



Celebrating 100 Years!

**Long-Term Care, Memory Support
and Rehabilitation**



Grace Rehabilitation and Health Center

31 N. Park Avenue • Meadville, PA 16335

814-332-9000 • Toll Free 1-877-937-2879

www.wesbury.com



Celebrating 100 Years!

For 100 years, Wesbury has built a strong reputation for exceeding the expectations of the Continuing Care Retirement Community experience. As a Christian based, not-for-profit organization, Wesbury is committed to providing much more than a fine collection of programs and services- we are committed to providing an enriched way of life.

In choosing Wesbury's Grace Rehabilitation and Health Center, you are selecting nursing, rehabilitative, and healthcare services at the forefront of the changing needs in the growing aging population. Our comfortable and supportive environment ensures residents and their families' experience personalized, comprehensive care programs as well as many recreational opportunities. Beyond our home-like setting and many amenities, it is our extended family of staff and volunteers that will make you or your loved one feel at home.

Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.

- Mission Statement -

Why Choose Grace Rehabilitation and Health Center?

Resident satisfaction survey results show that 94% of responders would recommend Grace Rehabilitation and Health Center to others and would select Wesbury again for continued programs and services.

Grace Rehabilitation and Health Center scored **87%** or above for the following areas:

- Overall cleanliness of facility
- Friendliness/courtesy of staff
- Quality of spiritual services
- Notification (to the responsible party) about changes in the resident's medical condition
- Personal relationship with caregiver
- Confidence in emergency response
- Opportunity to engage in a variety of suitable resident activities
- Responsiveness to inquiries/problems

Grace Rehabilitation and Health Center is staffed by dedicated nurses and therapists serving under the direction of Medical Director, Dr. John H. Bailey III, who is Board Certified in both Internal and Geriatric Medicine.

Multiple levels of care and programming are designed to meet individual needs so each resident may reach their fullest potential.

Comprised of several neighborhoods, Grace Rehabilitation and Health Center provides specialized life enrichment programming and staff designated to each neighborhood.

Long-Term Care

What sets us apart?

At Grace Rehabilitation and Health Center, abundant living changes the perceptions of what it means to live in a long-term care setting. We empower residents to choose how they would like to spend their day, and how we can work to make that happen.

- Residents are encouraged to personalize their living space.
- The Natural Awakening Program, allows residents to start their day on their terms.
- Residents can choose to dine at the Neighborhood Grill or their Neighborhood dining room.
- Residents may participate in the Life Enrichment activities that appeal to them in any neighborhood.
- If there is a preference in scheduling therapy later in the day after Life Enrichment activities, they can.
- Families are encouraged to bring celebrations to their loved ones and share family traditions at Grace Rehabilitation and Health Center.
- The Resident Ambassador program welcomes new residents and empowers residents to form relationships with each other, developing a sense of community.





Choice, amenities and services:

- Private and semi-private rooms located in welcoming neighborhoods
- 24-hour nursing assistance and support
- Natural awakening allows residents to start the day when they are ready
- Social Service Coordinators offer assistance beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Pharmacist review of medications
- Life Enrichment Coordinators plan exercise, art and music programs and monthly outings and events
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Telemedicine
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available
- For more campus amenities see page 13

Long-Term Care 2018 Rates

Semi-Private Room.....\$233.00/day

Private Room\$303.00 - \$322.00/day*

*Room rates vary according to size of room

Therapy (Physical, Occupational and Speech)

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

X-rays and Laboratory

Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy

Billed by pharmacy, based on what is prescribed by physician.

Television

Basic Cable - \$15.00 per month

Telephone

\$7.50 per month plus toll charges

Additional charges apply for the following:

Beauty Shop/Barber Shop

Guest Meals

Oxygen

EKG

Eyeglass Adjustments

Incontinence Products

Medicare, Medicaid, VA benefits and other insurances are accepted.

