

Discover the Freedom of Wesbury



Recently, Wesbury started a new ad campaign called “Discover the Freedom”. The more we thought about this phrase, the more significance it took on.

Throughout life our schedules are full with commitments and daily chores. The weeks fly by and we just hang on and try to get it all done. There are so many things that we hope to learn, accomplish or experience “some day when we have time”. Once retirement arrives it’s exciting to finally focus on the many dreams we’ve looked forward to fulfilling.

Freedom is here! For those who live at Wesbury this sense of freedom is enhanced by the fact that they enjoy a maintenance free home. Employment and personal commitments are eased, and there are few daily chores standing between residents and their dreams. Life on the Wesbury campus is full and enriching. Village resi-

dents enjoy the freedom to pursue their interests without worry. During summer there isn’t lawn, landscaping and gardens to stay home and tend to. During winter, there is no snow to plow and walks to shovel or the worry that the furnace might stop working and cause other issues while you are away. You are simply free to go and do the things you’ve dreamed of.

Not only are you free to experience things off campus, there are also many on campus offerings to enjoy. The new Village Clubhouse offers a cyber café with the smell of fresh morning coffee beckoning you in. Here one can read the paper, catch up on email, join an exercise class or play a game of cards with neighbors. For those who dream of getting in shape, this program includes a baseline fitness evaluation. Once completed, a wellness program is designed just for you.

The Clubhouse Fitness Garage includes exercise equipment, Tai chi and yoga classes, or you can join the walking club. What’s more, it’s right in your neighborhood and included - no more driving to a local gym and paying fees.

For some, the list of dreams includes exploring their creativity such as taking an art class, learning to play an instrument or enjoying live performances. The area offers Allegheny College and local theatrical offerings. Wesbury also includes art, music and dance classes on campus. There are many great amenities to take advantage of such as computer classes, a wood working shop, intergenerational learning opportunities, lectures and movies. You might prefer to be involved on campus or go out golfing, ride your motorcycle or visit the grandkids....the opportunities are endless.

Whatever your passion is, discover the freedom of the Wesbury lifestyle and pursue your retirement dreams today!

Wesbury Lends Support

Wesbury lends support to many organizations around the Meadville community and beyond. Locally, Wesbury is a member of the Meadville-Western Crawford County Chamber of Commerce, sponsoring chamber events and programs and volunteering on the chamber's board of directors. Additionally, residents and staff members also belong to Meadville's Kiwanis, Rotary and Lions Clubs; the latter two organizations meet weekly in Wesbury's Lingo Dining Room at Cribbs Residential Center.

The United Methodist Church was instrumental to Wesbury's inception and the affiliation continues today after more than 90 years. Wesbury is a member of both the Western Pennsylvania Conference of the United Methodist Church and the United Methodist Association of Health and Welfare Ministries. Many residents at Wesbury as well as staff members are very active in local churches. Recently, The United Methodist Committee on Relief (UMCOR) made a plea for emergency items. Wesbury's United Methodist Women (UMW) responded by preparing health kits to be sent to UMCOR's storage depot in Louisiana. UMCOR distributes emergency items to victims of disasters around the world, including the recent earthquake and tsunami

Wesbury's United Methodist Women prepare health kits



in Japan and earthquake in Haiti last year. The health kits include items such as hand towels, soap, combs, toothbrushes, wash cloths and bandages. Wesbury's UMW group has been helping disaster victims through UMCOR for close to 10 years. "Any little thing we can do to help," says Wesbury UMW member, Elizabeth Hughes. "Sometimes it takes something like the ability to wash that can lift up the spirit of those affected by these types of disasters."

