



*Lucille Steckler (center) enjoyed the company of good friends Ruth Metzger (left) and Ellie Sauer (right).*

## The Value of a Good Choice

While not every family's story is the same, we all share common threads. We want what is best for our loved ones. We want them to be safe, healthy and happy. It is tough to come to the realization that one needs to be in an environment that is not their own home. Sometimes family members need to make the hard decision about what kind of lifestyle is best and often they find out that the result was the best thing that could have happened.

The family of Lucille Steckler had just that experience. Lucille shared a home with her husband for nearly 50 years and then lived alone for 12 years after his passing. Like many in her situation, she did not want to live with her kids and be a burden to their busy lives. After a brief hospital stay, the family decided to look into having Lucille move to Wesbury. She had a connection to Wesbury through her church and to their surprise she was very excited about the idea of moving to Cribbs Residential Center.

Lucille moved into a new chapter of her life at Wesbury. She made new friends and experienced new things. She enjoyed a number of the activities offered and even

volunteered in the Beauty Shop. Lucille liked that she could feel needed through her volunteer work.

Lucille's family liked the convenience of Wesbury. The location made it very easy to make weekly visits and enjoy family time together; especially being able to dine together in the dining room.

After Lucille's passing, while her daughter-in-law was packing Lucille's belongings she found some things that Lucille had saved from a bible study. A small piece of paper had a question on it which asked "Who is the love of your life?" The family expected to see the name of her beloved husband or possibly another family member. Instead, she had written "Wesbury". For the last years of her life, Wesbury became a member of her family. Not any one person but all of Wesbury.

It is this kind of affirmation that gave Lucille's family solace in her decision to live at Wesbury's Cribbs Residential Center. Because she was happy and felt safe and secure, their family could relax and rest assured that their loved one was being taken care of just as they would have done.

# Personal Care – When is it time? What should you look for?

Deciding when and how to choose a Personal Care Community is a difficult decision. People determine it is time to make this move for many different reasons. Some come because they are simply tired of cooking, cleaning and maintaining a home. Some come because they no longer feel secure in their home or have become isolated and lonely. Others come because their health has changed, or they have lost a spouse and simply cannot or do not want to manage the house on their own. Although all of these reasons cause people to consider a move, it is quite common to put the idea off. Many fear that they will lose their independence or no longer be able to enjoy their interests and hobbies. These fears are far from true and most learn that there are very positive reasons to make the choice. In choosing a community it's important to look for a number of factors and ask the following questions:

- What are the financial qualifications?
- What happens if I run out of funds and can no longer pay the monthly fee?
- Does the community accept Veterans benefits?
- Is there a continuum of care so I don't have to leave the community if my health care needs increase?
- What are the apartment choices?
- Can I bring my car?
- Can I come for a trial or short term stay?
- Will the apartment be renovated?
- May I personalize the apartment and make it feel like my own?
- What are the amenities and services?
- Are there people in the community who I can relate to and interact with?

When exploring your options, you will find that Wesbury offers both Wesbury Hillside Home and Wesbury's Cribbs Residential Center. Each provides a number of floor plans and price ranges designed to fit a variety of tastes, needs and financial situations. Apartments range

from single rooms to studio and one bedroom floor plans; some include a balcony. Once you have reviewed your finances with the community and are approved, you will be secure knowing Wesbury offers benevolent care if funds are depleted. Veterans benefits are available to those who meet the criteria. Families and residents experience peace of mind knowing each resident has priority access to Wesbury's continuum of care. Each apartment is refurbished and can be personalized to taste. For those who wish to come for a short term stay either to escape the winter weather, relieve a caregiver or simply "try it out", Wesbury offers furnished apartments for short term or "Winter at Wesbury" stays. Simply pack your suitcase and come for any length of time, 95% of those who do, choose to stay. For those who wish to bring a car, parking is free, and assistance is available to clean off the car in winter weather. The social interaction and wide range of recreation create opportunities to meet new friends, reconnect with people from the community, and continue to pursue hobbies and interests. There are card games, cooking and gardening groups; fitness, art and music classes; choir, bible study and numerous outings to explore local attractions; like going fishing, shopping or relaxing over a picnic. Once the move is made, suddenly the stress of maintaining the home is removed, the loneliness is gone, and the spirit is lifted.

Call Melissa Porter today at 814-332-9707 for more information or to schedule a tour.