Memory Support

The Memory Support Center offers a unique environment with specialized programming specially designed for those with Alzheimer's, Dementia or other related memory impairments. A team of trained professionals follows a Habilitation Therapy Model, ensuring residents experience a carefully supervised, fulfilling and active lifestyle aimed to stimulate memory and independence.



The Habilitation Therapy model is a comprehensive approach to caring for people with dementia by focusing on a person's remaining abilities. Our life enrichment and nursing staff engage the resident's capabilities, independence and morale to produce a consistent state of psychological well-being.

This differs from Rehabilitation Therapy which is designed to return a resident to their previous, higher levels of functioning. Habilitation focuses on optimizing and extending what is possible in the now, allowing for family and friends to enjoy their time together that can produce a more uplifting experience for all involved.





This state-of-the-art facility offers:

- Private accommodations in a secure environment with a small neighborhood design
- Natural awakening allows residents to start the day when they are ready
- Family style meals
- Welcoming living and dining room areas to entertain residents, family members and guests.
- Outdoor courtyards for gardening and outdoor relaxation
- Glass atriums and beautiful corridors for relaxing and walking with expansive outdoor views
- Specialized training and certification of key staff
- 24-hour nursing assistance and support with higher staffing ratios
- A dedicated Life Enrichment Coordinator plans exercise, art and music programs and monthly outings and events
- Social Service Coordinators offer assistance beyond care needs
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Telemedicine
- Housekeeping and laundry services
- Transportation assistance available
- Respite stays are available
- For more campus amenities see page 13

Memory Support 2018 Rates

Private Room \$303.00/day

Therapy (Physical, Occupational and Speech)

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

X-rays and Laboratory

Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy

Billed by pharmacy, based on what is prescribed by physician.

Television

Basic Cable - \$15.00 per month

Telephone

\$7.50 per month plus toll charges

Additional charges apply for the following:

Beauty Shop/Barber Shop

Guest Meals

Oxygen

EKG

Eyeglass Adjustments

Incontinence Products

Medicare, Medicaid, VA benefits and other insurances are accepted.

Short-Term Rehabilitation

The Short-Term Rehabilitation neighborhood offers private accommodations designed for residents in need of intense therapy in order to return to their home. Annually, 50% of Grace Rehabilitation and Health Center residents are discharged upon healing. Short-Term Rehab offers residents greater independence and close proximity to the Rae S. Larcom Therapy Center, Sunset Auxiliary Gift Shoppe, Beauty Shop, and front entrance lobby. Residents may choose to dine in the Dining Room or may enjoy made-to-order options from the Neighborhood Grill Restaurant.





The short-term rehabilitation neighborhood offers:

- Pre-surgical reservations are available
- Private accommodations with private bath
- Natural Awakening allows residents to start the day when they are ready
- Flexible therapy schedules
- Flexible meal times
- Dedicated admission and discharge coordination
- Social Service Coordinators offer assistance beyond care needs
- Physician appointment coordination
- On-site laboratory and diagnostic testing
- Pharmacist review of medications
- Life Enrichment coordinators plan exercise, art and music programs and monthly outings and events
- Full time Chaplain, church services and spiritual care
- Pet Therapy
- Telemedicine
- Housekeeping and laundry services
- Transportation assistance available
- For more campus amenities see page 13

Short-Term Rehabilitation 2018 Rates

Private Room \$327.00/day

Therapy (Physical, Occupational and Speech)

Charges based on type of treatment ordered by physician. All deductibles, co-insurance and co-pays are billed according to insurance coverage. If you do not have coverage you will be billed privately.

X-rays and Laboratory

Vary by service type. Billable charges will be sent to your primary insurance.

Pharmacy

Billed by pharmacy, based on what is prescribed by physician.

Television

Basic Cable - \$15.00 per month

Telephone

\$7.50 per month plus toll charges

Additional charges apply for the following:

Beauty Shop/Barber Shop

Guest Meals

Oxygen

EKG

Eyeglass Adjustments

Incontinence Products

Medicare, Medicaid, VA benefits and other insurances are accepted.