The relationship between Wesbury and Allegheny College is also very strong. Allegheny students who are planning for a career in healthcare have the opportunity to become a trained certified nursing assistant (CNA) and get a jump start on their futures by working at Wesbury. This program benefits not only the Allegheny College students with real world healthcare experiences, but in turn helps Wesbury with staffing issues by relieving the stress of some regular staff during break times, meetings and more that ultimately

provides a better quality of care to the residents at Wesbury. Wesbury is also an Allegheny College Bonner Leader Program site where students participate in regular training and enrichment opportunities that lead to community building. Bonner



Wesbury Cribbs's residents baking some sweet treats

students work on projects with area grade school students and residents at Cribbs in the Wesbury-Allegheny Afterschool Arts Program.

Residents who participate in The Kitchen Corner meet every Monday morning at Cribbs Residential Center and have been making cookies and other baked goods to send to the troops, the area soup kitchen and Meadville's Women's Services. At Grace Health Center food that is leftover from the cafeteria is saved at the close of each day, it is then collected every Tuesday, Thursday and Friday by a volunteer of St. James Haven to be served at the Meadville men's homeless shelter.

Throughout the year many Wesbury employees donate their time to raise funds and form teams representing Wesbury supporting events like the American Cancer Society's Relay for Life and the Alzheimer's Association's Walk to End Alzheimer's. These staff members take it upon themselves to hold monthly bake sales, sell candy and use other creative ways to raise money to help these organizations.

Outside support is very important to continue Wesbury's mission, but it is also important for Wesbury to support the greater community we all live in with time, talent and treasure.

Renovations at Grace Health Center

Grace Health Center's Park Avenue section of the Town Square neighborhood has been recently designated for short-term rehabilitation accommodations. This new program is designed to improve the experience for short term rehabilitative stays at Grace. Those utilizing these services enjoy alternative dining choices and activities specifically designed for those whose intentions are to return to their homes within a few days or weeks.

Wesbury is also happy to announce that early this summer Grace Health Center will be entering the final phase of its 10-year transformation project which includes the addition of 4,200 square feet of new rehabilitative space, 3,700 square feet of renovated and new kitchen space,

2,300 square feet of café and cafeteria space, 2,000 square feet of new administrative office space and 625 feet of new gift shoppe space. Also included in this final phase is additional parking for staff and visitors as well as a new emergency generator and 4,350 square feet of additional storage and patient treatment space.

Throughout the winter, Wesbury staff has been working with the architects, officials from the city of Meadville and Departments of Health, Welfare and Nursing to finalize the plans necessary to accomplish all this work within the next 2 years.

We realize this amount of construction and renovation occurring simultaneously will cause some challenges, but the end results will better serve



those who turn to Wesbury for services. We apologize in advance for any inconveniences during this period and are working diligently to make sure these are as minimal as possible.



**Dr. John H. Bailey III
Certified Medical
Director in Long
Term Care**

The Board of Directors of the American Medical Directors Certification Program (AMDCP) is proud to announce that John H. Bailey III, DO, CMD has been granted the title of Certified Medical Director in Long Term Care. This program was created to enhance the profession of medical direction throughout the long term care continuum and to reinforce the leadership role of the medical director in providing quality care. Federal regulations and changes in the health care environment have established the role of the medical director as central to the delivery of quality care. The increased presence of managed care in long term settings has emphasized credentialing, adding importance to CMD certification. The CMD re-certification provides an indicator of professional competence to long term care providers, like Wesbury.

Dr. Bailey was born and raised in Meadville, graduating from Meadville Area Senior High School, Westminster College, and Philadelphia College of Osteopathic Medicine. He completed Internal Medicine Residency at Cleveland Clinic and has been in private practice in Meadville since 1984. Dr. Bailey is certified in Internal Medicine and Geriatric Medicine by the American Board of Internal Medicine (re-certified 2010). He was first designated as a Certified Medical Director in 1992 by American Medical Directors Association and has been the Medical Director at Wesbury since 1994. He is also a member of active medical staff at Meadville Medical Center, American Geriatric Society, Pennsylvania Medical Directors Association, and designated Senior Aviation Medical Examiner for the Federal Aviation Administration. He is married to Attorney Christine W. Bailey and has 3 children Sarah, Leslie and John.

