

A young woman with curly hair, wearing a blue short-sleeved uniform with a name tag and a pink pen in her pocket, is smiling and talking to an elderly woman with short grey hair. They are standing in a doorway. The caregiver is holding a clipboard. The background shows a red brick building and some greenery.

*Help*  
*at Home*  
with **WESBURY**

## Home and Community Based Services

31 N. Park Avenue • Meadville, PA 16335

814-332-9186

Toll Free 1-877-937-2879

[www.wesbury.com](http://www.wesbury.com)



*For nearly 100 years, Wesbury has built a strong reputation for exceeding the expectations of the Continuing Care Retirement Community experience. As a Christian based, not-for-profit organization, Wesbury is committed to providing much more than a fine collection of programs and services- we are committed to providing an enriched way of life.*

*Wesbury provides individualized proactive health care and life enrichment services to assist mature adults in maintaining their independence, dignity and spiritual wholeness in a secure, Christian environment.*

*- Mission Statement -*

# Home and Community Based Services

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## **Why Choose Help at Home with Wesbury**

“Help at Home with Wesbury” is a collection of convenient, in-home Senior healthcare services not only available to residents who live at Wesbury but to anyone living in the thirty-mile radius of Meadville, including the surrounding communities of Titusville, Franklin, Oil City, Southern Erie County and Northern Mercer County.

These programs are designed to allow seniors to live in the comforts of their own homes while receiving the personalized services they need to maintain active, healthy and secure lifestyles through many stages in life. A bridge to gaining strength and health, they are especially beneficial to those returning from a hospital stay, experiencing an illness, in need of some occasional help, and even those requiring support through end of life. Our team of highly compassionate health care professionals will design a plan of care that is tailored to your needs. We offer a wide array of unique services in your home that will provide life enrichment and will help you maintain independence, dignity, and security.

## **Who We Hire**

Our staff is required to complete a PA Criminal background check, Act 73, and TB, Hepatitis B, and Drug testing to ensure the safety for your loved one. Every staff member is required to complete 12 continuing education credits per year to stay update in credentials and training.

## **Payments Options**

While most Help at Home services are billed directly to the customer, some services may be covered by one or more of the following options: your Long Term Care Insurance policy, the PA Waiver Program or Veteran’s Aid and Attendance Benefits. For details, contact your Help at Home representative.

*For more information on Wesbury’s Help at Home Services,  
call 814-332-9186 or email us at [HelpAtHome@wesbury.com](mailto:HelpAtHome@wesbury.com).*

# Help at Home Services

## Companion Service



Receive personal care such as assistance with hygiene and nutrition in addition to support, companionship and help with daily chores. Hours are flexible, and scheduling is personalized to meet the needs of each participant. Overnight stays can be arranged.



### *Companion duties may include:*

- Assist with Activities of Daily Living (ADL) such as bathing, grooming, dressing and self-administered medication management.
- Assist with managing incontinence with appropriate products and procedures.
- Monitor eating, drinking and adherence to special diets and conditions.
- Assist in physical activities such as walking and stretching.
- Provide companionship and reminiscence.
- Read the daily paper, books, magazines, etc.
- Play board games, dominoes and cards.
- Assist with grocery lists, shopping and food prep.
- Have fun with crafts/projects and activities.
- Assist with laundry, linens, bed changes, etc.
- Dust, mop, run sweeper, clean as specified by the client.
- Take out the trash.
- Do dishes.
- Escort to medical appointments, theatrical performances, religious services, or other social events.
- Accompany to activities enjoyed by the client... sporting events, the library, luncheons, etc.
- Provide respite to family and/or caregivers.

### Companion Rates

- \$19.50/hr. - 7 days/week
- Holidays are 1 1/2 times the regular hourly rate (\$29.25/hr.)

NOTE: There is a two hour minimum for all services.

Additional minimum hours of service may be applied. Mileage fees may also apply.

## Home Delivered Meals



Home style, full course meals are prepared fresh daily at Wesbury and are available for a midday delivery to your home, six days a week (Monday - Saturday) including holidays. For a lighter option, clients may choose from an Ala Cart menu. Special needs diets are carefully evaluated and managed by Wesbury's own registered dietician.

Scheduling for meal delivery is flexible, and the service may be used daily, weekly, or on an occasional basis. Prices are very reasonable and clients benefit from Wesbury's reputation for providing quality food service.

## Housekeeping

Wesbury's own professionally trained staff provides superior attention to detail while meeting all of your housekeeping and laundry needs. These quality services are offered at very reasonable rates with a two-hour minimum for scheduled time. Scheduling is personalized and flexible. Seasonal spring or fall cleaning is also available.