# Wesbury Presents the..... Savor the Services event

Doors open at 5:30 p.m. on October 30, 2012 to savor the flavors of Wesbury meals and learn about services available.

- Sample the menu offered at Cribbs and for Outreach meal delivery
- Learn about Winter at Wesbury and short term stays
- Hear how Outreach Services can provide support in your own home
- Tour apartments and amenities

RSVP by October 23rd by calling 814-332-9707.



*The photos above show a variety of floor plans available at Cribbs Residential Center.*

## Wesbury Announces Marilyn Mazzone as VP of Home and Community Based Services



Wesbury welcomes Marilyn Mazzone to the position of VP of Home and Community Based Services. Marilyn and her husband Joe live in Meadville and have four children. For 17 years, she was a Manager at Core Manufacturing, formerly Sipco, Inc. Her duties at Core included production planning and scheduling, customer service and account

management, project management, as well as working within other operational management positions. She also worked for 12 years in the Meadville Medical Center's Radiology Department. Marilyn graduated from Bryant & Stratton Business College in Buffalo and recently graduated Valedictorian from LTI receiving a Specialized Business

Degree in Health Information Technology in addition to passing and receiving her CPC certification. Marilyn began working for Wesbury in early 2012 as Marketing and Sales Coordinator after interning at Wesbury in 2011. She looks forward to expanding awareness of Wesbury's Outreach Services in the area. Wesbury's Outreach Services are a collection of convenient, in-home healthcare services available to Wesbury residents and to anyone living in Meadville or the surrounding communities. These programs are designed to allow people to live in the comforts of their own homes, while receiving the personalized services they need to maintain active, healthy and secure lifestyles. They are especially beneficial to those returning from a hospital stay, experiencing an illness or in need of occasional help. Services include in-home housekeeping, home delivered meals, companion services and Wesbury LifeAid, a personalized, 24-hour, wireless emergency response program. To inquire about a personal evaluation or home assessment please contact Marilyn at 814-332-9186.



## Chicken BBQ Wrap Up

Despite the weather, the 2012 Chicken BBQ was one of the most successful in recent history. The rain, though somewhat heavy at times, seemed to dry up quickly once it stopped, and the crowds of people seemed to appear out of nowhere. Approximately 3,000 people enjoyed great chicken and ribs, the Classic Car Cruise In, the Kids Zone, entertainment including the Pine Valley Boys, the Grayhounds and the Watson Run Church of God Praise Band, nearly 60 crafters and vendors and of course our own Sunset Auxiliary's Rummage Sale, Book and Bake Sale.

Thank you to all who supported this great annual tradition and many thanks to the following sponsor support: Associated Contractors, Inc.,

Tony Petruso's Northwest Pharmacy Solutions LLC, The Bert Insurance Group, UPMC Health Plan, Printing Concepts, Inc., Wesbury's Sunset Auxiliary, Bailey Medical Associates, C.A. Curtze Company, Classic Iron Car Club, Cool 101.7 FM- WMVL, DeSantis Janitor Supply Company, Gordon Food Service, Meadow Brook Dairy, Sodexo Senior Services, Stroehman's Bakeries, Active Aging, Inc., Eco Lab, Wal-Mart, Farmer Brothers Coffee, Hailwood Golf Course, Street Track n' Trail, Z and M Ag and Turf, Watson Run Church of God, Robert W. Waid Funeral Home, Inc., PNC, and The Grayhounds. Proceeds from this great event directly benefit residents at Wesbury through The Wesbury Foundation and Wesbury's Sunset Auxiliary. We look forward to seeing you at next year's event.

## Senior Tribute

On October 11th, Wesbury will recognize the service efforts of nine community groups and individuals at the 4th Annual Senior Tribute Banquet and Auction.

Anyone impressed by an exceptional senior, senior group, or organization was asked to nominate these worthy supporters of the community. There are many in our own neighborhoods that deserve recognition for their selfless acts, creativity, hard work and community service. Our hope each year is to seek out nominees and give them the recognition that they deserve. We offer our congratulations to all that were nominated and look forward to celebrating the finalists. Although each will receive distinct recognition, only one in each category will receive the top honors. Finalists in the three categories are: James Duratz of Meadville, Carolyn Turnbull of Meadville and Virginia Shields of Atlantic; Golden K, Sisters in Christ, and RSVP of Crawford County; Linda Murdock, Allegheny College, and Cranberry Area Food Pantry.

