Why Choose Help at Home with Wesbury

“Help at Home with Wesbury” is a collection of convenient, in-home Senior healthcare services not only available to residents who live at Wesbury but to anyone living in Crawford, Venango, Mercer, and Erie Counties.

These programs are designed to allow seniors to live in the comforts of their own homes while receiving the personalized services they need to maintain active, healthy and secure lifestyles through many stages in life. A bridge to gaining strength and health, they are especially beneficial to those returning from a hospital stay, experiencing an illness, in need of some occasional help, and even those requiring support through end of life. Our team of highly compassionate health care professionals will design a plan of care that is tailored to your needs. We offer a wide array of unique services in your home that will provide life enrichment and will help you maintain independence, dignity, and security.

Who We Hire

Our staff is required to complete a PA Criminal background check, TB testing, Hepatitis B screening, and Drug testing to ensure the safety for your loved one. Every staff member is required to complete 12 continuing education credits per year to stay up to date in credentials and training.

Payments Options

While most Help at Home services are billed directly to the customer, some services may be covered by one or more of the following options: your Long Term Care Insurance policy, the PA Waiver Program or Veteran’s Aid and Attendance Benefits. For details, contact your Help at Home representative.

*For more information on Wesbury’s Help at Home Services,
call 814-332-9186 or email us at HelpAtHome@wesbury.com.*

Help at Home Services

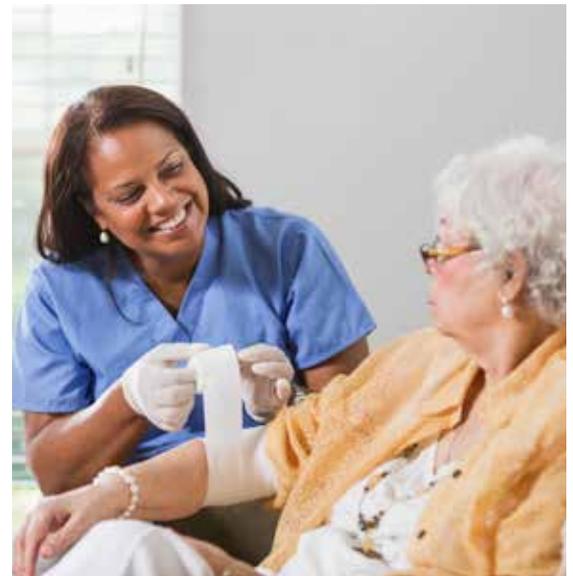
Skilled Nursing Care in the Home



When prescribed by a doctor, short-term skilled services can be offered in the patient's home. The services may be covered by Medicare, Medicaid, Medicaid Waiver, long-term care insurance policies and private pay. When utilizing our services patients receive highly effective medical treatment, while remaining as independent as possible in the comfort of their own home.

Our skilled nursing services may include the following:

- IV Infusion Therapy
- Wound Care
- Medication Set-up
- Medication Education
- Disease and Pain Management
- Mother and Baby Wellness visits
- Cardiac and Pulmonary Care (including pulse oximetry)
- Occupational Therapy
- Speech Therapy
- Physical Therapy
- Home Health Aides



Home Health Aide Rate

- \$21.50/hr. - 7 days/week
- Holidays are 1 1/2 times the regular hourly rate (\$32.25/hr.)

All other Skilled Service Rates to be determined during the initial assessment.

Skilled Nursing Care services are available in Crawford, Venango, Mercer, and Erie Counties.

Companion Service



Receive personal care such as assistance with hygiene and nutrition in addition to support, companionship and help with daily chores. Hours are flexible, and scheduling is personalized to meet the needs of each participant. Overnight stays can be arranged.

Companion duties may include:

- Assist with Activities of Daily Living (ADL) such as bathing, grooming, dressing and self-administered medication management.
- Assist with managing incontinence with appropriate products and procedures.
- Monitor eating, drinking and adherence to special diets and conditions.
- Assist in physical activities such as walking and stretching.
- Provide companionship.
- Read the daily paper, books, magazines, etc.
- Play board games, dominoes and cards.
- Assist with grocery lists, shopping and food prep.
- Have fun with crafts/projects and activities.
- Assist with laundry, linens, bed changes, etc.
- Dust, mop, run sweeper, clean as specified by the client.
- Take out the trash.
- Do dishes.
- Escort to medical appointments, theatrical performances, religious services, or other social events.
- Accompany to activities, sporting events, the library, luncheons, etc.
- Provide respite to family and/or caregivers.
- Caring for pets including feeding, exercising, cleaning litter boxes, cleaning bird cages, taking to grooming or veterinarian appointments.



Companion Rates

- \$21.50/hr. - 7 days/week
- Holidays are 1 1/2 times the regular hourly rate (\$32.25/hr.)

NOTE: Mileage fees also apply.

Companion services are available in Crawford, Venango, Mercer, and Erie Counties.

Help at Home Services

Home Delivered Meals

Home style, full course meals are prepared fresh daily at Wesbury and are available for a midday delivery to



your home, six days a week (Monday - Saturday) including holidays. For a lighter option, clients may choose from an Ala Cart menu. Special needs diets are carefully evaluated and managed by Wesbury's own registered dietician.

