

# Plan Your Rehab Recovery at Wesbury

You've just been told you will need rehabilitation after your surgery. Now is the perfect time to begin planning for a smooth transition from the hospital to a short-term rehabilitation stay at Wesbury to your return back home. Let Wesbury guide you through the process. Using the checklist below will help you plan your recovery.

## Rehab Planning Checklist

### Schedule a tour of Wesbury's Grace Rehabilitation and Health Center:

- Call Gwen Smith, Admissions Coordinator at 814-332-9233 as soon as possible to discuss the details of your stay and arrange a tour. She will assist you in coordinating your stay and answering your questions.
- Talk to current residents and ask about their experiences to give you a good idea of what to expect.
- Meet the staff and see where you'll be staying.



### Assemble your paperwork:

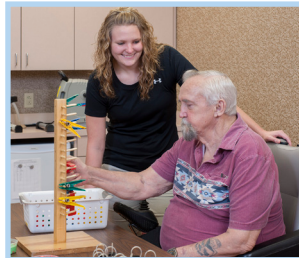
Before surgery, you'll need to gather some important documents, they include:

- State-issued photo ID
- Medicare, Medicaid, Social Security, Health Insurance, and Prescription Drug Cards
- Advanced Directives
- Any applicable Power of Attorney paperwork



### When you arrive at the hospital:

Notify your case manager or discharge planner that you will rehab with Wesbury so they can coordinate everything with us.



### When rehab is complete and you're ready to go home:

We'll arrange at-home services through VNA Alliance and Help at Home with Wesbury. All of the details will be handled by knowledgeable Wesbury staff, making your rehab and return home worry free.



For more information, phone Gwen Smith, Grace Rehabilitation and Health Center Admissions Coordinator at 814-332-9233, or go to [www.wesbury.com](http://www.wesbury.com).



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