Wesbury's Senior Tribute is supported by Founding Sponsors: Associated Contractors, Inc, UPMC Health Plan and Tony Petruso's Northwest Pharmacy Solutions LLC; Heritage Sponsors: McKesson Medical-Surgical and The Bert Insurance Group. The event will be held at the Iroquois Club in Conneaut Lake. The evening will begin with a social hour, Chinese Auction and Silent Auction at 5:30 p.m. followed by dinner and the awards ceremony.

Local businesses and individuals donate themed baskets for the Chinese Auction. The Silent Auction includes items such as sports memorabilia, electronics and household items. All proceeds of the event will directly benefit the residents of Wesbury through the Benevolent Care Fund.

*Wesbury friends enjoying last year's Senior Tribute Banquet and Auction.*





# Hole-in-one at Wesbury's Senior and Friends Golf Scramble

David Steinbuhler shot a hole-in-one on the sixth hole at the Meadville Country Club while golfing in Wesbury's Twelfth Annual Senior and Friends Golf Scramble on Thursday, June 21st. David was part of a team that included John Evans, Bret Bressman and Bill Schultz. For his hole-in-one, David won a golf package to the Sea Mist Resort in Myrtle Beach, SC. Afterwards he said, "This shot had 55 years of practice behind it." Their team also took first place in the senior men's division of the scramble. The annual golf scramble is one of Wesbury's



*David, John, Bret and Bill formed a winning team at this year's golf outing.*

major fundraising events. This year's outing raised nearly \$15,000, which directly benefits the needs of residents at Wesbury. Thank you to those who participated in and supported this event.



## Christmas Luminaries

On December 14th, Wesbury will continue in the Christmas tradition of placing holiday luminaries around the campus to delight residents, employees, volunteers and guests. The annual circle of lights was founded 27 years ago by longtime resident of Wesbury, Rev. Herbert E. Boyd, as a symbol of care and compassion. Each year the display grew larger encouraging The Wesbury Foundation to begin the luminary tribute program in 1999. For a charitable donation, a luminary candle is lit in memory or in honor of loved ones. Tribute luminary posters are hung in Grace Health Center and Cribbs Residential

Center so that residents and guests can enjoy the tribute messages throughout the entire Christmas season. Be a part of this special Christmas tradition by making a gift to Wesbury's Benevolent Care Fund. This fund helps to support the residents who have outlived their financial resources and depend upon Wesbury for care.

*If you wish to participate, please return the coupon with your tax-deductible, charitable contribution to The Wesbury Foundation, 31 N. Park Ave., Meadville, PA 16335. Donations will also be accepted at the reception areas of either Cribbs Residential Center or Grace Health Center.*

***Yes, I'd like to participate in Wesbury's Christmas Luminary Tradition.***

\$1,000    \$500    \$250    \$100    \$50    \$25    Other \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_

Please light luminary: (please print)

In Honor of \_\_\_\_\_

In Memory of \_\_\_\_\_

*Make checks payable to The Wesbury Foundation*



# News from Stephen Ministry

In June, a consecration ceremony was held in the McCracken Chapel at Wesbury's Cribbs Residential Center for two new Stephen Ministers; Glendora Adsit and Lila Spencer. They completed the Stephen Ministry courses, instructed by Ann Harned, Stephen Leader.

Since 2007, Wesbury has been privileged to host a Stephen Ministry program under the leadership of Rev. Ellen Rezek, Wesbury chaplain. Trained Stephen Ministers assist Wesbury's pastoral department in providing spiritual care to residents and their families.

The Stephen Ministry program at Wesbury is part of a Stephen Series offered in over 11,000 congregations from more than 150 Christian denominations, in all 50 states, 10 Canadian provinces, and 23 other countries. Stephen Ministry has been developed in these congregations as a way of providing one on one, confidential care to individuals going through a difficult time. It involves a 26-week course of training to equip lay persons to bring Christian care to their care receivers. Subject matter includes listening skills, Christian care giving techniques, and suggestions for ministering to those experiencing grief, depression, adjustments of aging or other similar problems.

The program is called Stephen Ministry because its architect, Dr. Kenneth Haugk, selected the name from Scripture. In Acts 6: 1-6, the Apostle Paul indicated that Stephen, "a man full of faith and of the Holy Spirit", was

chosen by the leaders of the Jews to help the widows of the community. It was important because, at that time, these individuals were not receiving the benefits accorded to others in their society.