Robert and Janet Waid Step Into Campaign Chair Role



Robert and Janet Waid, long-time supporters of Wesbury, have been named chairs of the 2011 Annual Fund Campaign. Robert Waid is owner of the Robert W. Waid Funeral Home and Waid-Coleman Funeral Home. Janet is a retired nurse from the former Meadville City Hospital (now known as Meadville Medical Center).

At this year's Donor Recognition Luncheon, the Waid's shared their personal connection with Wesbury. Janet Waid noted, "When Bob and I considered chairing this financial campaign, we talked about our history with Wesbury over the years." The Waid's had been involved with Wesbury thanks to the facility's former administrator, The Rev. George Braun. Rev. Braun was a friend of the Waid's who attempted to hire Janet as a nurse for Wesbury. While Janet turned down the offer to raise her family, she noted that her parents eventually became residents of Wesbury and experienced exceptional care through the "thoughtful and

caring staff" at Cribbs. "Wesbury was the obvious answer," Janet said, "It couldn't have worked out any better."

For Bob, his connection to Wesbury started in 1920, long before he was born - as he noted during his presentation at the luncheon. His grandfather knew Rev. Braun very well as did his father and aunt. When Bob joined the family business in the early 1960s, he was sought out by Rev. Braun and Ladd Lingo (then, the next administrator of the Cribbs Home) to help with the capital campaign to construct Grace Nursing Center and serve on the building committee. "It was through this involvement that I was later asked to serve on the Board of Directors for the first time," Bob noted, adding, "I am now serving on the board for the third time."

Throughout the past years, several Waid family members resided at Wesbury in various areas including Thoburn Village, Cribbs Residential Center, Grace Health Center and Wesbury Hillside Home.

"The Waid family has had a long history with Wesbury, and we've come to love what we do here," commented Bob Waid.

Annual Campaign Set for \$150,000

The 2011 Annual Fund Campaign goal has been set for \$150,000, which is approximately 15% higher than the actual amount raised from the previous year's campaign.

"With the improving economy and the growing concern for exceptional senior care, we believe that this goal is feasible," remarked Nina Bell, CFRE, Vice President for The Wesbury Foundation. "In addition, our Campaign Chairs have been leading the way toward the most successful annual giving campaign that we've seen in recent years."

Led by Robert and Janet Waid, the Annual Fund Campaign raised \$34,000 in cash gifts and pledges through mid-April, which is approximately 23% of the campaign goal. "We're right on target," remarked the Waid's, noting that the campaign is about one-quarter of the way into the year and the amount raised is at about the same mark.

Last year's campaign goal was set at \$100,000 and by Dec. 31, 2010, the annual fund raised more than \$130,000, which represents 30% more than anticipated. "With the community members and supporters that we have, we see no reason to believe we can't reach or even exceed our new goal for 2011," commented the Waid's.



Wesbury Honors Donors at Annual Recognition Luncheon

Allegheny College and PNC were awarded Wesbury's highest honor, the White Dove Award, at Wesbury's annual Donor Recognition Luncheon held in April.

Recipients for the White Dove Award are selected based on their extraordinary ability to lead others with their unique vision and exceptional generosity.

Allegheny College provides financial support to Wesbury as well as learning experiences for its students. Together, a unique atmosphere for inter-generational teaching and learning is provided. Allegheny offers a special hands-on nurse aid training course which allows students to gain experience at Wesbury. Furthermore, hundreds of Allegheny students volunteer in numerous capacities throughout the community all year long.

PNC first began contributing to Wesbury in the early 1990s and continues to be a strong partner. The organization contributed to the Fulfilling the Mission Campaign, which supported renovations to Grace Health Center in the late 1990s. They have donated a significant amount of money over

the past 15 years and support many of Wesbury's special events.