Grace Rehabilitation and Health Center professionals work together as an interdisciplinary team offering ongoing assessments of each resident's individual needs, members of the team may include:

- On-site Geriatric Specialist
- Registered Nurses
- Licensed Practical Nurses
- Certified Nursing Assistants
- Licensed Rehabilitative Therapists: Occupational, Speech, Physical
- Registered Dietitian and Nutritionist
- Accredited Social Workers/Discharge Planners
- Certified Life Enrichment Director and Staff
- Full-time Chaplain and Assistant Chaplain
- On premises laboratory and pharmacy



Open to the public and accepting patients, Wesbury's on-site Medical Arts Center is staffed by LECOM Institute for Successful Aging physicians. They specialize in geriatric wellness with a focus on early detection, risk assessment, medication management and reduction to maintain optimal health and independence.



Wound Care

A member of the Wound Care Team meets with each resident within twenty-four hours of their admittance to Grace Rehabilitation and Health Center. Our nationally recognized Team works with hospitals and wound centers from throughout the region providing a true multidisciplinary approach to wound healing.

Therapy Services

The newly renovated Rae S. Larcom Therapy Center offers a complete menu of comprehensive rehabilitation services. Our therapists are trained in clinical best practices and advanced clinical programming to restore and maintain an individual's maximum independence level. These services include physical, occupational and speech therapy. Outpatient rehabilitation services are also available.



Amenities

Life Enrichment

Within 72 hours of admittance, the Life Enrichment staff, directed by a Nationally Certified Life Enrichment Director, performs an initial activity assessment recognizing each resident's unique individual interests and abilities. Therapeutic and recreational activities are offered daily and focus on spiritual, physical, emotional, intellectual and social needs and interests. A broad range of innovative programs designed to enhance residents' quality of life through our person-centered approach includes:

- Outings to local community theater productions, art museums, zoos, and parks
- Outdoor Summer Concerts
- Senior Scholars program
- Holiday and Birthday parties
- Guest lecturers/educators
- Music programs and Choir
- Sensory art
- Pet therapy program
- Adaptive dance and sports programs
- Arm chair travels
- Red Hats Society
- Bible Study/Devotions
- Card clubs, cooking, crafts and much more!



Dining Services

Dietary Services meets with each resident to explain dining choices and obtain food preferences. Each neighborhood has a dining room. Residents choose from a menu or select made-to-order items from the Neighborhood Grill. The Registered Dietitian reviews each menu for nutritional standards including liberalized diets that follow the Pioneer Networks recommendations for seniors. Each neighborhood also includes:

- Beverage carts between meals
- Nourishment Centers provide a refrigerator for resident use



Social Services

Upon admission, each resident is assigned a Social Services staff member who works to assure the resident's needs are being met. They can act as a liaison between the resident and Wesbury administration, go shopping for personal items as well as assist in making the appropriate plans when they are being discharged by providing information on home and community based services and personal care options.



Christian Fellowship and Pastoral Care

Wesbury maintains a strong relationship with the United Methodist Church, yet residents of all faiths are welcome to enjoy the Christian atmosphere of genuine care and compassion that is a part of everyday life. Residents are served by two on-campus chaplains who host frequent religious activities and provide numerous hours of counseling and spiritual support. Multi-denominational services are offered in our own chapels, and many houses of worship in the Meadville area are available to residents.



Amenities

- The Neighborhood Grill
- Neighborhood dining rooms
- Computer/WiFi access including Skype technology
- Transportation services
- In-house podiatry, optometry, dental and audiology services
- Barco Chapel
- Braun Chapel
- ATM and banking services
- Sunset Auxiliary Gift Shoppe
- Beauty shop
- Outdoor courtyards
- Nature trail
- Campus Community Center
- Meeting rooms
- Notary Public services

Frequently Asked Questions

Where do I begin with the admission process?

All potential residents begin by completing an admissions application that we can mail, email or fax to you. You may also stop in to pick one up.

How do I set up a tour?