Anyone interested in learning more about the Stephen Ministry program or in making a referral may contact Rev. Ellen Rezek at 814-332-9246.



*The photograph above shows active Stephen Ministers who attended the ceremony (front from left to right: Karen Faivre, Glendora Adsit, Ann Harned and Rose Acker, and rear from left to right: Ron Harned, Lila Spencer and Rev. Ellen Rezek).*



## Wesbury Employee Picnic

Each year, Wesbury celebrates its staff members with an employee picnic. Food, games, door prizes, entertainment and good times highlighted this year's picnic. The weather was great, and many employees took time to join in on the festivities and be served lunch by senior staff members.





## ***Yes, I'd like to learn more about Wesbury.***

Please send me information about:

- Thoburn Village - Independent Living
- Cribbs Residential Center - Enhanced Living and Personal Care
- Wesbury Hillside Home - Enhanced Living and Personal Care
- Grace Health Center - Skilled Nursing
- Outreach - Home and Community Based Services
- The Wesbury Institute
- The Wesbury Foundation

Please send all information via e-mail     Please call me to schedule a tour

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_

Phone \_\_\_\_\_



**Please clip out and mail this completed form to:**

**Wesbury - 31 N. Park Ave., Meadville, PA 16335 - Attn: Marketing Dept.**

## **Wesbury Gift Shoppe Open**

The newly relocated Sunset Auxiliary Gift Shoppe at Wesbury's Grace Health Center is now open for business. The final phase of the Grace Health Center's renovation began last summer with construction of a new geriatric wellness center, additional office and therapy space, as well as the transformation of the 40 year old kitchen area. This included moving the Sunset Auxiliary Gift Shoppe from the Grace lobby to a more central location at the crossroads of Grace's Village Center and Town Square neighborhoods. That move is now complete, opening its former locale to begin construction of Wesbury's new café and dining room that will serve a variety of menu choices along with Starbucks coffee. The new Sunset Auxiliary Gift Shoppe will continue to feature unique gift ideas, greeting cards as well as snacks and beverages. All proceeds benefit residents at Wesbury through the Sunset Auxiliary's mission. The Gift Shoppe is open Monday through Friday 9:00 a.m. until 5:00 p.m. and 1:00 p.m. to 5:00 p.m. on weekends.

The renovation of the Grace Health Center's Beauty Shop is well underway. The new framing, drywall, paint and flooring are all in place and we are expecting to open the Beauty Shop within the next month. Refurbished

with new equipment, the Beauty Shop will be more convenient for residents, and more user friendly for staff. Also, set to open by year's end is the new Grace Health Center Café which is currently under construction.



*Gift Shoppe manager, Judy Stewart and volunteer Jan Prody.*

**Wesbury United Methodist Community**  
31 N. Park Ave. • Meadville, PA 16335  
814-332-9000 Toll Free 1-877-937-2879  
[www.wesbury.com](http://www.wesbury.com)

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## Wesbury Upcoming Events

**Senior Tribute Banquet & Auction**  
Thursday, October 11th at 5:30 p.m.  
Iroquois Club - Conneaut Lake  
Phone Rhonda Thomas  
at 814-332-9264.

**Savor the Services**  
Tuesday, October 30th at 5:30 p.m.  
Cribbs Residential Center  
Community Room  
To RSVP, phone 814-332-9707.

**Country Crafters**  
Friday, November 2nd 10 a.m. - 6:00 p.m., Saturday, November 3rd & Sunday, November 4th 10 a.m. - 4:00 p.m.  
Cribbs Residential Center Community Room.

**Sunset Auxiliary Christmas Bazaar**  
November 8th and 9th  
Phone The Foundation at  
814-332-9381 for more  
information.

**Seniors for Safe Driving**  
Class scheduled for November 14th  
5:30 p.m. - 9:30 p.m.  
Cribbs Residential Center  
Community Room  
Call 800-559-4880 for more  
information.

**Wesbury Resident Family  
Christmas Reception**  
Friday, December 14th  
6:00 p.m. - 8:30 p.m.

**Body Recall Classes**  
Classes start Wednesday,  
January 2nd  
3:30 p.m. - 4:30 p.m.  
Phone Judy McElwain  
at 814-337-2579 for more  
information.