The Donor of Distinction Award is presented to those that have financially supported Wesbury throughout the past year or over the course of their lifetime. This year, two special couples were honored for their significant and regular financial commitments to Wesbury. They are the **Rev. James and Elizabeth Hammerlee** of Meadville and **Raymond and Margaret Bachelier** of Brookville. Both the Bacheliers and Hammerlees made 2010 contributions that placed them into the Founder's Circle of the Hyatt M. Cribbs Society (those donating between \$1,000 and \$2,500 in a single year).

As the 2010 Volunteer Fundraiser of Distinction, **Carol Tartaglione** was recognized for teaching computer classes at Wesbury's computer learning center. Through this volunteer work, she has saved Wesbury hundreds of dollars in instructor fees. Carol often teaches 4 classes a year, which equates to 32 weeks of volunteer instruction.

Susanne Kelly, Grace Health Center Administrator, was named the 2010

Employee Fundraiser of Distinction. Sue has been a regular supporter of Wesbury for 10 years, always going above and beyond her normal responsibilities as an administrator to help the Foundation with its various fundraising activities. She is a regular donor and is listed as a Patron in the 2010 Hyatt M. Cribbs Society (those donating between \$250 and \$999 in a single year).

Carol Wright, long-time member of the Sunset Auxiliary, received special recognition at the luncheon. While she has fulfilled many roles within the auxiliary, she was recognized for her creativity in starting the Key Person concept, whereas individuals serve as liaisons between the auxiliary and the United Methodist Church. Under her leadership, this concept blossomed and Wesbury become well known within hundreds of churches in the Western Pennsylvania District. Last year, church contributions exceeded more than \$7,800 with more than \$34,000 having been donated over the past 5 years. As Auxiliary President for the past 2 years, she led the auxiliary in various fundraising endeavors that raised thousands of dollars to benefit the residents of Wesbury.

The Wesbury Institute

Wesbury is offering a new line of programming open to the public, caregivers, residents and professionals in the healthcare field under the name, The Wesbury Institute. The Wesbury Institute consists of several curriculums that address the current opportunities that are available to both homebound and institutionally bound seniors. Ultimately, the goal of the Wesbury Institute is to provide resources and expertise to improve the quality of life for area seniors, their families and caregivers.

Geriatric studies throughout the world have demonstrated a trend toward community-based programs and in-home care as viable options to traditional nursing or personal care. However, being viable also means being effective, and in many cases family members frequently find themselves in the position of managing or providing care of a relative without the training or skills required. In fact, family caregivers provide care for more than 75% of the older adults who are aging in place in their homes. This includes those who require the use of various

home care assistance and technologies. Family caregivers are also in need of ongoing support in dealing with the stress and pressures associated with being a primary caregiver. Those stresses and pressures often manifest themselves as injuries, unnecessary 911 calls, hospital emergency room visits and more. The Wesbury Institute training programs will address the challenges of caring for family members through the assistance of the seminars, workshops and support groups. The aspiration of the institute is to provide proper education, safety techniques and make recommendation for equipment that can ease some of the stress that hands on care givers experience.

The first Wesbury Institute program, titled "A Discussion About Dementia", was presented by Doctors Tammy Kordes, Ph.D and Lisa May, Ph.D of Northshore Neurosciences, which is based in Erie and recently opened a office in Meadville. Open to the public, over 70 people were in attendance representing in-home caregivers, Wesbury residents and healthcare professionals. During

the program, the audience was fully engaged with the speakers, asking questions and voicing concerns about family members with dementia. Attendees said they enjoyed the program and some left with a new understanding on how to work with their loved ones.

The Wesbury Institute intends to cover a wide range of care-related topics including power of attorney and guardianship issues, end of life planning, fitness, health and nutrition. Included in the Wesbury Institute are opportunities for home assessments where trained personnel can make suggestions on how to create a home environment that is secure for both caregiver and the care recipient.

Look for future informative and interactive Wesbury Institute seminars and educational courses planned throughout the year. For information on The Wesbury Institute phone David Venanzi at 814-332-9705 or visit www.wesbury.com.