Call the Admissions Department at 814-332-9233 to schedule a tour. We encourage all your loved ones to come together. You may walk in during regular business hours; however, scheduled tours are encouraged as they allow for comprehensive information to be shared by the Admissions Coordinator and time to meet with the Finance Department.

Is there a waiting list?

Availability varies and is often limited. If an appropriate accommodation is not available at your time of application, we will place you on the waiting list and contact you when there is an opening. If you are not ready when contacted, you may remain on the waiting list for future openings. In order to serve all of our community members, we cannot hold accommodations for extended periods of time.

How do I pay for my stay?

We accept most 3rd party payers, including V.A., Medicare, and Medicaid.

Coverage will vary depending on your plan. Medical Assistance is available for those who qualify. Our Financial

Department will be happy to assist you in planning how to cover the cost of your stay.

Can I transfer to/from another facility?

If at any time a resident should seek care at another facility, our staff will help accommodate the move,

and assist in the transfer process. Residents from other facilities, who wish to transfer to Grace Rehabilitation and Health Center, are also welcome. Regular admission requirements apply.



My primary care physician doesn't come to your facility, who will be my doctor?

Grace Rehabilitation and Health Center has a licensed, certified Medical Director on staff who will attend to any residents that need a physician. Other physicians are welcome at Grace Rehabilitation and Health Center; contact Admissions at 814-332-9233 for additional information.

What do I need to bring with me (or for my loved one)?

Most importantly, bring what feels most comfortable; this includes clothes, pictures and any special heirlooms.

Can I visit my loved one at any time?

Yes, we encourage family members and friends to support their loved ones 24 hours day, seven days per week.

Are pets permitted?

Pets are not permitted to stay with residents, however, pets are encouraged to visit.

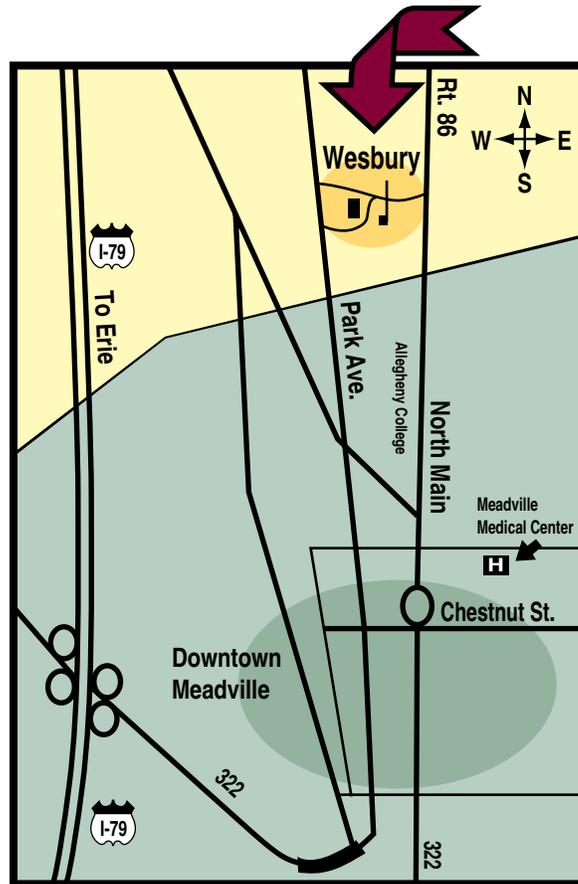
Is Hospice Care available?

Hospice Care is available through a number of providers. Wesbury also offers Haven Care which includes a private room, when available, with a peaceful and comforting atmosphere so that a resident at end-of-life can spend quiet time with their family around-the-clock in a private setting.



Directions to Wesbury

Traveling north or south on Interstate 79, visitors should take the Meadville exit 147A. This exit places you on a four lane highway which you will follow for approximately 1-1/2 miles before taking the Park Avenue exit into downtown Meadville. Visitors should travel straight through Meadville to the Wesbury campus. Wesbury is approximately 2-1/2 miles from the Park Avenue exit and is located on the right-hand side of the road.



*For more information
or to schedule a tour, please contact us at*

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