## Wesbury Home-Delivered Meals Rates

**Hot Meal of the Day\*:** \$7.99 per meal plus tax  
Includes: Main entrée, two sides, roll or bread and dessert

**Ala Cart Menu Options\*:** \$6.99 per meal plus tax

- **Option A:** Choice of Sandwich: (chicken salad, tuna salad, egg salad, sliced ham or turkey), chips, cup of soup or fruit cup, and dessert of the day or cookie
- **Option B:** Choice of Wrap: (philly cheese steak or west coast smoked turkey), chips, cottage cheese or salad of the day, and cookie or piece of fruit
- **Option C:** Choice of 6-inch Hoagie: (Italian, ham & cheese, turkey & cheese), chips, cup of soup or salad of the day, and cookie or piece of fruit
- **Option D:** Bowl of soup of the day, salad of the day or cottage cheese with fruit, and dessert of the day or cookie
- **Option E:** Signature salad of the day and cookie or dessert of the day

\***Delivery Fee:** 0-15 miles: \$2.00, 16-30 miles: \$3.00  
No delivery fee for Wesbury residents

## Housekeeping Rates

- \$17.50/hr. plus tax - Monday through Friday
- Holidays are 1 1/2 times the regular hourly rate (\$26.25/hr. plus tax)

NOTE: There is a two hour minimum for all services. Additional minimum hours of service may be applied. Mileage fees may also apply.

# Help at Home Services

## Personalized Emergency Response System

Around-the-clock security and peace of mind are at your fingertips with Wesbury LifeAid, Help at Home's emergency response program. This remote communications system gives immediate access to at-home assistance during times of emergency or in need of personal support. It is also very easy to use. If you are in need of help, you press your button.

- Lightweight, waterproof "help" button can be worn like a wristwatch or as a pendant.
- Assistance is personalized. Help may come from a family member, a neighbor, a friend, ambulance service, or the police.
- Link between button and receiver can range from 400 to 1,000 feet, creating a safety bubble around your home.
- Activity Assurance automatically checks on clients every day, if there is no response, the appropriate individuals can be notified.
- Cellular upgrades are available for home without hard-wired phone service.
- A representative of Help at Home will install and educate you about the system.



## LifeAid Personal Emergency Response Systems Rates

- \$50.00 Delivery, installation, activation fee (This includes first month's service fee)
- \$34.95 Monthly service fee

NOTE: This is the basic service charge. There are a number of options available, i.e. increased call monitoring, security lock boxes, etc. A list of these will be provided.

Contracts are month to month. All additional upgrade and optional services offered are at a fee per service rate.



## Medication Management



Help at Home has partnered with Northwest Community Pharmacy for medication management. A Licensed Pharmacist will conduct an in-home consultation with clients to discuss your current medication regime and determine an appropriate management program. Help at Home clients will not be charged a delivery fee when using Northwest Community Pharmacy for medication refills and in-home deliveries.

## Medication Management Rates

Northwest Community Pharmacy medication delivery fees are waived for Help at Home clients.

## Handyman Services

Arrange for a Help at Home professional to assist with minor interior and exterior projects such as:

- Preparing your home for the changing seasons
- Organization projects
- Gardening
- Lawn maintenance
- Painting
- Taking your vehicle to a service appointment

Scheduling is flexible with a one hour minimum required.



### Handyman Rates

\$17.50/hr. Mon.-Fri.  
NOTE: There is a one hour minimum. Mileage fees may also apply.

## Pet Companion

Providing one-on-one assistance in caring for your pet. Services may include:

- Transporting your pet to a Veterinary appointment or grooming appointment
- Exercising your pet
- Bathing and/or brushing
- Pet waste cleanup



### Pet Companion Rates

\$17.50/hr. 7 days/week  
NOTE: There is a one hour minimum. Mileage fees may also apply.

## In-Home Hair Care Services

Grace Rehabilitation and Health Center's Beauty Shop employs Licensed Beauticians who can provide the following mobile salon services\*:

- Women's cuts
- Men's cuts
- Shampoo and style
- Full color
- Color retouching
- Perms

\*Some services may require a consultation visit prior to the rendering of the actual service.

*Please Note: You will receive a 25% discount when you have these services provided at Wesbury's Cribbs Residential Center beauty shop.*



### Salon Rates

- Women's cut - \$24.00
- Men's cut - \$24.00
- Initial all over color - \$55.00
- Color Retouch - \$40.00
- Cut, wash, set or style - \$30.00
- Wash, dry, set or style - \$20.00
- Perm - \$55.00 (haircut included)
- Consultation fee - \$15.00

## Clubhouse Guest Privileges

As a Help at Home with Wesbury affiliate, you may be eligible for a bronze, silver or gold level guest pass at Wesbury's Thoburn Village Clubhouse. Clubhouse privileges may include:

- Access to the clubhouse
- Clubhouse clubs
- Field trips
- Lifelong learning classes
- Fitness classes
- A personal trainer

\*An application and evaluation may be required.



### Clubhouse Rates

- Bronze guest pass (\$5 per week, \$20 per month, \$200 per year)
- Silver guest pass (\$10 per week, \$40 per month, \$400 per year)
- Gold guest pass (\$15 per week, \$60 per month, \$600 per year)

## Help at Home with Wesbury Coverage Map



This map represents some of the towns that we currently serve.  
Please call us for more details.



*For more information, please contact us at*

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