The 22nd Annual Chicken BBQ & Craft Fair

Mark July 17th on your calendar to attend the 22nd Annual Chicken BBQ and Craft Fair and enjoy a variety of entertainment and activities for everyone in your family.

The event features the delicious flavors of BBQ chicken and ribs served with several side dishes. Top your meal off with a piece of home baked pie donated by one of many churches in our area. Cake will also be available along with various beverages. Enjoy outdoor entertainment while you dine by three performing groups: The big-band sound of Shades of Time at 11 a.m.; the jazz styling of Rodger Montgomery at

1 p.m.; and the Christian artistry of The Watson Run Church of God Praise Band at 3 p.m.

Numerous crafters/vendors will have their items out for sale, the Classic Iron Car Cruise-In will feature classic muscle cars and other unique vehicles of the past and there will be an Antique Car Show that includes vehicles from the late 1920s -1930's. Children will be drawn to the Family Fun Zone, which will feature a bouncy house, outdoor games, and two balloon artists.

The Fun Zone, Car Cruise-In, and entertainment are free for everyone.

The cost for the BBQ meal remains at \$4 for children; \$9 for adults. Tickets can be purchased in advance at the reception areas of Cribbs Residential Center or Grace Health Center. Or, you can buy your ticket when you arrive. We are looking forward to seeing you there!

Parking will be available on campus as well as at the Emmanuel United Church of Christ, 30 North Park Avenue (across the street from Wesbury). For more details, contact Nina Bell, CFRE, Vice President of The Wesbury Foundation at 814-332-9264.

Yes, I'd like to learn more about Wesbury.

Please send me information about:

- Thoburn Village - Independent Living
- Cribbs Residential Center - Enhanced Living and Personal Care
- Wesbury Hillside Home - Enhanced Living and Personal Care
- Grace Health Center - Skilled Nursing
- Outreach - In Home Services
- The Wesbury Foundation

Please send all information via e-mail Please call me to schedule a tour

Name _____

Address _____

City _____ State _____ Zip _____

E-Mail _____

Phone _____



**Please clip out and mail this completed form to:
Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.**

Wesbury United Methodist Community
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814-332-9000 Toll Free 1-877-937-2879
www.wesbury.com

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Upcoming Events

Parkinson's Support Group

Second Wednesday of each month
Campus Community Center.
Phone Linda Brown at 814-332-9186.

Seniors for Safe Driving

Class scheduled for June 14th. Cribbs
Residential Center. Call 800-559-4880
for more information.

Wesbury's Farmer's Market

Every Wednesday 2-4 p.m., starting
June 29th through October in Grace
Health Center lobby. Phone Barb
Loiacona at 814-332-9258.

Team Wesbury Relay For Life Bake Sale

Friday, June 3rd and Friday, June 17th
at 9:00 a.m. Outside Elevator at Grace
Health Center.

Bake Sale for the Alzheimer's Association

Walk to End Alzheimer's
Monday June 20th, Monday July 18th and
Monday August 29th at 9:00 a.m. Outside
elevator at Grace Health Center

Rotary Garage Sale

Saturday, June 11th, 8:00 a.m.-1:00 p.m.
Wesbury Picnic Shelter

Wesbury's 22nd Annual Chicken BBQ & Craft Fair

Sunday, July 17th, 11 a.m. to 5 p.m. on
Wesbury's campus. On-campus parking
is being reinstated for this event. Phone
Rhonda Thomas at 814-332-9712.

Nature Trail Dedication

Thursday, August 11th at 1 p.m. Front of
Wesbury's Memory Support Center.

Summer Sweatin' for the Oldies

June 6th - August 25th
Every Monday, Wednesday Thursday at
3:30-4:30 p.m.

Campus Community Center
Open to public, staff, residents.
Incorporating a combination of strength
aerobic exercise, flexibility, zumba.
Phone Greg Brink at 814-332-9794.

Senior Tribute Banquet & Auction

Thursday, October 20th at 5:30 p.m.
Iroquois Club - Conneaut Lake
Phone Rhonda Thomas at 814-332-9712.