Scheduling for meal delivery is flexible, and the service may be used daily, weekly, or on an occasional basis. Prices are very reasonable and clients benefit from Wesbury's reputation for providing quality food service.

Wesbury Home-Delivered Meals Rates

Hot Meal of the Day*: \$7.99 per meal plus tax
Includes: Main entrée, two sides, salad and dessert.

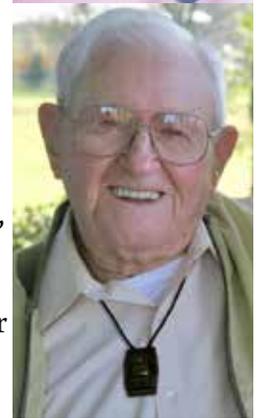
Ala Cart Menu Options*: \$6.99 per meal plus tax

- **Option A:** Choice of Sandwich: (chicken salad, tuna salad, egg salad, sliced ham or turkey), chips, cup of soup or fruit cup, and dessert of the day or cookie.
- **Option B:** Philly cheese steak, chips, cottage cheese or salad of the day, and cookie or piece of fruit.
- **Option C:** Choice of 6-inch Hoagie: (Italian, ham & cheese, turkey & cheese), chips, cup of soup or salad of the day, and cookie or piece of fruit.
- **Option D:** Bowl of soup of the day, salad of the day or cottage cheese with fruit, and dessert of the day or cookie.
- **Option E:** Signature salad of the day and cookie or dessert of the day.

***Delivery Fee:** 0-15 miles: \$2.00, 16-30 miles: \$3.00
No delivery fee for Wesbury residents.

Personalized Emergency Response System

Around-the-clock security and peace of mind are at your fingertips with Wesbury LifeAid, Help at Home's emergency response program. This remote communications system gives immediate access to at-home assistance during times of emergency or in need of personal support. It is also very easy to use. If you are in need of help, you press your button.



- Lightweight, waterproof "help" button can be worn like a wristwatch or as a pendant.
- Assistance is personalized. Help may come from a family member, a neighbor, a friend, ambulance service, or the police.
- Link between button and receiver can range from 400 to 1,000 feet, creating a safety bubble around your home.
- Activity Assurance automatically checks on clients every day, if there is no response, the appropriate individuals can be notified.
- Cellular upgrades are available for home without hard-wired phone service.
- A representative of Help at Home will install and educate you about the system.

LifeAid Personal Emergency Response Systems Rates

- \$34.95 Monthly service fee
- \$15.05 One time fee to deliver, install and activate the system.

NOTE: This is the basic service charge. There are a number of options available, i.e. increased call monitoring, security lock boxes, etc. A list of these will be provided.

Contracts are month to month. All additional upgrade and optional services offered are at a fee per service rate.

Handyman Services

Arrange for a Help at Home professional to assist with minor interior and exterior projects such as:

- Preparing your home for the changing seasons
- Organization projects
- Gardening
- Lawn maintenance
- Painting
- Taking your vehicle to a service appointment

Scheduling is flexible with a one hour minimum required.



Handyman Rates

\$17.50/hr. Mon.-Fri.
NOTE: There is a one hour minimum. Mileage fees also apply.

Housekeeping

Wesbury's own professionally trained staff provides superior attention to detail while meeting all of your housekeeping and laundry needs. Scheduling is personalized and flexible. Seasonal spring or fall cleaning is also available.



Housekeeping Rates

- \$17.50/hr. plus tax - Monday through Friday
 - Holidays are 1 1/2 times the regular hourly rate (\$26.25/hr. plus tax)
- NOTE: Mileage fees may also apply.

In-Home Hair Care Services

Grace Rehabilitation and Health Center's Beauty Shop employs Licensed Beauticians who can provide the following mobile salon services*:

- Women's cuts
- Men's cuts
- Shampoo and style
- Full color
- Color retouching
- Perms

*Some services may require a consultation visit prior to the rendering of the actual service.

Please Note: You will receive a 25% discount when you have these services provided at Wesbury's Cribbs Residential Center beauty shop.



Salon Rates

- Women's cut - \$24.00
- Men's cut - \$24.00
- Initial all over color - \$55.00
- Color Retouch - \$40.00
- Cut, wash, set or style - \$30.00
- Wash, dry, set or style - \$20.00
- Perm - \$55.00 (haircut included)
- Consultation fee - \$15.00

Medication Management



Use Help at Home RN services to assist with medication management such as:

- Filling med boxes
- Calling in prescriptions
- Calling physicians

Medication Management Rates

- \$21.50/hr. for Help at Home RN services
- \$5.00 fee when using Northwest Community Pharmacy for medication delivery

Help at Home with Wesbury Coverage Map



This map represents some of the areas that we currently serve.
Please call us for more details.



For more information, please contact us at

814-332-9186

www.wesbury.com



Help at Home with Wesbury prohibits discrimination in employment and provision of healthcare services on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associated preference.